

FEC FORM 3X

REPORT OF RECEIPTS AND DISBURSEMENTS

For Other Than An Authorized Committee

Office Use Only

1. NAME OF COMMITTEE (in full) **USE FEC MAILING LABEL OR TYPE OR PRINT** Example: If typing, type over the lines
Capital One Financial Corp. Assoc. Political Fund

ADDRESS (number and street) 1680 Capital One Drive
Attn: 19050-1204
 Check if different than previously reported. (ACC)
McLean VA 22102

2. **FEC IDENTIFICATION NUMBER** C00326595
3. IS THIS REPORT NEW (N) **OR** AMENDED (A)

4. **TYPE OF REPORT** (Choose One)
(a) Quarterly Reports:
 April 15 Quarterly Report(Q1)
 July 15 Quarterly Report(Q2)
 October 15 Quarterly Report(Q3)
 January 31 Quarterly Report(YE)
 July 31 Mid-Year Report(Non-election Year Only) (MY)
 Termination Report (TER)
(b) Monthly Report Due On:
 Feb 20 (M2) May 20 (M5) Aug 20 (M8) Nov 20 (M11) (Non-Election Year Only)
 Mar 20 (M3) Jun 20 (M6) Sep 20 (M9) Dec 20 (M12) (Non-Election Year Only)
 Apr 20 (M4) Jul 20 (M7) Oct 20 (M10) Jan 31 (YE)
(c) 12-Day **PRE-Election** Report for the:
 Primary (12P) General (12G) Runoff (12R)
 Convention (12C) Special (12S)
Election on _____ in the State of _____
(d) 30-Day **Post -Election** Report for the:
 General (30G) Runoff (30R) Special (30S)
Election on _____ in the State of _____

5. Covering Period 08 01 2010 through 08 31 2010

I certify that I have examined this Report and to the best of my knowledge and belief it is true, correct and complete.
Type or Print Name of Treasurer Ronald S. Siemiontkowski

Signature of Treasurer Electronically Filed by Ronald S. Siemiontkowski Date 09 16 2010

NOTE : Submission of false, erroneous, or incomplete information may subject the person signing this Report to the penalties of 2 U.S.C 437g.

Office Use Only **FEC FORM 3X** (Rev. 12/2004)

SUMMARY PAGE
OF RECEIPTS AND DISBURSEMENTS

Write or Type Committee Name
Capital One Financial Corp. Assoc. Political Fund

Report Covering the Period: From:

M	M
0	8

D	D
0	1

Y	Y	Y	Y
2	0	1	0

 To:

M	M
0	8

D	D
3	1

Y	Y	Y	Y
2	0	1	0

	COLUMN A This Period	COLUMN B Calendar Year-to-Date								
6. (a) Cash on Hand January 1 <table border="1"><tr><td>Y</td><td>Y</td><td>Y</td><td>Y</td></tr><tr><td>2</td><td>0</td><td>1</td><td>0</td></tr></table>	Y	Y	Y	Y	2	0	1	0		118163.49
Y	Y	Y	Y							
2	0	1	0							
(b) Cash on Hand at Beginning of Reporting Period	186189.82									
(c) Total Receipts (from Line 19)	22777.45	248753.78								
(d) Subtotal (add lines 6(b) and 6(c) for Column A and Lines 6(a) and 6(c) for Column B)	208967.27	366917.27								
7. Total Disbursements (from Line 31)	32500.00	190450.00								
8. Cash on Hand at Close of Reporting Period (subtract Line 7 from Line 6(d))	176467.27	176467.27								
9. Debts and Obligations owed TO the committee (Itemize all on Schedule C and/or Schedule D)	0.00									
10. Debts and Obligations owed BY the committee (Itemize all on Schedule C and/or Schedule D)	0.00									

This Committee has qualified as a multicandidate committee. (see FEC FORM 1M)

For further information contact:

Federal Election Commission
999 E street, NW
Washington, DC 20463

Toll Free 800-424-9530
Local 202-694-1100

FEC Form 3X (Rev. 06/2004)

Write or Type Committee Name
Capital One Financial Corp. Assoc. Political Fund

Report Covering the Period: From:

M	M
0	8

D	D
0	1

Y	Y	Y	Y
2	0	1	0

 To:

M	M
0	8

D	D
3	1

Y	Y	Y	Y
2	0	1	0

I. Receipts	COLUMN A Total This Period	COLUMN B Calendar Year-to-Date
11. Contributions (other than loans) From:		
(a) Individuals/Persons Other Than Political Committees		
(i) Itemized (use Schedule A)	19591.05	214513.80
(ii) Unitemized	3186.40	29239.98
(iii) TOTAL (add Lines 11(a)(i) and (ii)	22777.45	243753.78
(b) Political Party Committees	0.00	0.00
(c) Other Political Committees (such as PACs)	0.00	0.00
(d) Total Contributions (add Lines 11(a)(iii),(b) and (c)) (Carry Totals to Line 33, page 5)	22777.45	243753.78
12. Transfers From Affiliated/Other Party Committees	0.00	0.00
13. All Loans Received	0.00	0.00
14. Loan Repayments Received	0.00	0.00
15. Offsets To Operating Expenditures (Refunds, Rebates, etc.) (Carry Totals to Line 37, page 5)	0.00	0.00
16. Refunds of Contributions Made to Federal candidates and Other Political Committees	0.00	5000.00
17. Other Federal Receipts (Dividends, Interest, etc.)	0.00	0.00
18. Transfers from Non-Federal and Levin Funds		
(a) Non-Federal Account (from Schedule H3)	0.00	0.00
(b) Levin Funds (from Schedule H5)	0.00	0.00
(c) Total Transfer (add 18(a) and 18(b)).	0.00	0.00
19. Total Receipts (add Lines 11(d), 12, 13, 14, 15, 16, 17, and 18(c))	22777.45	248753.78
20. Total Federal Receipts (subtract Line 18(c) from Line 19)	22777.45	248753.78

DETAILED SUMMARY PAGE

of Disbursements

FEC Form 3X (Rev. 02/2003)

II. DISBURSEMENTS	COLUMN A Total This Period	COLUMN B Calendar Year-to-Date
21. Operating Expenditures:		
(a) Shared Federal/Non-Federal Activity (from Schedule H4)		
(i) Federal Share.....	0.00	0.00
(ii) Non-Federal Share.....	0.00	0.00
(b) Other Federal Operating Expenditures.....	0.00	0.00
(c) Total Operating Expenditures (add 21(a)(i), (a)(ii) and (b))..... ▶	0.00	0.00
22. Transfers to Affiliated/Other Party Committees.....	0.00	0.00
23. Contributions to Federal Candidates/Committees and Other Political Committees.....	27500.00	184950.00
24. Independent Expenditure (use Schedule E)	0.00	0.00
25. Coordinated Expenditures Made by Party Committees (2 U.S.C. 441a(d)) (use Schedule F).....	0.00	0.00
26. Loan Repayments Made.....	0.00	0.00
27. Loans Made.....	0.00	0.00
28. Refunds of Contributions To:		
(a) Individuals/Persons Other Than Political Committees	0.00	0.00
(b) Political Party Committees	0.00	0.00
(c) Other Political Committees (such as PACs)	0.00	0.00
(d) Total Contribution Refunds (add Lines 28(a), (b), and (c))	0.00	0.00
29. Other Disbursements.....	5000.00	5500.00
30. Federal Election Activity (2 U.S.C 431(20))		
(a) Shared Federal Election Activity (from Schedule H6)		
(i) Federal Share	0.00	0.00
(ii) "Levin" Share	0.00	0.00
(b) Federal Election Activity Paid Entirely With Federal Funds	0.00	0.00
(c) Total Federal Election Activity (add Lines 30(a)(i), 30(a)(ii) and 30(b))....	0.00	0.00
31. Total Disbursements (add Lines 21(c), 22, 23, 24, 25, 26, 27, 28(d), 29 and 30(c))..	32500.00	190450.00
32. Total Federal Disbursements (subtract Line 21(a)(ii) and Line 30(a)(ii) from Line 31).....	32500.00	190450.00

DETAILED SUMMARY PAGE
of Disbursements

FEC Form 3X (Rev. 02/2003)

III. Net Contributions/Operating Expenditures	COLUMN A Total This Period	COLUMN B Calendar Year-to-Date
33. Total Contributions (other than loans) from Line 11(d), page 3)	22777.45	243753.78
34. Total Contribution Refunds (from Line 28(d))	0.00	0.00
35. Net Contributions (other than loans) (subtract Line 34 from Line 33)	22777.45	243753.78
36. Total Federal Operating Expenditures (add Line 21(a)(i) and Line 21(b)).....	0.00	0.00
37. Offsets to Operating Expenditures (from Line 15, page 3)	0.00	0.00
38. Net Operating Expenditures (subtract Line 37 from Line 36)	0.00	0.00

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 6 / 51
(check only one)

<input checked="" type="checkbox"/>	11a	<input type="checkbox"/>	11b	<input type="checkbox"/>	11c	<input type="checkbox"/>	12	<input type="checkbox"/>	13	<input type="checkbox"/>	14	<input type="checkbox"/>	15	<input type="checkbox"/>	16	<input type="checkbox"/>	17
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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Murray Abrams

Mailing Address 10208 Bencross Dr

City Potomac State MD Zip Code 20854

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Evp, Corporate Development

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 2250.00

Date of Receipt 08 / 16 / 2010

Transaction ID: 00916.C109421

Amount of Each Receipt this Period 150.00

Receipt

Payroll Deduction: (150.0-0/2/Month)

B.

Full Name (Last, First, Middle Initial)
Murray Abrams

Mailing Address 10208 Bencross Dr

City Potomac State MD Zip Code 20854

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Evp, Corporate Development

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 2458.33

Date of Receipt 08 / 31 / 2010

Transaction ID: 00916.C109831

Amount of Each Receipt this Period 208.33

Receipt

Payroll Deduction: (208.3-3/2/Month)

C.

Full Name (Last, First, Middle Initial)
Amanda Aghdami

Mailing Address 108 Peshurst Road

City Richmond State VA Zip Code 23221

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Mvp, Call Center Ops (bank)

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 666.56

Date of Receipt 08 / 16 / 2010

Transaction ID: 00916.C109495

Amount of Each Receipt this Period 83.32

Receipt

Payroll Deduction: (41.66-1/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ **441.65**

TOTAL This Period (last page this line number only) ▶

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 7 / 51
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Robert Alexander

Mailing Address 9600 Sloman Place

City Richmond State VA Zip Code 23238

FEC ID number of contributing federal political committee. C

Name of Employer Capital One Occupation Chief Information Officer

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 3333.28

Date of Receipt 08 / 16 / 2010

Transaction ID: 00916.C109443

Amount of Each Receipt this Period 416.66

Receipt

Payroll Deduction: (208.3-3/2/Month)

B. Full Name (Last, First, Middle Initial)
Amy Anderson

Mailing Address 9430 Charter Lake Drive

City Mechanicsville State VA Zip Code 23116

FEC ID number of contributing federal political committee. C

Name of Employer Capital One Occupation VP, Information Technology

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 418.75

Date of Receipt 08 / 16 / 2010

Transaction ID: 00916.C109517

Amount of Each Receipt this Period 62.50

Receipt

Payroll Deduction: (31.25-1/2/Month)

C. Full Name (Last, First, Middle Initial)
Angela Avant

Mailing Address 305 Opine Ct.

City Covington State LA Zip Code 70433

FEC ID number of contributing federal political committee. C

Name of Employer Capital One Occupation Financial Consultant Iii

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 320.00

Date of Receipt 08 / 16 / 2010

Transaction ID: 00916.C109620

Amount of Each Receipt this Period 40.00

Receipt

Payroll Deduction: (20.00-1/2/Month)

SUBTOTAL of Receipts This Page (optional) 519.16

TOTAL This Period (last page this line number only)

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 8 / 51
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Kenneth Aversa

Mailing Address 3708 Ivory Terrace

City Richmond State VA Zip Code 23233

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation VP, Operations

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 512.00

Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109434
 Amount of Each Receipt this Period 64.00
 Receipt
 Payroll Deduction: (32.00- /2/Month)

B. Full Name (Last, First, Middle Initial)
Paul Ayres

Mailing Address Po Box 1173

City Midlothian State VA Zip Code 23113

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Vp Sr Assoc Gen Cnsl

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 312.50

Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109511
 Amount of Each Receipt this Period 125.00
 Receipt
 Payroll Deduction: (62.50- /2/Month)

C. Full Name (Last, First, Middle Initial)
Warrenetta Baker

Mailing Address 6832 Capri Place

City Bethesda State MD Zip Code 20817

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Svp, Chief Counsel -global Tax

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 670.00

Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109527
 Amount of Each Receipt this Period 90.00
 Receipt
 Payroll Deduction: (45.00- /2/Month)

SUBTOTAL of Receipts This Page (optional) ► 279.00

TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 9 / 51
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Kathleen Barta

Mailing Address 501 Slaters Lane
Unit 1203

City State Zip Code
Alexandria VA 22314

FEC ID number of contributing federal political committee. C

Name of Employer Capital One Occupation Sr. Director, Chief Of Staff

Receipt For: Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 533.28

Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109484

Amount of Each Receipt this Period 66.66

Receipt

Payroll Deduction: (33.33- /2/Month)

B. Full Name (Last, First, Middle Initial)
Susan Batura

Mailing Address 219 East Brook Run Drive

City State Zip Code
Richmond VA 23238

FEC ID number of contributing federal political committee. C

Name of Employer Capital One Occupation VP, Audit

Receipt For: Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 3037.00

Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109519

Amount of Each Receipt this Period 125.00

Receipt

Payroll Deduction: (62.50- /2/Month)

C. Full Name (Last, First, Middle Initial)
John Benesole

Mailing Address 436 Shadow Creek Lane

City State Zip Code
Manakin-sabot VA 23103

FEC ID number of contributing federal political committee. C

Name of Employer Capital One Occupation Vp, It Architecture

Receipt For: Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 666.56

Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109496

Amount of Each Receipt this Period 83.32

Receipt

Payroll Deduction: (41.66- /2/Month)

SUBTOTAL of Receipts This Page (optional) 274.98

TOTAL This Period (last page this line number only)

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 10 / 51
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Terry Berkley

Mailing Address 103 Beverly Road

City State Zip Code
Ashland VA 23005

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Vp, Lob Cfo

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 1264.00

Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109444
Amount of Each Receipt this Period 158.00
Receipt
Payroll Deduction: (79.00- /2/Month)

B. Full Name (Last, First, Middle Initial)
Jory Berson

Mailing Address 338 Perrow Lane

City State Zip Code
Manakin-sabot VA 23103

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Chief Human Resources Officer

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 3328.00

Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109415
Amount of Each Receipt this Period 416.00
Receipt
Payroll Deduction: (208.0- 0/2/Month)

C. Full Name (Last, First, Middle Initial)
Guenet Beshah

Mailing Address 3803 Noble Ave

City State Zip Code
Richmond VA 23222

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Executive Coach

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 1344.00

Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109448
Amount of Each Receipt this Period 168.00
Receipt
Payroll Deduction: (84.00- /2/Month)

SUBTOTAL of Receipts This Page (optional) ► 742.00

TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 11 / 51
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Elisabeth Bresee

Mailing Address 1027 Millwood Road

City State Zip Code
Great Falls VA 22066

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Mvp, Sr Assoc Gen Cnsl-policy

Receipt For: Aggregate Year-to-Date ▼
 Primary General
 Other (specify) ▼ 687.50

Date of Receipt

M	M	/	D	D	/	Y	Y	Y	Y
0	8		1	6		2	0	1	0

Transaction ID: 00916.C109515

Amount of Each Receipt this Period
125.00

Receipt

Payroll Deduction: (62.50- /2/Month)

B. Full Name (Last, First, Middle Initial)
David Brown

Mailing Address 1825 Grove Ave

City State Zip Code
Richmond VA 23220

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Mvp, Lob Cfo

Receipt For: Aggregate Year-to-Date ▼
 Primary General
 Other (specify) ▼ 250.00

Date of Receipt

M	M	/	D	D	/	Y	Y	Y	Y
0	8		1	6		2	0	1	0

Transaction ID: 00916.C109454

Amount of Each Receipt this Period
125.00

Receipt

Payroll Deduction: (62.50- /2/Month)

C. Full Name (Last, First, Middle Initial)
James Brown

Mailing Address 1820 Kalorama Road, Nw #1

City State Zip Code
Washington DC 20009

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Sr. Director, Govt Relations

Receipt For: Aggregate Year-to-Date ▼
 Primary General
 Other (specify) ▼ 800.00

Date of Receipt

M	M	/	D	D	/	Y	Y	Y	Y
0	8		1	6		2	0	1	0

Transaction ID: 00916.C109818

Amount of Each Receipt this Period
100.00

Receipt

Payroll Deduction: (50.00- /2/Month)

SUBTOTAL of Receipts This Page (optional) ► **350.00**

TOTAL This Period (last page this line number only) ►

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 12 / 51
(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Edward Cahill

Mailing Address 11401 Scotsghlen Ct.

City State Zip Code
Glen Allen VA 23059

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Vp, Credit Review

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 1336.00

Date of Receipt 08 / 16 / 2010

Transaction ID: 00916.C109518

Amount of Each Receipt this Period 167.00

Receipt

Payroll Deduction: (83.50- /2/Month)

B.

Full Name (Last, First, Middle Initial)
James Campbell

Mailing Address 7359 Jefferson Mill Road

City State Zip Code
Scottsville VA 24590

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Svp, Corp Plan, Cost & Procur

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 875.00

Date of Receipt 08 / 16 / 2010

Transaction ID: 00916.C109447

Amount of Each Receipt this Period 250.00

Receipt

Payroll Deduction: (125.0- 0/2/Month)

C.

Full Name (Last, First, Middle Initial)
Heather Carroll Cox

Mailing Address 2205 Windsor Road

City State Zip Code
Alexandria VA 22307

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation SVP, Operations

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 1505.00

Date of Receipt 08 / 16 / 2010

Transaction ID: 00916.C109820

Amount of Each Receipt this Period 430.00

Receipt

Payroll Deduction: (215.0- 0/2/Month)

SUBTOTAL of Receipts This Page (optional) ► **847.00**

TOTAL This Period (last page this line number only) ►

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 13 / 51

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Joseph Caruso

Mailing Address 1609 Colapissa Street

City State Zip Code
Metairie LA 70001

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One VP, Audit

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 761.60

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109665

Amount of Each Receipt this Period

95.20

Receipt

Payroll Deduction: (47.60-
/2/Month)

B.

Full Name (Last, First, Middle Initial)
Mark Cauwels

Mailing Address 3035 Creekview Dr

City State Zip Code
Grapevine TX 76051

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Sr. Director, IT

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 444.48

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109523

Amount of Each Receipt this Period

55.56

Receipt

Payroll Deduction: (27.78-
/2/Month)

C.

Full Name (Last, First, Middle Initial)
William Cilluffo

Mailing Address 155 Alexandra Blvd
US Citizen

City State Zip Code
Toronto ON M4R 1-M3

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One EVP, Business Analysis

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 2000.00

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109420

Amount of Each Receipt this Period

250.00

Receipt

Payroll Deduction: (125.0-
0/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶

400.76

TOTAL This Period (last page this line number only) ▶

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 14 / 51
(check only one)

<input checked="" type="checkbox"/>	11a	<input type="checkbox"/>	11b	<input type="checkbox"/>	11c	<input type="checkbox"/>	12	<input type="checkbox"/>	13	<input type="checkbox"/>	14	<input type="checkbox"/>	15	<input type="checkbox"/>	16	<input type="checkbox"/>	17
-------------------------------------	-----	--------------------------	-----	--------------------------	-----	--------------------------	----	--------------------------	----	--------------------------	----	--------------------------	----	--------------------------	----	--------------------------	----

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Kenneth Cirillo

Mailing Address 418 Weston Way

City Richmond State VA Zip Code 23238

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Executive Coach

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 400.00

Date of Receipt 08 / 16 / 2010

Transaction ID: 00916.C109426

Amount of Each Receipt this Period 50.00

Receipt

Payroll Deduction: (25.00- /2/Month)

B.

Full Name (Last, First, Middle Initial)
Kathy Collier

Mailing Address 16118 Mabry Mill Drive

City Midlothian State VA Zip Code 23113

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation VP, Business Analysis

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 800.00

Date of Receipt 08 / 16 / 2010

Transaction ID: 00916.C109414

Amount of Each Receipt this Period 100.00

Receipt

Payroll Deduction: (50.00- /2/Month)

C.

Full Name (Last, First, Middle Initial)
Matthew Cooper

Mailing Address 2501 Hanover Avenue

City Richmond State VA Zip Code 23220

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Svp, Chief Counsel

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 250.00

Date of Receipt 08 / 16 / 2010

Transaction ID: 00916.C109821

Amount of Each Receipt this Period 125.00

Receipt

Payroll Deduction: (62.50- /2/Month)

SUBTOTAL of Receipts This Page (optional) ► 275.00

TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 15 / 51
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

Any information copied from such Reports and Statements may not be sold or used by any person for the purpose of soliciting contributions or for commercial purposes, other than using the name and address of any political committee to solicit contributions from such committee.

NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Robert Degenhardt

Mailing Address 11800 Olde Covington Way

City State Zip Code
Glen Allen VA 23059

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Director, Process Management

Receipt For: Aggregate Year-to-Date ▼
 Primary General
 Other (specify) ▼ 464.00

Date of Receipt
MM / DD / YYYY
08 / 16 / 2010

Transaction ID: 00916.C109494

Amount of Each Receipt this Period
58.00

Receipt

Payroll Deduction: (29.00- /2/Month)

B. Full Name (Last, First, Middle Initial)
Samir Deshpande

Mailing Address 6331 Aberdeen Avenue

City State Zip Code
Dallas TX 75230

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Svp, Home Loans M&a

Receipt For: Aggregate Year-to-Date ▼
 Primary General
 Other (specify) ▼ 2000.00

Date of Receipt
MM / DD / YYYY
08 / 16 / 2010

Transaction ID: 00916.C109490

Amount of Each Receipt this Period
250.00

Receipt

Payroll Deduction: (125.0- 0/2/Month)

C. Full Name (Last, First, Middle Initial)
Michael Dobbins

Mailing Address 4507 35th Street North

City State Zip Code
Arlington VA 22207

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Svp, Business Analysis (bank)

Receipt For: Aggregate Year-to-Date ▼
 Primary General
 Other (specify) ▼ 2000.00

Date of Receipt
MM / DD / YYYY
08 / 16 / 2010

Transaction ID: 00916.C109531

Amount of Each Receipt this Period
250.00

Receipt

Payroll Deduction: (125.0- 0/2/Month)

SUBTOTAL of Receipts This Page (optional) ► **558.00**

TOTAL This Period (last page this line number only) ►

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 16 / 51

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Anthony Dunbar

Mailing Address 5015 Camp Street

City State Zip Code
New Orleans LA 70115

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Sr Director, Assoc Gen. Counsel

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 400.00

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109547

Amount of Each Receipt this Period

50.00

Receipt

Payroll Deduction: (25.00-
/2/Month)

B.

Full Name (Last, First, Middle Initial)
Howard Easter

Mailing Address 19281 Oakwood Lane

City State Zip Code
Jetersville VA 23083

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Director, Risk Management

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 533.28

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109429

Amount of Each Receipt this Period

66.66

Receipt

Payroll Deduction: (33.33-
/2/Month)

C.

Full Name (Last, First, Middle Initial)
Frank Eck

Mailing Address 47272 Ox Bow Circle

City State Zip Code
Potomac Falls VA 20165

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Sr Director, Assoc Gen. Counsel

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 336.00

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109520

Amount of Each Receipt this Period

42.00

Receipt

Payroll Deduction: (21.00-
/2/Month)

SUBTOTAL of Receipts This Page (optional)

158.66

TOTAL This Period (last page this line number only)

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 17 / 51
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

Any information copied from such Reports and Statements may not be sold or used by any person for the purpose of soliciting contributions or for commercial purposes, other than using the name and address of any political committee to solicit contributions from such committee.

NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Robin Elder
 Mailing Address 11136 Great Meadows Drive
 City State Zip Code
 Mechanicsville VA 23116
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Vp, Operational Risk Mgt
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 320.00
 Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109513
 Amount of Each Receipt this Period 40.00
 Receipt
 Payroll Deduction: (20.00- /2/Month)

B. Full Name (Last, First, Middle Initial)
James Evans
 Mailing Address 105 N. Erlwood Court
 City State Zip Code
 Richmond VA 23229
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Deposit Operations Executive
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 1600.00
 Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109503
 Amount of Each Receipt this Period 200.00
 Receipt
 Payroll Deduction: (100.0- 0/2/Month)

C. Full Name (Last, First, Middle Initial)
Ellen Falbo
 Mailing Address 3818 24th St. N
 City State Zip Code
 Arlington VA 22207
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation VP, Business Analysis
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 1000.00
 Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109470
 Amount of Each Receipt this Period 125.00
 Receipt
 Payroll Deduction: (62.50- /2/Month)

SUBTOTAL of Receipts This Page (optional) ► 365.00
TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 18 / 51
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12	
	<input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Nancy Ferguson		Date of Receipt
	Mailing Address 4108 Veneto Dr		<input type="text" value="08"/> / <input type="text" value="16"/> / <input type="text" value="2010"/>
	City	State	Zip Code
	Frisco	TX	75034
FEC ID number of contributing federal political committee.		<input type="text" value="C"/>	Transaction ID: 00916.C109506
Name of Employer Capital One		Occupation VP, Chief Counsel	Amount of Each Receipt this Period
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼	<input type="text" value="176.50"/>
		<input type="text" value="1412.00"/>	Receipt
			Payroll Deduction: (88.25- /2/Month)

B.	Full Name (Last, First, Middle Initial) Jerry Fiala		Date of Receipt
	Mailing Address 6100 Olde Hartley Place		<input type="text" value="08"/> / <input type="text" value="16"/> / <input type="text" value="2010"/>
	City	State	Zip Code
	Glen Allen	VA	23060
FEC ID number of contributing federal political committee.		<input type="text" value="C"/>	Transaction ID: 00916.C109458
Name of Employer Capital One		Occupation VP, Business Analysis	Amount of Each Receipt this Period
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼	<input type="text" value="125.00"/>
		<input type="text" value="1000.00"/>	Receipt
			Payroll Deduction: (62.50- /2/Month)

C.	Full Name (Last, First, Middle Initial) F. Foster		Date of Receipt
	Mailing Address 1914 Buffalo Creek Rd		<input type="text" value="08"/> / <input type="text" value="16"/> / <input type="text" value="2010"/>
	City	State	Zip Code
	Crozier	VA	23039
FEC ID number of contributing federal political committee.		<input type="text" value="C"/>	Transaction ID: 00916.C109445
Name of Employer Capital One		Occupation Port Mgmt & Anltcs Officer Iii	Amount of Each Receipt this Period
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼	<input type="text" value="50.00"/>
		<input type="text" value="345.79"/>	Receipt
			Payroll Deduction: (25.00- /2/Month)

SUBTOTAL of Receipts This Page (optional)	<input type="text" value="351.50"/>
TOTAL This Period (last page this line number only)	<input type="text"/>

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 19 / 51
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
William Galloway
 Mailing Address 519 English Turn Drive
 City State Zip Code
 New Orleans LA 70131
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Bus Bnkng Sr Mrket Credit Exec
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 257.55
 Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109667
 Amount of Each Receipt this Period -37.22
 Receipt
 Payroll Deduction: (-37.2-2/2/Month)

B. Full Name (Last, First, Middle Initial)
Stephen Gannon
 Mailing Address 8907 Tolman Rd.
 City State Zip Code
 Richmond VA 23229
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation EVP, Deputy General Counsel
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 3333.28
 Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109814
 Amount of Each Receipt this Period 416.66
 Receipt
 Payroll Deduction: (208.3-3/2/Month)

C. Full Name (Last, First, Middle Initial)
Harvey Gantz
 Mailing Address 2944 Gracefield Rd
 City State Zip Code
 Silver Spring MD 20904
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Director, Compliance
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 600.00
 Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109516
 Amount of Each Receipt this Period 75.00
 Receipt
 Payroll Deduction: (37.50-1/2/Month)

SUBTOTAL of Receipts This Page (optional) ► **454.44**
TOTAL This Period (last page this line number only) ►

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 20 / 51

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Patrick Gemmell

Mailing Address 213 Culpeper Road

City State Zip Code
Richmond VA 23229

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One VP, Operations

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 336.00

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109466

Amount of Each Receipt this Period

42.00

Receipt

Payroll Deduction: (21.00-
/2/Month)

B.

Full Name (Last, First, Middle Initial)
Kevin Goldstein

Mailing Address 1301 Turkey Trot Rd

City State Zip Code
Manakin-sabot VA 23103

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One SVP, Business Analysis

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 666.56

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109510

Amount of Each Receipt this Period

83.32

Receipt

Payroll Deduction: (41.66-
/2/Month)

C.

Full Name (Last, First, Middle Initial)
David Gordon

Mailing Address 1602 Swansbury Dr

City State Zip Code
Richmond VA 23238

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Svp, Card It

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 1250.00

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109493

Amount of Each Receipt this Period

250.00

Receipt

Payroll Deduction: (125.0-
0/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶

375.32

TOTAL This Period (last page this line number only) ▶

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 21 / 51
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Thomas Govan
 Mailing Address 2317 Laurelwood Drive
 City State Zip Code
 Baton Rouge LA 70816
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation RELATIONSHIP MANAGER IV
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 720.00
 Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109758
 Amount of Each Receipt this Period 90.00
 Receipt
 Payroll Deduction: (45.00- /2/Month)

B. Full Name (Last, First, Middle Initial)
Sarah Gravitt-baese
 Mailing Address 4316 Cutshaw Ave.
 City State Zip Code
 Richmond VA 23230
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Vp, Brand Lob Consulting
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 1168.00
 Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109467
 Amount of Each Receipt this Period 146.00
 Receipt
 Payroll Deduction: (73.00- /2/Month)

C. Full Name (Last, First, Middle Initial)
John Heyel
 Mailing Address 10624 Sherwin Pl.
 City State Zip Code
 Glen Allen VA 23059
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Director, Financial Management
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 533.28
 Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109461
 Amount of Each Receipt this Period 66.66
 Receipt
 Payroll Deduction: (33.33- /2/Month)

SUBTOTAL of Receipts This Page (optional) ► 302.66
TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 22 / 51
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12	
	<input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Christa Hokenson	Date of Receipt MM / DD / YYYY 08 / 16 / 2010
	Mailing Address 7103 Holyrood Drive	Transaction ID: 00916.C109438
	City State Zip Code McLean VA 22101	Amount of Each Receipt this Period 176.48
	FEC ID number of contributing federal political committee. C	Receipt Payroll Deduction: (88.24- /2/Month)
Name of Employer Capital One	Occupation Vp, Compensation	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 1411.84	

B.	Full Name (Last, First, Middle Initial) Peter Horst	Date of Receipt MM / DD / YYYY 08 / 16 / 2010
	Mailing Address 1439 Oakview Drive	Transaction ID: 00916.C109521
	City State Zip Code McLean VA 22101	Amount of Each Receipt this Period 60.00
	FEC ID number of contributing federal political committee. C	Receipt Payroll Deduction: (30.00- /2/Month)
Name of Employer Capital One	Occupation Svp, Brand Strategy	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 480.00	

C.	Full Name (Last, First, Middle Initial) Lindi Huynh	Date of Receipt MM / DD / YYYY 08 / 16 / 2010
	Mailing Address 2219 Cactus Finch	Transaction ID: 00916.C109813
	City State Zip Code Katy TX 77494	Amount of Each Receipt this Period 40.00
	FEC ID number of contributing federal political committee. C	Receipt Payroll Deduction: (20.00- /2/Month)
Name of Employer Capital One	Occupation District Manager II	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 320.00	

SUBTOTAL of Receipts This Page (optional)	▶	276.48
TOTAL This Period (last page this line number only)	▶	

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 23 / 51

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Troy Jamison

Mailing Address 12909 Holmbank Lane

City State Zip Code
Richmond VA 23233

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One VP, Business Analysis

Receipt For: Aggregate Year-to-Date
 Primary General
 Other (specify) ▼ 320.00

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109422

Amount of Each Receipt this Period

40.00

Receipt

Payroll Deduction: (20.00-
/2/Month)

B.

Full Name (Last, First, Middle Initial)
Sharon Johnson

Mailing Address 1807 Vance Place

City State Zip Code
Vienna VA 22182

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Sr Director, Assoc Gen. Counsel

Receipt For: Aggregate Year-to-Date
 Primary General
 Other (specify) ▼ 432.00

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109507

Amount of Each Receipt this Period

54.00

Receipt

Payroll Deduction: (27.00-
/2/Month)

C.

Full Name (Last, First, Middle Initial)
Todd Kennedy

Mailing Address 400 Massachusetts Ave Nw
Apt 1119

City State Zip Code
Washington DC 20001

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Mvp, Business Analysis

Receipt For: Aggregate Year-to-Date
 Primary General
 Other (specify) ▼ 1166.72

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109431

Amount of Each Receipt this Period

145.84

Receipt

Payroll Deduction: (72.92-
/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶

239.84

TOTAL This Period (last page this line number only) ▶

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 24 / 51

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Frederick Knowles

Mailing Address 6304 Avalon Dr

City State Zip Code
Bethesda MD 20816

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Svp, Hr Consulting, Comp&ben

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 2000.00

Date of Receipt
MM / DD / YYYY
08 / 16 / 2010

Transaction ID: 00916.C109502

Amount of Each Receipt this Period
250.00

Receipt
Payroll Deduction: (125.0-0/2/Month)

B.

Full Name (Last, First, Middle Initial)
Robert Kottler

Mailing Address P.o. Box 100699

City State Zip Code
Arlington VA 22210

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Svp, Small Business Banking

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 2000.00

Date of Receipt
MM / DD / YYYY
08 / 16 / 2010

Transaction ID: 00916.C109553

Amount of Each Receipt this Period
250.00

Receipt
Payroll Deduction: (125.0-0/2/Month)

C.

Full Name (Last, First, Middle Initial)
Frank Laprade

Mailing Address 1680 Capital One

City State Zip Code
Mclean VA 22102

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Chief Enterprise Serv Officer

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 2000.00

Date of Receipt
MM / DD / YYYY
08 / 16 / 2010

Transaction ID: 00916.C109427

Amount of Each Receipt this Period
250.00

Receipt
Payroll Deduction: (125.0-0/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶

750.00

TOTAL This Period (last page this line number only) ▶

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 25 / 51
(check only one)

<input checked="" type="checkbox"/>	11a	<input type="checkbox"/>	11b	<input type="checkbox"/>	11c	<input type="checkbox"/>	12	<input type="checkbox"/>	13	<input type="checkbox"/>	14	<input type="checkbox"/>	15	<input type="checkbox"/>	16	<input type="checkbox"/>	17
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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Minh-duc Le

Mailing Address 2100 Lee Hwy
Apt 410

City Arlington State VA Zip Code 22201

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Sr Director, Assoc Gen. Counsel

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 333.28

Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109807
Amount of Each Receipt this Period 41.66
Receipt
Payroll Deduction: (20.83- /2/Month)

B.

Full Name (Last, First, Middle Initial)
Stephen Linehan

Mailing Address 5701 Little Spring

City Derwood State MD Zip Code 20855

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation EVP, Treasurer

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 1600.00

Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109441
Amount of Each Receipt this Period 200.00
Receipt
Payroll Deduction: (100.0- 0/2/Month)

C.

Full Name (Last, First, Middle Initial)
Wayne Lutz

Mailing Address 10988 Elmont Woods Drive

City Glen Allen State VA Zip Code 23059

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Outsourcing Manager

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 240.00

Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109480
Amount of Each Receipt this Period 30.00
Receipt
Payroll Deduction: (15.00- /2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ 271.66

TOTAL This Period (last page this line number only) ▶

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 26 / 51
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12	
	<input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Joel Martinez	Date of Receipt MM / DD / YYYY 08 / 16 / 2010
	Mailing Address 5248 Scotsglen Dr	Transaction ID: 00916.C109508
	City State Zip Code Glen Allen VA 23059	Amount of Each Receipt this Period 50.00
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation Vp, Hr Consulting	Payroll Deduction: (25.00- /2/Month)
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 400.00	

B.	Full Name (Last, First, Middle Initial) Alan Mccleaf	Date of Receipt MM / DD / YYYY 08 / 16 / 2010
	Mailing Address 704 Sleepy Hollow Road	Transaction ID: 00916.C109488
	City State Zip Code Henrico VA 23229	Amount of Each Receipt this Period 30.00
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation Manager, Project Management	Payroll Deduction: (15.00- /2/Month)
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 240.00	

C.	Full Name (Last, First, Middle Initial) John Mccullen	Date of Receipt MM / DD / YYYY 08 / 16 / 2010
	Mailing Address 12101 Hermon Farms Lane	Transaction ID: 00916.C109452
	City State Zip Code Ashland VA 23005	Amount of Each Receipt this Period 100.00
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation Director, Project Management	Payroll Deduction: (50.00- /2/Month)
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 800.00	

SUBTOTAL of Receipts This Page (optional)	▶	180.00
TOTAL This Period (last page this line number only)	▶	

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 27 / 51
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
William Mcdonald

Mailing Address 4390 East Perry Parkway

City Greenwood Village State CO Zip Code 80121

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Evp, Brand Marketing

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 3333.28

Date of Receipt 08 / 16 / 2010

Transaction ID: 00916.C109451

Amount of Each Receipt this Period 416.66

Receipt

Payroll Deduction: (208.3-3/2/Month)

B. Full Name (Last, First, Middle Initial)
Melissa Mcsherry

Mailing Address 1810 N. Kenmore

City Arlington State VA Zip Code 22207

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Mvp, Business Analysis

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 1000.00

Date of Receipt 08 / 16 / 2010

Transaction ID: 00916.C109509

Amount of Each Receipt this Period 125.00

Receipt

Payroll Deduction: (62.50-1/2/Month)

C. Full Name (Last, First, Middle Initial)
James Mendelsohn

Mailing Address 8021 Falstaff Rd

City Mclean State VA Zip Code 22102

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Vp, Strategy-mrkt Research

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 1000.00

Date of Receipt 08 / 16 / 2010

Transaction ID: 00916.C109459

Amount of Each Receipt this Period 125.00

Receipt

Payroll Deduction: (62.50-1/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ **666.66**

TOTAL This Period (last page this line number only) ▶

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 28 / 51

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Jerry Miller

Mailing Address 3020 Darnley Drive

City State Zip Code
Richmond VA 23235

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Director, Procurement

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 560.00

Date of Receipt
MM / DD / YYYY
08 / 16 / 2010

Transaction ID: 00916.C109489

Amount of Each Receipt this Period
70.00

Receipt
Payroll Deduction: (35.00-
/2/Month)

B.

Full Name (Last, First, Middle Initial)
Sandra Miller

Mailing Address 4122 Broad Street Road

City State Zip Code
Gum Spring VA 23065

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Sr. Director, Project Mgt

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 333.28

Date of Receipt
MM / DD / YYYY
08 / 16 / 2010

Transaction ID: 00916.C109491

Amount of Each Receipt this Period
41.66

Receipt
Payroll Deduction: (20.83-
/2/Month)

C.

Full Name (Last, First, Middle Initial)
Victoria Mirandah

Mailing Address 11600 Aprilbud Drive

City State Zip Code
Richmond VA 23233

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Sr. Director, Hr

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 533.28

Date of Receipt
MM / DD / YYYY
08 / 16 / 2010

Transaction ID: 00916.C109442

Amount of Each Receipt this Period
66.66

Receipt
Payroll Deduction: (33.33-
/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶

178.32

TOTAL This Period (last page this line number only) ▶

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 29 / 51
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Joseph Morgan
Mailing Address 703 Big Woods Place
City State Zip Code
Mankin Sabot VA 23103
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Vp, Enterprise Topm
Receipt For: Primary General Other (specify) ▼ Aggregate Year-to-Date ▼ 1000.00
Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109425
Amount of Each Receipt this Period 125.00
Receipt
Payroll Deduction: (62.50- /2/Month)

B. Full Name (Last, First, Middle Initial)
Daniel Mortensen
Mailing Address 9515 Carterwood Ct
City State Zip Code
Richmond VA 23229
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Svp, Corporate Real Estate
Receipt For: Primary General Other (specify) ▼ Aggregate Year-to-Date ▼ 2400.00
Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109435
Amount of Each Receipt this Period 300.00
Receipt
Payroll Deduction: (150.0- 0/2/Month)

C. Full Name (Last, First, Middle Initial)
Kevin Murray
Mailing Address 6003 Woodley Rd.
City State Zip Code
Mclean VA 22101
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Svp, Regulatory Relations
Receipt For: Primary General Other (specify) ▼ Aggregate Year-to-Date ▼ 2000.00
Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109482
Amount of Each Receipt this Period 250.00
Receipt
Payroll Deduction: (125.0- 0/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ 675.00
TOTAL This Period (last page this line number only) ▶

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 30 / 51

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Andres Navarrete

Mailing Address 5613 Wood Way

City State Zip Code
Bethesda MD 20816

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Svp, Chief Counsel

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 1023.00

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109479

Amount of Each Receipt this Period

68.20

Receipt

Payroll Deduction: (68.20-
/2/Month)

B.

Full Name (Last, First, Middle Initial)
Andres Navarrete

Mailing Address 5613 Wood Way

City State Zip Code
Bethesda MD 20816

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Svp, Chief Counsel

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 1148.00

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 3 1 / 2 0 1 0

Transaction ID: 00916.C109889

Amount of Each Receipt this Period

125.00

Receipt

Payroll Deduction: (125.0-
0/2/Month)

C.

Full Name (Last, First, Middle Initial)
Richard Olson

Mailing Address 1608 Crestwood Lane

City State Zip Code
Mclean VA 22101

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Director, Government Relations

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 1600.00

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109463

Amount of Each Receipt this Period

200.00

Receipt

Payroll Deduction: (100.0-
0/2/Month)

SUBTOTAL of Receipts This Page (optional)

393.20

TOTAL This Period (last page this line number only)

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 31 / 51
(check only one)

<input checked="" type="checkbox"/>	11a	<input type="checkbox"/>	11b	<input type="checkbox"/>	11c	<input type="checkbox"/>	12
<input type="checkbox"/>	13	<input type="checkbox"/>	14	<input type="checkbox"/>	15	<input type="checkbox"/>	16
						<input type="checkbox"/>	17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Sarah Olthoff

Mailing Address 3000 Springhill Ave

City Richmond State VA Zip Code 23225

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Sr. Director, Compliance

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 333.28

Date of Receipt 08 / 16 / 2010

Transaction ID: 00916.C109460

Amount of Each Receipt this Period 41.66

Receipt

Payroll Deduction: (20.83- /2/Month)

B.

Full Name (Last, First, Middle Initial)
Edward Page

Mailing Address 3312 Handley Rd.

City Midlothian State VA Zip Code 23113

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Mvp, It

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 250.00

Date of Receipt 08 / 16 / 2010

Transaction ID: 00916.C109817

Amount of Each Receipt this Period 125.00

Receipt

Payroll Deduction: (62.50- /2/Month)

C.

Full Name (Last, First, Middle Initial)
Kerri Palmer

Mailing Address 1001 Sir Lancelot Cir

City Lewisville State TX Zip Code 75056

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Mvp, Financial Services

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 1333.28

Date of Receipt 08 / 16 / 2010

Transaction ID: 00916.C109497

Amount of Each Receipt this Period 166.66

Receipt

Payroll Deduction: (83.33- /2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ **333.32**

TOTAL This Period (last page this line number only) ▶

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 32 / 51

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Christopher Peak		Date of Receipt MM / DD / YYYY 08 / 16 / 2010
	Mailing Address 2 Kentbury Way		Transaction ID: 00916.C109811
	City Bethesda	State MD	Zip Code 20814
	FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 66.66
Name of Employer Capital One		Occupation Director, Asst General Counsel	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼ 533.28	Payroll Deduction: (33.33- /2/Month)

B.	Full Name (Last, First, Middle Initial) Terren Peterson		Date of Receipt MM / DD / YYYY 08 / 16 / 2010
	Mailing Address 3712 Sovereign Lane		Transaction ID: 00916.C109492
	City Richmond	State VA	Zip Code 23233-7627
	FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 84.00
Name of Employer Capital One		Occupation Sr. Director, IT	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼ 672.00	Payroll Deduction: (42.00- /2/Month)

C.	Full Name (Last, First, Middle Initial) Lynn Pike		Date of Receipt MM / DD / YYYY 08 / 16 / 2010
	Mailing Address 47 Murray Street Penthouse		Transaction ID: 00916.C109809
	City New York	State NY	Zip Code 10007
	FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 416.66
Name of Employer Capital One		Occupation PRESIDENT, BANKING	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼ 3333.28	Payroll Deduction: (208.3- 3/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶

567.32

TOTAL This Period (last page this line number only) ▶

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 33 / 51
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Jason Pletcher

Mailing Address 55 W. 95th St
Unit 65

City State Zip Code
New York NY 10025

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Sr Business Director (bank)

Receipt For: Aggregate Year-to-Date ▼
 Primary General
 Other (specify) ▼ 240.00

Date of Receipt

M	M	/	D	D	/	Y	Y	Y	Y
0	8	/	1	6	/	2	0	1	0

Transaction ID: 00916.C109505

Amount of Each Receipt this Period
30.00

Receipt
Payroll Deduction: (15.00- /2/Month)

B. Full Name (Last, First, Middle Initial)
Thomas Poole

Mailing Address 13799 Necklace Court

City State Zip Code
Chantilly VA 20151

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Mvp, Business Analysis

Receipt For: Aggregate Year-to-Date ▼
 Primary General
 Other (specify) ▼ 465.00

Date of Receipt

M	M	/	D	D	/	Y	Y	Y	Y
0	8	/	1	6	/	2	0	1	0

Transaction ID: 00916.C109468

Amount of Each Receipt this Period
31.00

Receipt
Payroll Deduction: (31.00- /2/Month)

C. Full Name (Last, First, Middle Initial)
Thomas Poole

Mailing Address 13799 Necklace Court

City State Zip Code
Chantilly VA 20151

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Mvp, Business Analysis

Receipt For: Aggregate Year-to-Date ▼
 Primary General
 Other (specify) ▼ 527.50

Date of Receipt

M	M	/	D	D	/	Y	Y	Y	Y
0	8	/	3	1	/	2	0	1	0

Transaction ID: 00916.C109878

Amount of Each Receipt this Period
62.50

Receipt
Payroll Deduction: (62.50- /2/Month)

SUBTOTAL of Receipts This Page (optional) ► **123.50**

TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 34 / 51
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12	
	<input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Bradley Rebel	Date of Receipt MM / DD / YYYY 08 / 16 / 2010
	Mailing Address 900 Railey Hill Court	Transaction ID: 00916.C109535
	City State Zip Code Midlothian VA 23114	Amount of Each Receipt this Period 62.50
	FEC ID number of contributing federal political committee. C	Receipt
	Name of Employer Capital One Occupation VP, Audit Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) <input type="checkbox"/> Aggregate Year-to-Date 500.00	Payroll Deduction: (31.25- /2/Month)

B.	Full Name (Last, First, Middle Initial) James Reo	Date of Receipt MM / DD / YYYY 08 / 16 / 2010
	Mailing Address 3141 N Pollard St	Transaction ID: 00916.C109449
	City State Zip Code Arlington VA 22207	Amount of Each Receipt this Period 90.00
	FEC ID number of contributing federal political committee. C	Receipt
	Name of Employer Capital One Occupation Sr. Director, Recruiting Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) <input type="checkbox"/> Aggregate Year-to-Date 720.00	Payroll Deduction: (45.00- /2/Month)

C.	Full Name (Last, First, Middle Initial) Tangela Richter	Date of Receipt MM / DD / YYYY 08 / 16 / 2010
	Mailing Address 1347 Perry Place, Nw	Transaction ID: 00916.C109805
	City State Zip Code Washington DC 20010	Amount of Each Receipt this Period 66.66
	FEC ID number of contributing federal political committee. C	Receipt
	Name of Employer Capital One Occupation Sr Director, Assoc Gen. Counsel Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) <input type="checkbox"/> Aggregate Year-to-Date 533.28	Payroll Deduction: (33.33- /2/Month)

SUBTOTAL of Receipts This Page (optional)	219.16
TOTAL This Period (last page this line number only)	

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 35 / 51
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

Any information copied from such Reports and Statements may not be sold or used by any person for the purpose of soliciting contributions or for commercial purposes, other than using the name and address of any political committee to solicit contributions from such committee.

NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Monte Robinson
Mailing Address 123 Woodvale
City State Zip Code
Bossier City LA 71111
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Bus Bnkng Sr Market Sales Exec
Receipt For: Primary General Other (specify) ▼ Aggregate Year-to-Date ▼ 400.00
Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109618
Amount of Each Receipt this Period 50.00
Receipt
Payroll Deduction: (25.00- /2/Month)

B. Full Name (Last, First, Middle Initial)
Leonard Roseman
Mailing Address 3314 Grove Ave
City State Zip Code
Richmond VA 23221-2818
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Vp, Statistician
Receipt For: Primary General Other (specify) ▼ Aggregate Year-to-Date ▼ 1000.00
Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109528
Amount of Each Receipt this Period 125.00
Receipt
Payroll Deduction: (62.50- /2/Month)

C. Full Name (Last, First, Middle Initial)
Colin Ruh
Mailing Address 9618 Sloman Place
City State Zip Code
Richmond VA 23238
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Svp, Lob Cfo
Receipt For: Primary General Other (specify) ▼ Aggregate Year-to-Date ▼ 2000.00
Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109419
Amount of Each Receipt this Period 250.00
Receipt
Payroll Deduction: (125.0- 0/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ 425.00
TOTAL This Period (last page this line number only) ▶

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 36 / 51
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

Any information copied from such Reports and Statements may not be sold or used by any person for the purpose of soliciting contributions or for commercial purposes, other than using the name and address of any political committee to solicit contributions from such committee.

NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Nabil Sakkab

Mailing Address 1308 Park Road, Nw

City Washington State DC Zip Code 20010

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Sr Director, Assoc Gen. Counsel

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 370.78

Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109530
Amount of Each Receipt this Period 66.66
Receipt
Payroll Deduction: (33.33- /2/Month)

B. Full Name (Last, First, Middle Initial)
Scott Schmidt

Mailing Address 2806 Oak Point Lane

City Richmond State VA Zip Code 23233

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Mvp, Hr Consulting

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 1333.28

Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109437
Amount of Each Receipt this Period 166.66
Receipt
Payroll Deduction: (83.33- /2/Month)

C. Full Name (Last, First, Middle Initial)
Peter Schnall

Mailing Address 6703 Moly Drive

City Falls Church State VA Zip Code 22046

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Chief Risk Officer

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 3333.28

Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109433
Amount of Each Receipt this Period 416.66
Receipt
Payroll Deduction: (208.3- 3/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ **649.98**

TOTAL This Period (last page this line number only) ▶

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 37 / 51
(check only one)

<input checked="" type="checkbox"/>	11a	<input type="checkbox"/>	11b	<input type="checkbox"/>	11c	<input type="checkbox"/>	12	<input type="checkbox"/>	13	<input type="checkbox"/>	14	<input type="checkbox"/>	15	<input type="checkbox"/>	16	<input type="checkbox"/>	17
-------------------------------------	-----	--------------------------	-----	--------------------------	-----	--------------------------	----	--------------------------	----	--------------------------	----	--------------------------	----	--------------------------	----	--------------------------	----

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Ryan Schneider

Mailing Address 1414 22nd St. Nw #51

City Washington State DC Zip Code 20037

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation President, Card

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 3333.28

Date of Receipt 08 / 16 / 2010

Transaction ID: 00916.C109504

Amount of Each Receipt this Period 416.66

Receipt

Payroll Deduction: (208.3-3/2/Month)

B.

Full Name (Last, First, Middle Initial)
Patricia Shutterly

Mailing Address 2900 Cottage Cove Dr.

City Henrico State VA Zip Code 23233

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Director, Audit Specialist

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 320.00

Date of Receipt 08 / 16 / 2010

Transaction ID: 00916.C109806

Amount of Each Receipt this Period 40.00

Receipt

Payroll Deduction: (20.00-1/2/Month)

C.

Full Name (Last, First, Middle Initial)
Nicholas Sladic

Mailing Address 2911 Leffingwell Place

City Richmond State VA Zip Code 23233

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Vp Sr Assoc Gen Cnsl

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 437.50

Date of Receipt 08 / 16 / 2010

Transaction ID: 00916.C109487

Amount of Each Receipt this Period 125.00

Receipt

Payroll Deduction: (62.50-1/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ **581.66**

TOTAL This Period (last page this line number only) ▶

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 38 / 51

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

Any information copied from such Reports and Statements may not be sold or used by any person for the purpose of soliciting contributions or for commercial purposes, other than using the name and address of any political committee to solicit contributions from such committee.

NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Lawrence Stein

Mailing Address 6503 Heather Brook Ct

City State Zip Code
Mclean VA 22101

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Svp, Policy Affairs

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 3333.28

Date of Receipt
MM / DD / YYYY
08 / 16 / 2010

Transaction ID: 00916.C109524

Amount of Each Receipt this Period
416.66

Receipt
Payroll Deduction: (208.3-3/2/Month)

B.

Full Name (Last, First, Middle Initial)
Robert Stuart

Mailing Address 1941 Country Club Dr

City State Zip Code
Baton Rouge LA 70808

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Regional President, Banking

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 1036.38

Date of Receipt
MM / DD / YYYY
08 / 16 / 2010

Transaction ID: 00916.C109757

Amount of Each Receipt this Period
250.00

Receipt
Payroll Deduction: (125.0-0/2/Month)

C.

Full Name (Last, First, Middle Initial)
Jason Swider

Mailing Address 6103 Wigmore Lane - Unit N

City State Zip Code
Alexandria VA 22315

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Legal Manager

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 425.00

Date of Receipt
MM / DD / YYYY
08 / 16 / 2010

Transaction ID: 00916.C109522

Amount of Each Receipt this Period
50.00

Receipt
Payroll Deduction: (25.00-1/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶

716.66

TOTAL This Period (last page this line number only) ▶

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 39 / 51
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Douglas Taylor

Mailing Address 12209 Hampton Valley Turn

City State Zip Code
Chesterfield VA 23832

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Sr Business Director

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 533.44

Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109453
Amount of Each Receipt this Period 66.68
Receipt
Payroll Deduction: (33.34- /2/Month)

B. Full Name (Last, First, Middle Initial)
Susan Tedesco

Mailing Address 712 Epson Downs Court Ct

City State Zip Code
Richmond VA 23229

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Vp, Lob Operations

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 300.00

Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109501
Amount of Each Receipt this Period 20.00
Receipt
Payroll Deduction: (20.00- /2/Month)

C. Full Name (Last, First, Middle Initial)
Franklin Thacker

Mailing Address 2218 Monument Avenue

City State Zip Code
Richmond VA 23220

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Svp, Corp. Acct. & Ofm

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 320.00

Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109465
Amount of Each Receipt this Period 40.00
Receipt
Payroll Deduction: (20.00- /2/Month)

SUBTOTAL of Receipts This Page (optional) ► 126.68

TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 40 / 51
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

Any information copied from such Reports and Statements may not be sold or used by any person for the purpose of soliciting contributions or for commercial purposes, other than using the name and address of any political committee to solicit contributions from such committee.

NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Steven Thibodeau
 Mailing Address 2228 Meadow Drive
 City State Zip Code
 Carrollton TX 75007
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Mvp, Loss Mitigation
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 400.00
 Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109481
 Amount of Each Receipt this Period 50.00
 Receipt
 Payroll Deduction: (25.00- /2/Month)

B. Full Name (Last, First, Middle Initial)
Christopher Tignor
 Mailing Address 14538 Bud Lane
 City State Zip Code
 Glen Allen VA 23059-1568
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Vp, Information Security
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 1000.00
 Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109423
 Amount of Each Receipt this Period 125.00
 Receipt
 Payroll Deduction: (62.50- /2/Month)

C. Full Name (Last, First, Middle Initial)
David Tyler
 Mailing Address 5097 Little Falls Road
 City State Zip Code
 Arlington VA 22207
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Mvp,project Management (bank)
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 3333.28
 Date of Receipt 08 / 16 / 2010
Transaction ID: 00916.C109428
 Amount of Each Receipt this Period 416.66
 Receipt
 Payroll Deduction: (208.3- 3/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ 591.66
TOTAL This Period (last page this line number only) ▶

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 41 / 51

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

Any information copied from such Reports and Statements may not be sold or used by any person for the purpose of soliciting contributions or for commercial purposes, other than using the name and address of any political committee to solicit contributions from such committee.

NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Jeffrey Tyree

Mailing Address 3151 Shadow Creek Dr.

City State Zip Code
Powhatan VA 23139

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Sr. Director, It Architecture

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 533.28

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109439

Amount of Each Receipt this Period

66.66

Receipt

Payroll Deduction: (33.33- /2/Month)

B.

Full Name (Last, First, Middle Initial)
Richard Walker

Mailing Address 323 Clovelly Rd

City State Zip Code
Richmond VA 23221

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One VP, Business Analysis

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 1200.00

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109500

Amount of Each Receipt this Period

150.00

Receipt

Payroll Deduction: (75.00- /2/Month)

C.

Full Name (Last, First, Middle Initial)
David Wasik

Mailing Address 3817 Houndstooth Court

City State Zip Code
Richmond VA 23233

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One SVP, Business Analysis

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 2000.00

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109417

Amount of Each Receipt this Period

250.00

Receipt

Payroll Deduction: (125.0- 0/2/Month)

SUBTOTAL of Receipts This Page (optional)

466.66

TOTAL This Period (last page this line number only)

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 42 / 51
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12	
	<input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) James Weatherly	Date of Receipt MM / DD / YYYY 08 / 16 / 2010
	Mailing Address 525 Great Falls Street	Transaction ID: 00916.C109430
	City Falls Church State VA Zip Code 22046	Amount of Each Receipt this Period 125.00
	FEC ID number of contributing federal political committee. C	Receipt Payroll Deduction: (62.50- /2/Month)
Name of Employer Capital One Occupation Mvp, Corporate Credit Mgmt		
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 1000.00	

B.	Full Name (Last, First, Middle Initial) Chris Webb	Date of Receipt MM / DD / YYYY 08 / 16 / 2010
	Mailing Address 19312 Bowles Knob Dr.	Transaction ID: 00916.C109416
	City Rockville State VA Zip Code 23146	Amount of Each Receipt this Period 50.00
	FEC ID number of contributing federal political committee. C	Receipt Payroll Deduction: (25.00- /2/Month)
Name of Employer Capital One Occupation Manager, Project Management		
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 400.00	

C.	Full Name (Last, First, Middle Initial) Emily Weems	Date of Receipt MM / DD / YYYY 08 / 16 / 2010
	Mailing Address 8468 Nicole Court	Transaction ID: 00916.C109803
	City Annandale State VA Zip Code 22003	Amount of Each Receipt this Period 100.00
	FEC ID number of contributing federal political committee. C	Receipt Payroll Deduction: (50.00- /2/Month)
Name of Employer Capital One Occupation Director, Government Relations		
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 800.00	

SUBTOTAL of Receipts This Page (optional)	275.00
TOTAL This Period (last page this line number only)	

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 43 / 51

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

Any information copied from such Reports and Statements may not be sold or used by any person for the purpose of soliciting contributions or for commercial purposes, other than using the name and address of any political committee to solicit contributions from such committee.

NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Karl Werwath

Mailing Address 13007 River Road

City State Zip Code
Richmond VA 23238

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Deposit Operations Executive

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 2000.00

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109472

Amount of Each Receipt this Period

250.00

Receipt

Payroll Deduction: (125.0-0/2/Month)

B.

Full Name (Last, First, Middle Initial)
Andrew Wiederhorn

Mailing Address 3513 Ellerton Drive

City State Zip Code
Midlothian VA 23113

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Director, Asst General Counsel

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 320.00

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109534

Amount of Each Receipt this Period

40.00

Receipt

Payroll Deduction: (20.00-/2/Month)

C.

Full Name (Last, First, Middle Initial)
Paula Wimbush

Mailing Address 11419 N. Wedgemont Drive

City State Zip Code
Richmond VA 23236

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Director, Project Management

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 400.00

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109498

Amount of Each Receipt this Period

50.00

Receipt

Payroll Deduction: (25.00-/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶

340.00

TOTAL This Period (last page this line number only) ▶

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 44 / 51

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

Any information copied from such Reports and Statements may not be sold or used by any person for the purpose of soliciting contributions or for commercial purposes, other than using the name and address of any political committee to solicit contributions from such committee.

NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)

Janet Wood

Mailing Address 107 Innisbrook Drive

City State Zip Code
Broussard LA 70518

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Market Sales & Service Mgr

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 513.28

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109637

Amount of Each Receipt this Period

64.16

Receipt

Payroll Deduction: (32.08-
/2/Month)

B.

Full Name (Last, First, Middle Initial)

Richard Woods

Mailing Address 9212 White Chimney Lane

City State Zip Code
Great Falls VA 22066

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One SVP, Corporate Affairs

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 3000.00

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 3 / 2 0 1 0

Transaction ID: 00816.C109412

Amount of Each Receipt this Period

3000.00

Receipt

C.

Full Name (Last, First, Middle Initial)

Michael Woody

Mailing Address 4519 Briarwick Dr

City State Zip Code
Richmond VA 23236

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Sr. Director, Audit Ops/Financ

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 320.00

Date of Receipt

M M / D D / Y Y Y Y
0 8 / 1 6 / 2 0 1 0

Transaction ID: 00916.C109413

Amount of Each Receipt this Period

40.00

Receipt

Payroll Deduction: (20.00-
/2/Month)

SUBTOTAL of Receipts This Page (optional)

3104.16

TOTAL This Period (last page this line number only)

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 45 / 51

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
David Wright

Mailing Address 2512 Maple Hall Court

City State Zip Code
Midlothian VA 23113

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Mvp, Tech Infrastructure Svcs

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 1218.22

Date of Receipt
MM / DD / YYYY
08 / 16 / 2010

Transaction ID: 00916.C109483

Amount of Each Receipt this Period
143.32

Receipt
Payroll Deduction: (71.66-
/2/Month)

B.

Full Name (Last, First, Middle Initial)
Michael Zamsky

Mailing Address 2001 15th Street N #1509

City State Zip Code
Arlington VA 22201

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Evp, Chief Cnsmr Risk Officer

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 2710.00

Date of Receipt
MM / DD / YYYY
08 / 16 / 2010

Transaction ID: 00916.C109432

Amount of Each Receipt this Period
534.00

Receipt
Payroll Deduction: (267.0-
0/2/Month)

C.

Full Name (Last, First, Middle Initial)
Steven Zykoski

Mailing Address 103 Durrington Ct

City State Zip Code
Richmond VA 23236

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Sr. Director, Financial Mgt

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 533.44

Date of Receipt
MM / DD / YYYY
08 / 16 / 2010

Transaction ID: 00916.C109525

Amount of Each Receipt this Period
66.68

Receipt
Payroll Deduction: (33.34-
/2/Month)

SUBTOTAL of Receipts This Page (optional)

744.00

TOTAL This Period (last page this line number only)

19591.05

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s) for each category of the Detailed Summary Page

FOR LINE NUMBER:
(check only one)

<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Lou Barletta for Congress Mailing Address P.O. Box 128 City Hazleton State PA Zip Code 18201-0128 Purpose of Disbursement DIRECT CONTRIBUTION Candidate Name LOU BARLETTA Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: PA District: 11 Disbursement For: 2010 <input type="checkbox"/> Primary <input checked="" type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Transaction ID: 00916.E1812 Date of Disbursement 08 / 20 / 2010	Amount of Each Disbursement this Period 2000.00 DIRECT CONTRIBUTION
B.	Full Name (Last, First, Middle Initial) Friends of John Boehner Mailing Address 7908 Cincinnati-Dayton Road Suite I-2 City West Chester State OH Zip Code 45069- Purpose of Disbursement DIRECT CONTRIBUTION Candidate Name JOHN A BOEHRNER Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: OH District: 08 Disbursement For: 2010 <input type="checkbox"/> Primary <input checked="" type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Transaction ID: 00816.E1807 Date of Disbursement 08 / 09 / 2010	Amount of Each Disbursement this Period 5000.00 DIRECT CONTRIBUTION
C.	Full Name (Last, First, Middle Initial) Carper for Senate Mailing Address 426 C Street, NE City Washington State DC Zip Code 20002-5839 Purpose of Disbursement VOID Candidate Name THOMAS R CARPER Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President State: DE District: 00 Disbursement For: 2012 <input type="checkbox"/> Primary <input checked="" type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Transaction ID: 00816.E1809 Date of Disbursement 08 / 13 / 2010	Amount of Each Disbursement this Period -1000.00 VOID

SUBTOTAL of Disbursements This Page (optional) ▶

6000.00

TOTAL This Period (last page this line number only) ▶

SCHEDULE B (FEC Form 3X) ITEMIZED DISBURSEMENTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER:
(check only one)

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<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial) Crapo for U.S. Senate <hr/> Mailing Address c/o Linda Daniel 128 North Columbus Street <hr/> City State Zip Code Alexandria VA 22314-3038 <hr/> Purpose of Disbursement DIRECT CONTRIBUTION Candidate Name MICHAEL D CRAPO <hr/> Office Sought: <input type="checkbox"/> House Disbursement For: 2010 <input checked="" type="checkbox"/> Senate <input type="checkbox"/> Primary <input checked="" type="checkbox"/> General <input type="checkbox"/> President <input type="checkbox"/> Other (specify) ▼ <hr/> State: ID District: 00	Transaction ID: 00816.E1808 Date of Disbursement <table border="1"> <tr> <td>M</td><td>M</td><td>/</td><td>D</td><td>D</td><td>/</td><td>Y</td><td>Y</td><td>Y</td><td>Y</td> </tr> <tr> <td>0</td><td>8</td><td>/</td><td>0</td><td>9</td><td>/</td><td>2</td><td>0</td><td>1</td><td>0</td> </tr> </table> <hr/> Amount of Each Disbursement this Period <table border="1"> <tr><td>2000.00</td></tr> </table> <hr/> DIRECT CONTRIBUTION	M	M	/	D	D	/	Y	Y	Y	Y	0	8	/	0	9	/	2	0	1	0	2000.00
M	M	/	D	D	/	Y	Y	Y	Y													
0	8	/	0	9	/	2	0	1	0													
2000.00																						
B. Full Name (Last, First, Middle Initial) Tim Griffin for Congress Campaign Cmte <hr/> Mailing Address P.O. Box 7526 <hr/> City State Zip Code Little Rock AR 72217-7526 <hr/> Purpose of Disbursement DIRECT CONTRIBUTION Candidate Name JOHN TIMOTHY GRIFFIN <hr/> Office Sought: <input checked="" type="checkbox"/> House Disbursement For: 2010 <input type="checkbox"/> Senate <input type="checkbox"/> Primary <input checked="" type="checkbox"/> General <input type="checkbox"/> President <input type="checkbox"/> Other (specify) ▼ <hr/> State: AR District: 02	Transaction ID: 00916.E1814 Date of Disbursement <table border="1"> <tr> <td>M</td><td>M</td><td>/</td><td>D</td><td>D</td><td>/</td><td>Y</td><td>Y</td><td>Y</td><td>Y</td> </tr> <tr> <td>0</td><td>8</td><td>/</td><td>2</td><td>0</td><td>/</td><td>2</td><td>0</td><td>1</td><td>0</td> </tr> </table> <hr/> Amount of Each Disbursement this Period <table border="1"> <tr><td>2000.00</td></tr> </table> <hr/> DIRECT CONTRIBUTION	M	M	/	D	D	/	Y	Y	Y	Y	0	8	/	2	0	/	2	0	1	0	2000.00
M	M	/	D	D	/	Y	Y	Y	Y													
0	8	/	2	0	/	2	0	1	0													
2000.00																						
C. Full Name (Last, First, Middle Initial) Richard Hanna for Congress <hr/> Mailing Address PO Box 118 <hr/> City State Zip Code Utica NY 13503-0118 <hr/> Purpose of Disbursement DIRECT CONTRIBUTION Candidate Name RICHARD HANNA <hr/> Office Sought: <input checked="" type="checkbox"/> House Disbursement For: 2010 <input type="checkbox"/> Senate <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> President <input type="checkbox"/> Other (specify) ▼ <hr/> State: NY District: 24	Transaction ID: 00916.E1816 Date of Disbursement <table border="1"> <tr> <td>M</td><td>M</td><td>/</td><td>D</td><td>D</td><td>/</td><td>Y</td><td>Y</td><td>Y</td><td>Y</td> </tr> <tr> <td>0</td><td>8</td><td>/</td><td>2</td><td>0</td><td>/</td><td>2</td><td>0</td><td>1</td><td>0</td> </tr> </table> <hr/> Amount of Each Disbursement this Period <table border="1"> <tr><td>2000.00</td></tr> </table> <hr/> DIRECT CONTRIBUTION	M	M	/	D	D	/	Y	Y	Y	Y	0	8	/	2	0	/	2	0	1	0	2000.00
M	M	/	D	D	/	Y	Y	Y	Y													
0	8	/	2	0	/	2	0	1	0													
2000.00																						

SUBTOTAL of Disbursements This Page (optional)

6000.00

TOTAL This Period (last page this line number only)

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER:
(check only one)

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<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

<p>A. Full Name (Last, First, Middle Initial) Robert Hurt for Congress</p> <p>Mailing Address P.O. Box 2</p> <p>City Chatham State VA Zip Code 24531-0002</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name ROBERT HURT</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President</p> <p>State: VA District: 05</p> <p>Disbursement For: 2010 <input type="checkbox"/> Primary <input checked="" type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00916.E1818 Date of Disbursement 08 / 20 / 2010</p> <p>Amount of Each Disbursement this Period 2000.00</p> <p>DIRECT CONTRIBUTION</p>
<p>B. Full Name (Last, First, Middle Initial) MAJORITY COMMITTEE PAC--MC PAC</p> <p>Mailing Address 104 Hume Avenue</p> <p>City Alexandria State VA Zip Code 22301-1015</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name MAJORITY COMMITTEE PAC--MC PAC</p> <p>Office Sought: <input type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President</p> <p>State: District:</p> <p>Disbursement For: 2010 <input type="checkbox"/> Primary <input type="checkbox"/> General <input checked="" type="checkbox"/> Other (specify) ▼</p> <p>Annual/Other</p>	<p>Transaction ID: 00916.E1820 Date of Disbursement 08 / 20 / 2010</p> <p>Amount of Each Disbursement this Period 2500.00</p> <p>DIRECT CONTRIBUTION</p>
<p>C. Full Name (Last, First, Middle Initial) McKinley for Congress</p> <p>Mailing Address 32 20th Street</p> <p>City Wheeling State WV Zip Code 26003-3746</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name DAVID B MCKINLEY</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President</p> <p>State: WV District: 01</p> <p>Disbursement For: 2010 <input type="checkbox"/> Primary <input checked="" type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00916.E1817 Date of Disbursement 08 / 20 / 2010</p> <p>Amount of Each Disbursement this Period 2000.00</p> <p>DIRECT CONTRIBUTION</p>

SUBTOTAL of Disbursements This Page (optional) ▶

6500.00

TOTAL This Period (last page this line number only) ▶

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER:
(check only one)

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<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

<p>A. Full Name (Last, First, Middle Initial) Pat Meehan for Congress</p> <p>Mailing Address P.O. Box 308</p> <p>City Pilgrim Gardens State PA Zip Code 19026-0308</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name PATRICK L MEEHAN</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President</p> <p>State: PA District: 07</p> <p>Disbursement For: 2010 <input type="checkbox"/> Primary <input checked="" type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00916.E1813</p> <p>Date of Disbursement 08 / 20 / 2010</p> <p>Amount of Each Disbursement this Period 2000.00</p> <p>DIRECT CONTRIBUTION</p>
<p>B. Full Name (Last, First, Middle Initial) Tom Reed for Congress</p> <p>Mailing Address 99 W First St</p> <p>City Corning State NY Zip Code 14830-2557</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name THOMAS W REED, II</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President</p> <p>State: NY District: 29</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00916.E1815</p> <p>Date of Disbursement 08 / 20 / 2010</p> <p>Amount of Each Disbursement this Period 2000.00</p> <p>DIRECT CONTRIBUTION</p>
<p>C. Full Name (Last, First, Middle Initial) Scott Rigell for Congress</p> <p>Mailing Address 913 First Colonial Rd Ste 200</p> <p>City Virginia Beach State VA Zip Code 23454-3198</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name EDWARD SCOTT RIGELL</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President</p> <p>State: VA District: 02</p> <p>Disbursement For: 2010 <input type="checkbox"/> Primary <input checked="" type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00916.E1819</p> <p>Date of Disbursement 08 / 20 / 2010</p> <p>Amount of Each Disbursement this Period 2000.00</p> <p>DIRECT CONTRIBUTION</p>

SUBTOTAL of Disbursements This Page (optional) ▶

6000.00

TOTAL This Period (last page this line number only) ▶

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER:
(check only one)

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<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. PEOPLE FOR ENTERPRISE TRADE AND ECONOMIC GROWTH

Full Name (Last, First, Middle Initial)

Mailing Address 7804 Evening Ln

City Alexandria State VA Zip Code 22306-2754

Purpose of Disbursement
DIRECT CONTRIBUTION

Candidate Name
PEOPLE FOR ENTERPRISE TRADE AND ECONOMIC GROWTH

Office Sought: House Senate President
Disbursement For: 2010 Primary General Other (specify) ▼

State: District: Annual/Other

Transaction ID: 00916.E1811

Date of Disbursement

MM / DD / YYYY
08 / 20 / 2010

Amount of Each Disbursement this Period

2000.00

DIRECT CONTRIBUTION

B. John Spratt for Congress

Full Name (Last, First, Middle Initial)

Mailing Address P.O. Box 636

City Annandale State VA Zip Code 22003-0636

Purpose of Disbursement
DIRECT CONTRIBUTION

Candidate Name
JOHN MCKEE SPRATT

Office Sought: House Senate President
Disbursement For: 2010 Primary General Other (specify) ▼

State: SC District: 05

Transaction ID: 00816.E1806

Date of Disbursement

MM / DD / YYYY
08 / 09 / 2010

Amount of Each Disbursement this Period

1000.00

DIRECT CONTRIBUTION

SUBTOTAL of Disbursements This Page (optional)

3000.00

TOTAL This Period (last page this line number only)

27500.00

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s)
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Detailed Summary Page

FOR LINE NUMBER:
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<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input checked="" type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)

Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)

Texans for Rick Perry

Transaction ID: 00916.E1810

Date of Disbursement

Mailing Address PMB 217
P.O. Box 2013

M	M	/	D	D	/	Y	Y	Y	Y
0	8		2	0		2	0	1	0

City Austin State TX Zip Code 78768-2013

Amount of Each Disbursement this Period

5000.00

Purpose of Disbursement
DIRECT CONTRIBUTION

Category/
Type

Candidate Name

Office Sought: House
 Senate
 President

Disbursement For: 2010
 Primary General
 Other (specify) ▼

State: District:

SUBTOTAL of Disbursements This Page (optional) ►

5000.00

TOTAL This Period (last page this line number only) ►

5000.00
