SCHEDULE B

ITEMIZED DISBURSEMENTS
CONTRIBUTIONS TO FEDERAL CANDIDATES

Use separate schedule(s) for each category of the Detailed Summary Page

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FOR LINE NUMBER 23

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NAME OF COMMITTEE (in Full)
Cap Inc. Political Action Committee

Full Name, Mailing Address and ZIP Code	Purpose of Disbursement / Disbursement for	Date (month, day, year)	Amount of Each Disbursement This Period
A. Brian Baird for Congress 1516 Franklin Street Vancouver, WA 98660	Brian Baird-House-WA-3d CD Disbursement for: [X] Primary [ ] General [ ] Other (specify)	3/16/00	500.00
B. Mike Thompson for Congress P.O. Box 1998 St. Helena, CA 94574	Michael Thompson House-CA-1st. CD Disbursement for: [ ] Primary [X] General [ ] Other (specify)	3/16/00	1,000.00
C. Moran for Congress P.O. Box 2518 Alexandria, VA 22301	James P. Moran House-VA- 8th CD Disbursement for: [X] Primary [ ] General [ ] Other (specify)	3/21/00	500.00
D.	Purpose of Disbursement Disbursement for: [ ] Primary [ ] General [ ] Other (specify)	Date (month, day, year)	Amount of Each Disbursement This Period
E.	Purpose of Disbursement Disbursement for: [ ] Primary [ ] General [ ] Other (specify)	Date (month, day, year)	Amount of Each Disbursement This Period
F.	Purpose of Disbursement Disbursement for: [ ] Primary [ ] General [ ] Other (specify)	Date (month, day, year)	Amount of Each Disbursement This Period
G.	Purpose of Disbursement Disbursement for: [ ] Primary [ ] General [ ] Other (specify)	Date (month, day, year)	Amount of Each Disbursement This Period
H.	Purpose of Disbursement Disbursement for: [ ] Primary [ ] General [ ] Other (specify)	Date (month, day, year)	Amount of Each Disbursement This Period
I.	Purpose of Disbursement Disbursement for: [ ] Primary [ ] General [ ] Other (specify)	Date (month, day, year)	Amount of Each Disbursement This Period

SUBTOTAL of Disbursements This Page (optional) 2,000.00

TOTAL This Period (last page this line number only) 2,000.00