

FEC FORM 3X

REPORT OF RECEIPTS AND DISBURSEMENTS

For Other Than An Authorized Committee

Office Use Only

1. NAME OF COMMITTEE (in full) **USE FEC MAILING LABEL OR TYPE OR PRINT** Example: If typing, type over the lines
Capital One Financial Corp. Assoc. Political Fund

ADDRESS (number and street) 1680 Capital One Drive
Attn: 19050-1204
 Check if different than previously reported. (ACC)
McLean VA 22102

2. **FEC IDENTIFICATION NUMBER** C00326595
3. IS THIS REPORT NEW (N) **OR** AMENDED (A)

4. **TYPE OF REPORT** (Choose One)
(a) Quarterly Reports:
 April 15 Quarterly Report(Q1)
 July 15 Quarterly Report(Q2)
 October 15 Quarterly Report(Q3)
 January 31 Quarterly Report(YE)
 July 31 Mid-Year Report(Non-election Year Only) (MY)
 Termination Report (TER)
(b) Monthly Report Due On:
 Feb 20 (M2) May 20 (M5) Aug 20 (M8) Nov 20 (M11) (Non-Election Year Only)
 Mar 20 (M3) Jun 20 (M6) Sep 20 (M9) Dec 20 (M12) (Non-Election Year Only)
 Apr 20 (M4) Jul 20 (M7) Oct 20 (M10) Jan 31 (YE)
(c) 12-Day **PRE-Election** Report for the:
 Primary (12P) General (12G) Runoff (12R)
 Convention (12C) Special (12G)
Election on _____ in the State of _____
(d) 30-Day **Post -Election** Report for the:
 General (30G) Runoff (30R) Special (30S)
Election on _____ in the State of _____

5. Covering Period 07 01 2009 through 12 31 2009

I certify that I have examined this Report and to the best of my knowledge and belief it is true, correct and complete.

Type or Print Name of Treasurer Ron Siemiontkowski

Signature of Treasurer Electronically Filed by Ron Siemiontkowski Date 01 08 2010

NOTE : Submission of false, erroneous, or incomplete information may subject the person signing this Report to the penalties of 2 U.S.C 437g.

Office Use Only **FEC FORM 3X** (Rev. 12/2004)

SUMMARY PAGE
OF RECEIPTS AND DISBURSEMENTS

Write or Type Committee Name
Capital One Financial Corp. Assoc. Political Fund

Report Covering the Period: From:

M	M
0	7

D	D
0	1

Y	Y	Y	Y
2	0	0	9

 To:

M	M
1	2

D	D
3	1

Y	Y	Y	Y
2	0	0	9

	COLUMN A This Period	COLUMN B Calendar Year-to-Date								
6. (a) Cash on Hand January 1 <table border="1"><tr><td>Y</td><td>Y</td><td>Y</td><td>Y</td></tr><tr><td>2</td><td>0</td><td>0</td><td>9</td></tr></table>	Y	Y	Y	Y	2	0	0	9		142743.01
Y	Y	Y	Y							
2	0	0	9							
(b) Cash on Hand at Beginning of Reporting Period	118149.74									
(c) Total Receipts (from Line 19)	149513.75	293345.48								
(d) Subtotal (add lines 6(b) and 6(c) for Column A and Lines 6(a) and 6(c) for Column B)	267663.49	436088.49								
7. Total Disbursements (from Line 31)	149500.00	317925.00								
8. Cash on Hand at Close of Reporting Period (subtract Line 7 from Line 6(d))	118163.49	118163.49								
9. Debts and Obligations owed TO the committee (Itemize all on Schedule C and/or Schedule D)	0.00									
10. Debts and Obligations owed BY the committee (Itemize all on Schedule C and/or Schedule D)	0.00									

This Committee has qualified as a multicandidate committee. (see FEC FORM 1M)

For further information contact:

Federal Election Commission
999 E street, NW
Washington, DC 20463

Toll Free 800-424-9530
Local 202-694-1100

FEC Form 3X (Rev. 06/2004)

Write or Type Committee Name
Capital One Financial Corp. Assoc. Political Fund

Report Covering the Period: From:

M	M
0	7

D	D
0	1

Y	Y	Y	Y
2	0	0	9

 To:

M	M
1	2

D	D
3	1

Y	Y	Y	Y
2	0	0	9

I. Receipts	COLUMN A Total This Period	COLUMN B Calendar Year-to-Date
11. Contributions (other than loans) From:		
(a) Individuals/Persons Other Than Political Committees		
(i) Itemized (use Schedule A)	136079.30	266575.14
(ii) Unitemized	8630.96	21966.85
(iii) TOTAL (add Lines 11(a)(i) and (ii)	144710.26	288541.99
(b) Political Party Committees	0.00	0.00
(c) Other Political Committees (such as PACs)	0.00	0.00
(d) Total Contributions (add Lines 11(a)(iii),(b) and (c)) (Carry Totals to Line 33, page 5)	144710.26	288541.99
12. Transfers From Affiliated/Other Party Committees	4303.49	4303.49
13. All Loans Received	0.00	0.00
14. Loan Repayments Received	0.00	0.00
15. Offsets To Operating Expenditures (Refunds, Rebates, etc.) (Carry Totals to Line 37, page 5)	0.00	0.00
16. Refunds of Contributions Made to Federal candidates and Other Political Committees	500.00	500.00
17. Other Federal Receipts (Dividends, Interest, etc.)	0.00	0.00
18. Transfers from Non-Federal and Levin Funds		
(a) Non-Federal Account (from Schedule H3)	0.00	0.00
(b) Levin Funds (from Schedule H5)	0.00	0.00
(c) Total Transfer (add 18(a) and 18(b)).	0.00	0.00
19. Total Receipts (add Lines 11(d), 12, 13, 14, 15, 16, 17, and 18(c))	149513.75	293345.48
20. Total Federal Receipts (subtract Line 18(c) from Line 19)	149513.75	293345.48

DETAILED SUMMARY PAGE

of Disbursements

FEC Form 3X (Rev. 02/2003)

II. DISBURSEMENTS	COLUMN A Total This Period	COLUMN B Calendar Year-to-Date
21. Operating Expenditures:		
(a) Shared Federal/Non-Federal Activity (from Schedule H4)		
(i) Federal Share.....	0.00	0.00
(ii) Non-Federal Share.....	0.00	0.00
(b) Other Federal Operating Expenditures.....	0.00	0.00
(c) Total Operating Expenditures (add 21(a)(i), (a)(ii) and (b))..... ▶	0.00	0.00
22. Transfers to Affiliated/Other Party Committees.....	0.00	0.00
23. Contributions to Federal Candidates/Committees and Other Political Committees.....	144500.00	308640.00
24. Independent Expenditure (use Schedule E)	0.00	0.00
25. Coordinated Expenditures Made by Party Committees (2 U.S.C. 441a(d)) (use Schedule F).....	0.00	0.00
26. Loan Repayments Made.....	0.00	0.00
27. Loans Made.....	0.00	0.00
28. Refunds of Contributions To:		
(a) Individuals/Persons Other Than Political Committees	0.00	0.00
(b) Political Party Committees	0.00	0.00
(c) Other Political Committees (such as PACs)	0.00	0.00
(d) Total Contribution Refunds (add Lines 28(a), (b), and (c))	0.00	0.00
29. Other Disbursements.....	5000.00	9285.00
30. Federal Election Activity (2 U.S.C 431(20))		
(a) Shared Federal Election Activity (from Schedule H6)		
(i) Federal Share	0.00	0.00
(ii) "Levin" Share	0.00	0.00
(b) Federal Election Activity Paid Entirely With Federal Funds	0.00	0.00
(c) Total Federal Election Activity (add Lines 30(a)(i), 30(a)(ii) and 30(b))....	0.00	0.00
31. Total Disbursements (add Lines 21(c), 22, 23, 24, 25, 26, 27, 28(d), 29 and 30(c))..	149500.00	317925.00
32. Total Federal Disbursements (subtract Line 21(a)(ii) and Line 30(a)(ii) from Line 31).....	149500.00	317925.00

DETAILED SUMMARY PAGE
of Disbursements

FEC Form 3X (Rev. 02/2003)

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III. Net Contributions/Operating Expenditures	COLUMN A Total This Period	COLUMN B Calendar Year-to-Date
33. Total Contributions (other than loans) from Line 11(d), page 3)	144710.26	288541.99
34. Total Contribution Refunds (from Line 28(d))	0.00	0.00
35. Net Contributions (other than loans) (subtract Line 34 from Line 33)	144710.26	288541.99
36. Total Federal Operating Expenditures (add Line 21(a)(i) and Line 21(b)).....	0.00	0.00
37. Offsets to Operating Expenditures (from Line 15, page 3)	0.00	0.00
38. Net Operating Expenditures (subtract Line 37 from Line 36)	0.00	0.00

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 6 / 89
(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

Any information copied from such Reports and Statements may not be sold or used by any person for the purpose of soliciting contributions or for commercial purposes, other than using the name and address of any political committee to solicit contributions from such committee.

NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Murray Abrams

Mailing Address 10208 Bencross Dr

City State Zip Code
Potomac MD 20854

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Evp, Corporate Development

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 3600.00

Date of Receipt
MM / DD / YYYY
07 / 15 / 2009

Transaction ID: 00104.C100033

Amount of Each Receipt this Period
1800.00

Receipt

Payroll Deduction: (150.0-0/2/Month)

B.

Full Name (Last, First, Middle Initial)
Joanne Addas

Mailing Address 7711 Rockledge Court

City State Zip Code
Springfield VA 22152

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Senior Director, Tax Council

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 250.00

Date of Receipt
MM / DD / YYYY
08 / 28 / 2009

Transaction ID: 00104.C100023

Amount of Each Receipt this Period
250.00

Receipt

C.

Full Name (Last, First, Middle Initial)
Amanda Aghdami

Mailing Address 108 Peshurst Road

City State Zip Code
Richmond VA 23221

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Mvp, Business Analysis

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 916.52

Date of Receipt
MM / DD / YYYY
07 / 15 / 2009

Transaction ID: 00104.C100106

Amount of Each Receipt this Period
499.92

Receipt

Payroll Deduction: (41.66-1/2/Month)

SUBTOTAL of Receipts This Page (optional) ► **2549.92**

TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 7 / 89
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12	
	<input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Robert Alexander		Date of Receipt
	Mailing Address 9600 Sloman Place		<input type="text" value="07"/> / <input type="text" value="15"/> / <input type="text" value="2009"/>
	City	State	Zip Code
	Richmond	VA	23238
	FEC ID number of contributing federal political committee.		<input type="text" value="C"/>
Name of Employer Capital One		Occupation Chief Information Officer	Transaction ID: 00104.C100059
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼	Amount of Each Receipt this Period
		<input type="text" value="4966.59"/>	<input type="text" value="2499.96"/>
			Receipt
			Payroll Deduction: (208.3-3/2/Month)

B.	Full Name (Last, First, Middle Initial) Amy Anderson		Date of Receipt
	Mailing Address 9430 Charter Lake Drive		<input type="text" value="07"/> / <input type="text" value="15"/> / <input type="text" value="2009"/>
	City	State	Zip Code
	Mechanicsville	VA	23116
	FEC ID number of contributing federal political committee.		<input type="text" value="C"/>
Name of Employer Capital One		Occupation Vp, Ecommerce Platforms It	Transaction ID: 00104.C100124
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼	Amount of Each Receipt this Period
		<input type="text" value="600.00"/>	<input type="text" value="300.00"/>
			Receipt
			Payroll Deduction: (25.00-1/2/Month)

C.	Full Name (Last, First, Middle Initial) Angela Avant		Date of Receipt
	Mailing Address 152 Jane Drive		<input type="text" value="07"/> / <input type="text" value="15"/> / <input type="text" value="2009"/>
	City	State	Zip Code
	Mandeville	LA	70448
	FEC ID number of contributing federal political committee.		<input type="text" value="C"/>
Name of Employer Capital One		Occupation Financial Consultant Iii	Transaction ID: 00104.C100237
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼	Amount of Each Receipt this Period
		<input type="text" value="480.00"/>	<input type="text" value="240.00"/>
			Receipt
			Payroll Deduction: (20.00-1/2/Month)

SUBTOTAL of Receipts This Page (optional)	<input type="text" value="3039.96"/>
TOTAL This Period (last page this line number only)	<input type="text"/>

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 8 / 89
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12	
	<input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Kenneth Aversa		Date of Receipt MM / DD / YYYY 07 / 15 / 2009
	Mailing Address 3708 Ivory Terrace		Transaction ID: 00104.C100046
	City Richmond	State VA	Zip Code 23233
	FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 384.00
	Name of Employer Capital One	Occupation VP, Operations	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼ 768.00	Payroll Deduction: (32.00- /2/Month)

B.	Full Name (Last, First, Middle Initial) Warrenetta Baker		Date of Receipt MM / DD / YYYY 07 / 15 / 2009
	Mailing Address 6832 Capri Place		Transaction ID: 00104.C100136
	City Bethesda	State MD	Zip Code 20817
	FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 140.00
	Name of Employer Capital One	Occupation Svp, Chief Counsel -global Tax	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼ 380.00	Payroll Deduction: (20.00- /2/Month)

C.	Full Name (Last, First, Middle Initial) Warrenetta Baker		Date of Receipt MM / DD / YYYY 10 / 30 / 2009
	Mailing Address 6832 Capri Place		Transaction ID: 00104.C101830
	City Bethesda	State MD	Zip Code 20817
	FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 200.00
	Name of Employer Capital One	Occupation Svp, Chief Counsel -global Tax	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼ 580.00	Payroll Deduction: (40.00- /2/Month)

SUBTOTAL of Receipts This Page (optional)	▶	724.00
TOTAL This Period (last page this line number only)	▶	

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
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Detailed Summary Page

FOR LINE NUMBER: PAGE 9 / 89
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

<p>A. Full Name (Last, First, Middle Initial) Kathleen Barta</p> <p>Mailing Address 501 Slaters Lane Unit 1203</p> <p>City State Zip Code <u>Alexandria</u> VA 22314</p> <p>FEC ID number of contributing federal political committee. C</p> <p>Name of Employer Capital One Occupation Sr. Dir., HR Client Consulting</p> <p>Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p> <p>Aggregate Year-to-Date ▼ 799.92</p>	<p>Date of Receipt M M / D D / Y Y Y Y 07 / 15 / 2009</p> <p>Transaction ID: 00104.C100095</p> <p>Amount of Each Receipt this Period 399.96</p> <p>Receipt</p> <p>Payroll Deduction: (33.33- /2/Month)</p>
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<p>B. Full Name (Last, First, Middle Initial) Susan Batura</p> <p>Mailing Address 219 East Brook Run Drive</p> <p>City State Zip Code <u>Richmond</u> VA 23238</p> <p>FEC ID number of contributing federal political committee. C</p> <p>Name of Employer Capital One Occupation VP, Audit</p> <p>Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p> <p>Aggregate Year-to-Date ▼ 4992.00</p>	<p>Date of Receipt M M / D D / Y Y Y Y 07 / 15 / 2009</p> <p>Transaction ID: 00104.C100126</p> <p>Amount of Each Receipt this Period 2496.00</p> <p>Receipt</p> <p>Payroll Deduction: (208.0- 0/2/Month)</p>
--	--

<p>C. Full Name (Last, First, Middle Initial) John Benesole</p> <p>Mailing Address 436 Shadow Creek Lane</p> <p>City State Zip Code <u>Manakin-sabot</u> VA 23103</p> <p>FEC ID number of contributing federal political committee. C</p> <p>Name of Employer Capital One Occupation Vp, It Architecture</p> <p>Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p> <p>Aggregate Year-to-Date ▼ 791.54</p>	<p>Date of Receipt M M / D D / Y Y Y Y 07 / 15 / 2009</p> <p>Transaction ID: 00104.C100107</p> <p>Amount of Each Receipt this Period 499.92</p> <p>Receipt</p> <p>Payroll Deduction: (41.66- /2/Month)</p>
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SUBTOTAL of Receipts This Page (optional)	3395.88
TOTAL This Period (last page this line number only)	

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 10 / 89

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Terry Berkley

Mailing Address 103 Beverly Road

City State Zip Code
Ashland VA 23005

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Vp, Lob Cfo

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 1896.00

Date of Receipt

M M / D D / Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100060

Amount of Each Receipt this Period

948.00

Receipt

Payroll Deduction: (79.00-
/2/Month)

B.

Full Name (Last, First, Middle Initial)
Raymond Berni

Mailing Address 1704 Eisenhower Avenue

City State Zip Code
Metairie LA 70003-4930

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One It Sr. Manager

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 720.00

Date of Receipt

M M / D D / Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100253

Amount of Each Receipt this Period

360.00

Receipt

Payroll Deduction: (30.00-
/2/Month)

C.

Full Name (Last, First, Middle Initial)
Jory Berson

Mailing Address 338 Perrow Lane

City State Zip Code
Manakin-sabot VA 23103

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Chief Human Resources Officer

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 4992.00

Date of Receipt

M M / D D / Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100027

Amount of Each Receipt this Period

2496.00

Receipt

Payroll Deduction: (208.0-
0/2/Month)

SUBTOTAL of Receipts This Page (optional)

3804.00

TOTAL This Period (last page this line number only)

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
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Detailed Summary Page

FOR LINE NUMBER: PAGE 11 / 89
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Guenet Beshah
 Mailing Address 3803 Noble Ave
 City Richmond State VA Zip Code 23222
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Vp, Executive Coaching
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 2016.00
 Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100063
 Amount of Each Receipt this Period 1008.00
 Receipt
 Payroll Deduction: (84.00- /2/Month)

B. Full Name (Last, First, Middle Initial)
Barry Beswick
 Mailing Address 904 Queenstown Road
 City Lancaster State VA Zip Code 22503
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Vp, Workplace Consulting
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 1187.50
 Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100072
 Amount of Each Receipt this Period 437.50
 Receipt
 Payroll Deduction: (62.50- /2/Month)

C. Full Name (Last, First, Middle Initial)
Michael Bishop
 Mailing Address 12451 Fremont Drive
 City Glen Allen State VA Zip Code 23059
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Business Director, Operations
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 250.08
 Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100096
 Amount of Each Receipt this Period 125.04
 Receipt
 Payroll Deduction: (10.42- /2/Month)

SUBTOTAL of Receipts This Page (optional) ► 1570.54
TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 12 / 89

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Robert Bremer

Mailing Address 6004 Glen Abbey Dr.

City State Zip Code
Glen Allen VA 23059

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One VP, Information Technology

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 600.00

Date of Receipt
MM / DD / YYYY
07 / 15 / 2009

Transaction ID: 00104.C100045

Amount of Each Receipt this Period
300.00

Receipt
Payroll Deduction: (25.00-
/2/Month)

B.

Full Name (Last, First, Middle Initial)
Elisabeth Bresee

Mailing Address 1027 Millwood Road

City State Zip Code
Great Falls VA 22066

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Mvp, Sr Assoc Gen Cnsl-policy

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 750.00

Date of Receipt
MM / DD / YYYY
07 / 15 / 2009

Transaction ID: 00104.C100122

Amount of Each Receipt this Period
375.00

Receipt
Payroll Deduction: (31.25-
/2/Month)

C.

Full Name (Last, First, Middle Initial)
James Brown

Mailing Address 1820 Kalorama Road, Nw
#1

City State Zip Code
Washington DC 20009

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Sr. Director, Govt Relations

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 1200.00

Date of Receipt
MM / DD / YYYY
07 / 15 / 2009

Transaction ID: 00104.C100022

Amount of Each Receipt this Period
600.00

Receipt
Payroll Deduction: (50.00-
/2/Month)

SUBTOTAL of Receipts This Page (optional)

1275.00

TOTAL This Period (last page this line number only)

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 13 / 89
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
James Burrows
Mailing Address 2224 Yellowstone Park Lane
City State Zip Code
Corinth TX 76210
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Sr Operations Analysis Manager
Receipt For: Primary General Other (specify) ▼ Aggregate Year-to-Date ▼ 240.00
Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100081
Amount of Each Receipt this Period 120.00
Receipt
Payroll Deduction: (10.00- /2/Month)

B. Full Name (Last, First, Middle Initial)
Edward Cahill
Mailing Address 11401 Scotsglen Ct.
City State Zip Code
Glen Allen VA 23059
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Vp, Credit Review
Receipt For: Primary General Other (specify) ▼ Aggregate Year-to-Date ▼ 2004.00
Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100125
Amount of Each Receipt this Period 1002.00
Receipt
Payroll Deduction: (83.50- /2/Month)

C. Full Name (Last, First, Middle Initial)
Joseph Caruso
Mailing Address 1609 Colapissa Street
City State Zip Code
Metairie LA 70001
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation VP, Audit
Receipt For: Primary General Other (specify) ▼ Aggregate Year-to-Date ▼ 1142.40
Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100289
Amount of Each Receipt this Period 571.20
Receipt
Payroll Deduction: (47.60- /2/Month)

SUBTOTAL of Receipts This Page (optional) ► 1693.20
TOTAL This Period (last page this line number only) ►

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 14 / 89

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Mark Cauwels

Mailing Address 3035 Creekview Dr

City State Zip Code
Grapevine TX 76051

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Sr. Director, IT

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 666.72

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100132

Amount of Each Receipt this Period

333.36

Receipt

Payroll Deduction: (27.78-
/2/Month)

B.

Full Name (Last, First, Middle Initial)
William Cilluffo

Mailing Address 155 Alexandra Blvd
US Citizen

City State Zip Code
Toronto ON M4R 1-M3

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One SVP, Business Analysis

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 3000.00

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100032

Amount of Each Receipt this Period

1500.00

Receipt

Payroll Deduction: (125.0-
0/2/Month)

C.

Full Name (Last, First, Middle Initial)
Kenneth Cirillo

Mailing Address 418 Weston Way

City State Zip Code
Richmond VA 23238

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Vp, Executive Coaching

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 600.00

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100037

Amount of Each Receipt this Period

300.00

Receipt

Payroll Deduction: (25.00-
/2/Month)

SUBTOTAL of Receipts This Page (optional)

2133.36

TOTAL This Period (last page this line number only)

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 15 / 89
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Kathy Collier
 Mailing Address 16118 Mabry Mill Drive
 City State Zip Code
 Midlothian VA 23113
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation VP, Business Analysis
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 1200.00
 Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100026
 Amount of Each Receipt this Period 600.00
 Receipt
 Payroll Deduction: (50.00- /2/Month)

B. Full Name (Last, First, Middle Initial)
Robert Degenhardt
 Mailing Address 9207 Hartley Hill Ct
 City State Zip Code
 Glen Allen VA 23060
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Director, Process Management
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 696.00
 Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100105
 Amount of Each Receipt this Period 348.00
 Receipt
 Payroll Deduction: (29.00- /2/Month)

C. Full Name (Last, First, Middle Initial)
Steven Deluca
 Mailing Address 3201 Seminary Avenue
 City State Zip Code
 Richmond VA 23227
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Director, Government Relations
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 499.92
 Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100087
 Amount of Each Receipt this Period 249.96
 Receipt
 Payroll Deduction: (20.83- /2/Month)

SUBTOTAL of Receipts This Page (optional) ► 1197.96
TOTAL This Period (last page this line number only) ►

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 16 / 89

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Samir Deshpande

Mailing Address 6331 Aberdeen Avenue

City State Zip Code
Dallas TX 75230

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Svp, Coaf

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 3000.00

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100101

Amount of Each Receipt this Period

1500.00

Receipt

Payroll Deduction: (125.0-0/2/Month)

B.

Full Name (Last, First, Middle Initial)
Michael Dobbins

Mailing Address 4507 35th Street North

City State Zip Code
Arlington VA 22207

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Svp, Business Analysis (bank)

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 3000.00

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100140

Amount of Each Receipt this Period

1500.00

Receipt

Payroll Deduction: (125.0-0/2/Month)

C.

Full Name (Last, First, Middle Initial)
Brian Donohue

Mailing Address 1325 Marble Falls Drive

City State Zip Code
Allen TX 75013

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Sr Director, Ops Anlsis (bank)

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 240.00

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100069

Amount of Each Receipt this Period

120.00

Receipt

Payroll Deduction: (10.00-1/2/Month)

SUBTOTAL of Receipts This Page (optional)

3120.00

TOTAL This Period (last page this line number only)

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 17 / 89
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Anthony Dunbar
Mailing Address 5015 Camp Street
City State Zip Code
New Orleans LA 70115
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Sr Director, Assoc Gen. Counsel
Receipt For: Primary General Other (specify) ▼ Aggregate Year-to-Date ▼ 600.00
Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100158
Amount of Each Receipt this Period 300.00
Receipt
Payroll Deduction: (25.00- /2/Month)

B. Full Name (Last, First, Middle Initial)
Howard Easter
Mailing Address 19281 Oakwood Lane
City State Zip Code
Jetersville VA 23083
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Director, Process Management
Receipt For: Primary General Other (specify) ▼ Aggregate Year-to-Date ▼ 799.92
Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100040
Amount of Each Receipt this Period 399.96
Receipt
Payroll Deduction: (33.33- /2/Month)

C. Full Name (Last, First, Middle Initial)
Frank Eck
Mailing Address 47272 Ox Bow Circle
City State Zip Code
Potomac Falls VA 20165
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Sr Director, Assoc Gen. Counsel
Receipt For: Primary General Other (specify) ▼ Aggregate Year-to-Date ▼ 504.00
Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100127
Amount of Each Receipt this Period 252.00
Receipt
Payroll Deduction: (21.00- /2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ 951.96
TOTAL This Period (last page this line number only) ▶

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 18 / 89

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Robin Elder

Mailing Address 11136 Great Meadows Drive

City State Zip Code
Mechanicsville VA 23116

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Vp, Enterprise Risk Mgt (bank)

Receipt For: Aggregate Year-to-Date
 Primary General
 Other (specify) ▼ 480.00

Date of Receipt
MM / DD / YYYY
07 / 15 / 2009

Transaction ID: 00104.C100121

Amount of Each Receipt this Period
240.00

Receipt
Payroll Deduction: (20.00-
/2/Month)

B.

Full Name (Last, First, Middle Initial)
James Evans

Mailing Address 105 N. Erlwood Court

City State Zip Code
Richmond VA 23229

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Mvp, Operations

Receipt For: Aggregate Year-to-Date
 Primary General
 Other (specify) ▼ 2400.00

Date of Receipt
MM / DD / YYYY
07 / 15 / 2009

Transaction ID: 00104.C100114

Amount of Each Receipt this Period
1200.00

Receipt
Payroll Deduction: (100.0-
0/2/Month)

C.

Full Name (Last, First, Middle Initial)
Donna Exnicios

Mailing Address 1429 New York St

City State Zip Code
New Orleans LA 70122

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Dir. Of Branch Systems Support

Receipt For: Aggregate Year-to-Date
 Primary General
 Other (specify) ▼ 240.00

Date of Receipt
MM / DD / YYYY
07 / 15 / 2009

Transaction ID: 00104.C100358

Amount of Each Receipt this Period
120.00

Receipt
Payroll Deduction: (10.00-
/2/Month)

SUBTOTAL of Receipts This Page (optional)

1560.00

TOTAL This Period (last page this line number only)

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 19 / 89
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Brian Fairbank

Mailing Address 1403 Langley Place

City State Zip Code
Mclean VA 22101

FEC ID number of contributing federal political committee. **C**

Name of Employer Student Occupation Stockholder

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 5000.00

Date of Receipt: 10 / 09 / 2009
Transaction ID: 00104.C101299
Amount of Each Receipt this Period: 5000.00
Receipt

B. Full Name (Last, First, Middle Initial)
Carl Fairbank

Mailing Address 819 Whann Ave

City State Zip Code
Mc Lean VA 22101-1535

FEC ID number of contributing federal political committee. **C**

Name of Employer Student Occupation Stockholder

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 5000.00

Date of Receipt: 10 / 09 / 2009
Transaction ID: 00104.C101298
Amount of Each Receipt this Period: 5000.00
Receipt

C. Full Name (Last, First, Middle Initial)
Christine Fairbank

Mailing Address 1403 Langley Place

City State Zip Code
Mclean VA 22102

FEC ID number of contributing federal political committee. **C**

Name of Employer Homemaker Occupation Stockholder

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 5000.00

Date of Receipt: 10 / 09 / 2009
Transaction ID: 00104.C101297
Amount of Each Receipt this Period: 5000.00
Receipt

SUBTOTAL of Receipts This Page (optional) ► 15000.00

TOTAL This Period (last page this line number only) ►

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 20 / 89

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Melissa Fairbank

Mailing Address 1403 Langley Place

City	State	Zip Code
Mclean	VA	22101

FEC ID number of contributing federal political committee. **C**

Name of Employer Student	Occupation Stockholder
-----------------------------	---------------------------

Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 5000.00
---	-------------------------------------

Date of Receipt

M M / D D / Y Y Y Y Y
1 0 / 0 9 / 2 0 0 9

Transaction ID: 00104.C101296

Amount of Each Receipt this Period

5000.00

Receipt

B.

Full Name (Last, First, Middle Initial)
Richard Fairbank

Mailing Address 1403 Langley Place

City	State	Zip Code
Mclean	VA	22101

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One	Occupation Chairman/CEO
---------------------------------	----------------------------

Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 5000.00
---	-------------------------------------

Date of Receipt

M M / D D / Y Y Y Y Y
1 0 / 0 9 / 2 0 0 9

Transaction ID: 00104.C101295

Amount of Each Receipt this Period

5000.00

Receipt

C.

Full Name (Last, First, Middle Initial)
Ellen Falbo

Mailing Address 3818 24th St. N

City	State	Zip Code
Arlington	VA	22207

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One	Occupation VP, Business Analysis
---------------------------------	-------------------------------------

Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 1500.00
---	-------------------------------------

Date of Receipt

M M / D D / Y Y Y Y Y
0 7 / 1 5 / 2 0 0 9

Transaction ID: 00104.C100082

Amount of Each Receipt this Period

750.00

Receipt

Payroll Deduction: (62.50-
/2/Month)

SUBTOTAL of Receipts This Page (optional)

10750.00

TOTAL This Period (last page this line number only)

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 21 / 89

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)

Nancy Ferguson

Mailing Address 4108 Veneto Dr

City State Zip Code
Frisco TX 75034

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One VP, Chief Counsel

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 2118.00

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100117

Amount of Each Receipt this Period

1059.00

Receipt

Payroll Deduction: (88.25-
/2/Month)

B.

Full Name (Last, First, Middle Initial)

Mark Ferris

Mailing Address 3807 N Fitzgerald Ct

City State Zip Code
Missouri City TX 77459

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Trust Regional Manager

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 240.00

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100182

Amount of Each Receipt this Period

120.00

Receipt

Payroll Deduction: (10.00-
/2/Month)

C.

Full Name (Last, First, Middle Initial)

Jerry Fiala

Mailing Address 6100 Olde Hartley Place

City State Zip Code
Glen Allen VA 23060

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One VP, Business Analysis

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 1500.00

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100070

Amount of Each Receipt this Period

750.00

Receipt

Payroll Deduction: (62.50-
/2/Month)

SUBTOTAL of Receipts This Page (optional)

1929.00

TOTAL This Period (last page this line number only)

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 22 / 89
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
F. David Foster

Mailing Address 1914 Buffalo Creek Rd

City State Zip Code
Crozier VA 23039

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Port Mgmt & Anltcs Officer Iii

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 499.92

Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100061
Amount of Each Receipt this Period 249.96
Receipt
Payroll Deduction: (20.83- /2/Month)

B. Full Name (Last, First, Middle Initial)
William Galloway

Mailing Address 519 English Turn Drive

City State Zip Code
New Orleans LA 70131

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Bus Bnkg Sr Mrket Credit Exec

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 1010.64

Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100291
Amount of Each Receipt this Period 505.32
Receipt
Payroll Deduction: (42.11- /2/Month)

C. Full Name (Last, First, Middle Initial)
Stephen Gannon

Mailing Address 8907 Tolman Rd.

City State Zip Code
Richmond VA 23229

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation EVP, Deputy General Counsel

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 4999.92

Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100021
Amount of Each Receipt this Period 2499.96
Receipt
Payroll Deduction: (208.3- 3/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ **3255.24**

TOTAL This Period (last page this line number only) ▶

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 23 / 89
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12	
	<input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Harvey Gantz		Date of Receipt
	Mailing Address 2944 Gracefield Rd		<input type="text" value="07"/> / <input type="text" value="15"/> / <input type="text" value="2009"/>
	City	State	Zip Code
	Silver Spring	MD	20904
	FEC ID number of contributing federal political committee. C		Transaction ID: 00104.C100123
Name of Employer Capital One		Occupation Director, Compliance	Amount of Each Receipt this Period
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼ <input type="text" value="900.00"/>	<input type="text" value="450.00"/>
			Receipt
			Payroll Deduction: (37.50- /2/Month)

B.	Full Name (Last, First, Middle Initial) Patrick Gemell		Date of Receipt
	Mailing Address 213 Culpeper Road		<input type="text" value="07"/> / <input type="text" value="15"/> / <input type="text" value="2009"/>
	City	State	Zip Code
	Richmond	VA	23229
	FEC ID number of contributing federal political committee. C		Transaction ID: 00104.C100078
Name of Employer Capital One		Occupation VP, Operations	Amount of Each Receipt this Period
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼ <input type="text" value="420.00"/>	<input type="text" value="252.00"/>
			Receipt
			Payroll Deduction: (21.00- /2/Month)

C.	Full Name (Last, First, Middle Initial) Stephanie Goldfine		Date of Receipt
	Mailing Address 3729 Van Ness Street, NW		<input type="text" value="11"/> / <input type="text" value="10"/> / <input type="text" value="2009"/>
	City	State	Zip Code
	Washington	DC	20016
	FEC ID number of contributing federal political committee. C		Transaction ID: 00104.C102140
Name of Employer Capital One		Occupation Sr Director, Assoc Gen. Counsel	Amount of Each Receipt this Period
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼ <input type="text" value="800.00"/>	<input type="text" value="800.00"/>
			Receipt

SUBTOTAL of Receipts This Page (optional)	<input type="text" value="1502.00"/>
TOTAL This Period (last page this line number only)	<input type="text"/>

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 24 / 89
(check only one)

<input checked="" type="checkbox"/>	11a	<input type="checkbox"/>	11b	<input type="checkbox"/>	11c	<input type="checkbox"/>	12	<input type="checkbox"/>	13	<input type="checkbox"/>	14	<input type="checkbox"/>	15	<input type="checkbox"/>	16	<input type="checkbox"/>	17
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Any information copied from such Reports and Statements may not be sold or used by any person for the purpose of soliciting contributions or for commercial purposes, other than using the name and address of any political committee to solicit contributions from such committee.

NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Kevin Goldstein

Mailing Address 13248 Barwick Lane

City Richmond State VA Zip Code 23233

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation SVP, Business Analysis

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 291.62

Date of Receipt 09 / 30 / 2009

Transaction ID: 00104.C100970

Amount of Each Receipt this Period 291.62

Receipt

Payroll Deduction: (41.66- /2/Month)

B.

Full Name (Last, First, Middle Initial)
David Gordon

Mailing Address 1602 Swansbury Dr

City Richmond State VA Zip Code 23238

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Mvp, It

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 1500.00

Date of Receipt 07 / 15 / 2009

Transaction ID: 00104.C100104

Amount of Each Receipt this Period 750.00

Receipt

Payroll Deduction: (62.50- /2/Month)

C.

Full Name (Last, First, Middle Initial)
Thomas Govan

Mailing Address 2317 Laurelwood Drive

City Baton Rouge State LA Zip Code 70816

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation RELATIONSHIP MANAGER III

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 1080.00

Date of Receipt 07 / 15 / 2009

Transaction ID: 00104.C100393

Amount of Each Receipt this Period 540.00

Receipt

Payroll Deduction: (45.00- /2/Month)

SUBTOTAL of Receipts This Page (optional) ► 1581.62

TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 25 / 89
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12	
	<input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

Any information copied from such Reports and Statements may not be sold or used by any person for the purpose of soliciting contributions or for commercial purposes, other than using the name and address of any political committee to solicit contributions from such committee.

NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Sarah Gravitt-baese	Date of Receipt MM / DD / YYYY 07 / 15 / 2009
	Mailing Address 4316 Cutshaw Ave.	Transaction ID: 00104.C100079
	City Richmond State VA Zip Code 23230	Amount of Each Receipt this Period 876.00
	FEC ID number of contributing federal political committee. C	Receipt Payroll Deduction: (73.00- /2/Month)
Name of Employer Capital One Occupation Vp, Brand Lob Consulting	Aggregate Year-to-Date ▼ 1752.00	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		

B.	Full Name (Last, First, Middle Initial) Robert Gregory	Date of Receipt MM / DD / YYYY 07 / 15 / 2009
	Mailing Address 7121 Buckley Ct	Transaction ID: 00104.C100085
	City Mechanicsville State VA Zip Code 23111	Amount of Each Receipt this Period 120.00
	FEC ID number of contributing federal political committee. C	Receipt Payroll Deduction: (10.00- /2/Month)
Name of Employer Capital One Occupation Sr. Manager, Relationship Mgt	Aggregate Year-to-Date ▼ 240.00	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		

C.	Full Name (Last, First, Middle Initial) Christine Hales	Date of Receipt MM / DD / YYYY 09 / 04 / 2009
	Mailing Address 6012 Arbor View Terrace	Transaction ID: 00104.C100448
	City Chester State VA Zip Code 23831	Amount of Each Receipt this Period 250.00
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One Occupation IT Group Manager	Aggregate Year-to-Date ▼ 250.00	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		

SUBTOTAL of Receipts This Page (optional)	▶	1246.00
TOTAL This Period (last page this line number only)	▶	

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 26 / 89
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12	
	<input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) John Heyel	Date of Receipt MM / DD / YYYY 07 / 15 / 2009
	Mailing Address 10624 Sherwin Pl.	Transaction ID: 00104.C100074
	City State Zip Code Glen Allen VA 23059	Amount of Each Receipt this Period 399.96
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation Director, Financial Management	Payroll Deduction: (33.33- /2/Month)
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 799.92	

B.	Full Name (Last, First, Middle Initial) Christa Hokenson	Date of Receipt MM / DD / YYYY 07 / 15 / 2009
	Mailing Address 7103 Holyrood Drive	Transaction ID: 00104.C100052
	City State Zip Code Mclean VA 22101	Amount of Each Receipt this Period 1058.88
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation Vp, Compensation	Payroll Deduction: (88.24- /2/Month)
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 2117.76	

C.	Full Name (Last, First, Middle Initial) Peter Horst	Date of Receipt MM / DD / YYYY 07 / 15 / 2009
	Mailing Address 1439 Oakview Drive	Transaction ID: 00104.C100128
	City State Zip Code Mclean VA 22101	Amount of Each Receipt this Period 360.00
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation Svp, Brand Strategy	Payroll Deduction: (30.00- /2/Month)
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 720.00	

SUBTOTAL of Receipts This Page (optional)	1818.84
TOTAL This Period (last page this line number only)	

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 27 / 89
(check only one)

<input checked="" type="checkbox"/>	11a	<input type="checkbox"/>	11b	<input type="checkbox"/>	11c	<input type="checkbox"/>	12	<input type="checkbox"/>	13	<input type="checkbox"/>	14	<input type="checkbox"/>	15	<input type="checkbox"/>	16	<input type="checkbox"/>	17
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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Kathryn Hu

Mailing Address 1958 N Cleveland St

City State Zip Code
Arlington VA 22201-4186

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Associate General Counsel

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 750.00

Date of Receipt
M M / D D / Y Y Y Y Y
09 / 22 / 2009

Transaction ID: 00104.C100871

Amount of Each Receipt this Period
750.00

Receipt

B.

Full Name (Last, First, Middle Initial)
Lindi Huynh

Mailing Address 2219 Cactus Finch

City State Zip Code
Katy TX 77494

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation District Manager II

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 480.00

Date of Receipt
M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100020

Amount of Each Receipt this Period
240.00

Receipt

Payroll Deduction: (20.00-
/2/Month)

C.

Full Name (Last, First, Middle Initial)
Troy Jamison

Mailing Address 12909 Holmbank Lane

City State Zip Code
Richmond VA 23233

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation VP, Business Analysis

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 495.00

Date of Receipt
M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100034

Amount of Each Receipt this Period
240.00

Receipt

Payroll Deduction: (20.00-
/2/Month)

SUBTOTAL of Receipts This Page (optional) ► **1230.00**

TOTAL This Period (last page this line number only) ►

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 28 / 89

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Sharon Johnson

Mailing Address 1807 Vance Place

City State Zip Code
Vienna VA 22182

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Sr Director, Assoc Gen. Counsel

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 648.00

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100118

Amount of Each Receipt this Period

324.00

Receipt

Payroll Deduction: (27.00- /2/Month)

B.

Full Name (Last, First, Middle Initial)
Todd Kennedy

Mailing Address 400 Massachusetts Ave Nw
Apt 1119

City State Zip Code
Washington DC 20001

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Mvp, Business Analysis

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 1750.08

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100042

Amount of Each Receipt this Period

875.04

Receipt

Payroll Deduction: (72.92- /2/Month)

C.

Full Name (Last, First, Middle Initial)
Frederick Knowles

Mailing Address 6304 Avalon Dr

City State Zip Code
Bethesda MD 20816

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Svp, Hr Consulting, Comp&ben

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 3000.00

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100113

Amount of Each Receipt this Period

1500.00

Receipt

Payroll Deduction: (125.0- 0/2/Month)

SUBTOTAL of Receipts This Page (optional)

2699.04

TOTAL This Period (last page this line number only)

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 29 / 89
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Robert Kottler
Mailing Address P.o. Box 100699
City Arlington State VA Zip Code 22210
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Svp, Small Business Banking
Receipt For: Primary General Other (specify) ▼ Aggregate Year-to-Date ▼ 115.00
Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100166
Amount of Each Receipt this Period 55.00
Receipt
Payroll Deduction: (5.00/-2/Month)

B. Full Name (Last, First, Middle Initial)
Robert Kottler
Mailing Address P.o. Box 100699
City Arlington State VA Zip Code 22210
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Svp, Small Business Banking
Receipt For: Primary General Other (specify) ▼ Aggregate Year-to-Date ▼ 240.00
Date of Receipt 12 / 31 / 2009
Transaction ID: 00104.C103143
Amount of Each Receipt this Period 125.00
Receipt
Payroll Deduction: (125.0-0/2/Month)

C. Full Name (Last, First, Middle Initial)
Douglas Krey
Mailing Address 2032 Monument Ave
City Richmond State VA Zip Code 23220
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Svp, Hr Operations
Receipt For: Primary General Other (specify) ▼ Aggregate Year-to-Date ▼ 1875.00
Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C98819
Amount of Each Receipt this Period 375.00
Receipt
Payroll Deduction: (125.0-0/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ 555.00
TOTAL This Period (last page this line number only) ▶

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 30 / 89
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Frank Laprade
 Mailing Address 1680 Capital One
 City State Zip Code
 Mclean VA 22102
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation EVP, Chief of Staff
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 3000.00
 Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100038
 Amount of Each Receipt this Period 1500.00
 Receipt
 Payroll Deduction: (125.0-0/2/Month)

B. Full Name (Last, First, Middle Initial)
Minh-duc Le
 Mailing Address 2100 Lee Hwy Apt 410
 City State Zip Code
 Arlington VA 22201
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Director, Asst General Counsel
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 499.92
 Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100017
 Amount of Each Receipt this Period 249.96
 Receipt
 Payroll Deduction: (20.83-/2/Month)

C. Full Name (Last, First, Middle Initial)
Stephen Linehan
 Mailing Address 5701 Little Spring
 City State Zip Code
 Derwood MD 20855
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation EVP, Treasurer
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 2400.00
 Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100056
 Amount of Each Receipt this Period 1200.00
 Receipt
 Payroll Deduction: (100.0-0/2/Month)

SUBTOTAL of Receipts This Page (optional) ► 2949.96
TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 31 / 89
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Marcelin Lovismartin

Mailing Address 11236 Prescott PI

City State Zip Code
Glen Allen VA 23059

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Database Admin, Senior (bank)

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 240.00

Date of Receipt: 07 / 15 / 2009
Transaction ID: 00104.C100076
Amount of Each Receipt this Period: 120.00
Receipt
Payroll Deduction: (10.00- /2/Month)

B. Full Name (Last, First, Middle Initial)
Wayne Lutz

Mailing Address 10988 Elmont Woods Drive

City State Zip Code
Glen Allen VA 23059

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Outsourcing Manager

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 360.00

Date of Receipt: 07 / 15 / 2009
Transaction ID: 00104.C100091
Amount of Each Receipt this Period: 180.00
Receipt
Payroll Deduction: (15.00- /2/Month)

C. Full Name (Last, First, Middle Initial)
Lance Mangum

Mailing Address 539 Quincy Street, Nw

City State Zip Code
Washington DC 20011

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Sr. Manager, Govt Relations

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 672.00

Date of Receipt: 07 / 15 / 2009
Transaction ID: 00104.C100142
Amount of Each Receipt this Period: 336.00
Receipt
Payroll Deduction: (28.00- /2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ **636.00**

TOTAL This Period (last page this line number only) ▶

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 32 / 89
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Joel Martinez
Mailing Address 5248 Scotsglen Dr
City State Zip Code
Glen Allen VA 23059
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Vp, Hr Consulting
Receipt For: Primary General Other (specify) ▼ Aggregate Year-to-Date ▼ 600.00
Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100119
Amount of Each Receipt this Period 300.00
Receipt
Payroll Deduction: (25.00- /2/Month)

B. Full Name (Last, First, Middle Initial)
Alan Mcleaf
Mailing Address 704 Sleepy Hollow Road
City State Zip Code
Richmond VA 23229
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Manager, Project Management
Receipt For: Primary General Other (specify) ▼ Aggregate Year-to-Date ▼ 360.00
Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100098
Amount of Each Receipt this Period 180.00
Receipt
Payroll Deduction: (15.00- /2/Month)

C. Full Name (Last, First, Middle Initial)
John Mccullen
Mailing Address 6892 Turnage Ln
City State Zip Code
Mechanicsville VA 23111
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Director, Project Management
Receipt For: Primary General Other (specify) ▼ Aggregate Year-to-Date ▼ 1200.00
Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100067
Amount of Each Receipt this Period 600.00
Receipt
Payroll Deduction: (50.00- /2/Month)

SUBTOTAL of Receipts This Page (optional) ► 1080.00
TOTAL This Period (last page this line number only) ►

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 33 / 89
(check only one)

<input checked="" type="checkbox"/>	11a	<input type="checkbox"/>	11b	<input type="checkbox"/>	11c	<input type="checkbox"/>	12
<input type="checkbox"/>	13	<input type="checkbox"/>	14	<input type="checkbox"/>	15	<input type="checkbox"/>	16
							17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial) William Mcdonald		Date of Receipt MM / DD / YYYY 07 / 15 / 2009
Mailing Address 4390 East Perry Parkway		Transaction ID: 00104.C100066
City Greenwood Village	State CO	Zip Code 80121
FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 2499.96
Name of Employer Capital One	Occupation Evp, Brand Marketing	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 4999.92	Payroll Deduction: (208.3-3/2/Month)

B.

Full Name (Last, First, Middle Initial) Melissa Mcsherry		Date of Receipt MM / DD / YYYY 07 / 15 / 2009
Mailing Address 1810 N. Kenmore		Transaction ID: 00104.C100120
City Arlington	State VA	Zip Code 22207
FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 750.00
Name of Employer Capital One	Occupation Mvp, Business Analysis	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 1500.00	Payroll Deduction: (62.50-1/2/Month)

C.

Full Name (Last, First, Middle Initial) James Mendelsohn		Date of Receipt MM / DD / YYYY 07 / 15 / 2009
Mailing Address 8021 Falstaff Rd		Transaction ID: 00104.C100071
City Mclean	State VA	Zip Code 22102
FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 750.00
Name of Employer Capital One	Occupation Vp, Strategy-mrkt Research	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 1500.00	Payroll Deduction: (62.50-1/2/Month)

SUBTOTAL of Receipts This Page (optional)	3999.96
TOTAL This Period (last page this line number only)	

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 34 / 89

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Jerry Miller

Mailing Address 3020 Darnley Drive

City State Zip Code
Richmond VA 23235

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Sr. Manager, Procurement

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 840.00

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100099

Amount of Each Receipt this Period

420.00

Receipt

Payroll Deduction: (35.00-
/2/Month)

B.

Full Name (Last, First, Middle Initial)
Sandra Miller

Mailing Address 4122 Broad Street Road

City State Zip Code
Gum Spring VA 23065

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Sr. Director, Project Mgt

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 499.92

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100102

Amount of Each Receipt this Period

249.96

Receipt

Payroll Deduction: (20.83-
/2/Month)

C.

Full Name (Last, First, Middle Initial)
Victoria Mirandah

Mailing Address 11600 Aprilbud Drive

City State Zip Code
Richmond VA 23233

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Sr. Director, Hr

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 799.92

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100058

Amount of Each Receipt this Period

399.96

Receipt

Payroll Deduction: (33.33-
/2/Month)

SUBTOTAL of Receipts This Page (optional)

1069.92

TOTAL This Period (last page this line number only)

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 35 / 89
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Joseph Morgan
Mailing Address 703 Big Woods Place
City State Zip Code
Mankin Sabot VA 23103
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Vp, Enterprise Topm
Receipt For: Primary General Other (specify) ▼ Aggregate Year-to-Date ▼ 1500.00
Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100036
Amount of Each Receipt this Period 750.00
Receipt
Payroll Deduction: (62.50- /2/Month)

B. Full Name (Last, First, Middle Initial)
Daniel Mortensen
Mailing Address 9515 Carterwood Ct
City State Zip Code
Richmond VA 23229
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Svp, Corporate Real Estate
Receipt For: Primary General Other (specify) ▼ Aggregate Year-to-Date ▼ 3400.00
Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100047
Amount of Each Receipt this Period 1800.00
Receipt
Payroll Deduction: (150.0- 0/2/Month)

C. Full Name (Last, First, Middle Initial)
Kevin Murray
Mailing Address 6003 Woodley Rd.
City State Zip Code
Mclean VA 22101
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Svp, Regulatory Relations
Receipt For: Primary General Other (specify) ▼ Aggregate Year-to-Date ▼ 3000.00
Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100093
Amount of Each Receipt this Period 1500.00
Receipt
Payroll Deduction: (125.0- 0/2/Month)

SUBTOTAL of Receipts This Page (optional) ► 4050.00
TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 36 / 89
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12	
	<input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Andres Navarrete		Date of Receipt MM / DD / YYYY 07 / 15 / 2009
	Mailing Address 5613 Wood Way		Transaction ID: 00104.C100090
	City Bethesda	State MD	Zip Code 20816
	FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 818.40
	Name of Employer Capital One	Occupation Svp, Chief Counsel	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼ 1636.80	Payroll Deduction: (68.20- /2/Month)

B.	Full Name (Last, First, Middle Initial) Eric Nelson		Date of Receipt MM / DD / YYYY 07 / 15 / 2009
	Mailing Address 100 Berkshire Road		Transaction ID: 00104.C100024
	City Richmond	State VA	Zip Code 23221
	FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 150.00
	Name of Employer Capital One	Occupation Mvp, Operations	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼ 510.00	Payroll Deduction: (30.00- /2/Month)

C.	Full Name (Last, First, Middle Initial) Richard Olson		Date of Receipt MM / DD / YYYY 07 / 15 / 2009
	Mailing Address 1608 Crestwood Lane		Transaction ID: 00104.C100075
	City Mclean	State VA	Zip Code 22101
	FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 1200.00
	Name of Employer Capital One	Occupation Director, Government Relations	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼ 2400.00	Payroll Deduction: (100.0- 0/2/Month)

SUBTOTAL of Receipts This Page (optional)	▶	2168.40
TOTAL This Period (last page this line number only)	▶	

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 37 / 89

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Sarah Olthoff

Mailing Address 3000 Springhill Ave

City State Zip Code
Richmond VA 23225

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Director, Compliance

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 499.92

Date of Receipt

M M / D D / Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100073

Amount of Each Receipt this Period

249.96

Receipt

Payroll Deduction: (20.83-
/2/Month)

B.

Full Name (Last, First, Middle Initial)
Frederick Ortte

Mailing Address 317 Hwy 20

City State Zip Code
Thibodaux LA 70301

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One District Manager II

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 240.00

Date of Receipt

M M / D D / Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100386

Amount of Each Receipt this Period

120.00

Receipt

Payroll Deduction: (10.00-
/2/Month)

C.

Full Name (Last, First, Middle Initial)
Carlton Palmer

Mailing Address 810 Creekline Way

City State Zip Code
Mckinney TX 75070

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One VP, Audit

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 480.00

Date of Receipt

M M / D D / Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100049

Amount of Each Receipt this Period

240.00

Receipt

Payroll Deduction: (20.00-
/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶

609.96

TOTAL This Period (last page this line number only) ▶

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 38 / 89

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Kerri Palmer

Mailing Address 1001 Sir Lancelot Cir

City State Zip Code
Lewisville TX 75056

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Vp, Financial Services

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 1999.92

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100108

Amount of Each Receipt this Period

999.96

Receipt

Payroll Deduction: (83.33-
/2/Month)

B.

Full Name (Last, First, Middle Initial)
Edward Paraiso

Mailing Address 11068 Old Millrace Terrace

City State Zip Code
Glen Allen VA 23059

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Director, Process Management

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 240.00

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100062

Amount of Each Receipt this Period

120.00

Receipt

Payroll Deduction: (10.00-
/2/Month)

C.

Full Name (Last, First, Middle Initial)
Patricia Patrick

Mailing Address 2900 Cottage Cove Dr.

City State Zip Code
Henrico VA 23233

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Director, Audit Specialist

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 480.00

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100016

Amount of Each Receipt this Period

240.00

Receipt

Payroll Deduction: (20.00-
/2/Month)

SUBTOTAL of Receipts This Page (optional)

1359.96

TOTAL This Period (last page this line number only)

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 39 / 89

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Christopher Peak

Mailing Address 2 Kentbury Way

City State Zip Code
Bethesda MD 20814

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Director, Asst General Counsel

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 799.92

Date of Receipt
MM / DD / YYYY
07 / 15 / 2009

Transaction ID: 00104.C100019

Amount of Each Receipt this Period

399.96

Receipt

Payroll Deduction: (33.33-
/2/Month)

B.

Full Name (Last, First, Middle Initial)
Terren Peterson

Mailing Address 3712 Sovereign Lane

City State Zip Code
Richmond VA 23233-7627

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Sr. Director, IT

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 1008.00

Date of Receipt
MM / DD / YYYY
07 / 15 / 2009

Transaction ID: 00104.C100103

Amount of Each Receipt this Period

504.00

Receipt

Payroll Deduction: (42.00-
/2/Month)

C.

Full Name (Last, First, Middle Initial)
Douglas Pick

Mailing Address 883 Dogwood Dell Lane

City State Zip Code
Midlothian VA 23113

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One VP, Project Management

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 1500.00

Date of Receipt
MM / DD / YYYY
07 / 15 / 2009

Transaction ID: 00104.C100057

Amount of Each Receipt this Period

750.00

Receipt

Payroll Deduction: (62.50-
/2/Month)

SUBTOTAL of Receipts This Page (optional)

1653.96

TOTAL This Period (last page this line number only)

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 40 / 89

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Lynn Pike

Mailing Address 47 Murray Street
Penthouse

City State Zip Code
New York NY 10007

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation PRESIDENT, BANKING

Receipt For: Primary General Other (specify) Aggregate Year-to-Date 4999.92

Date of Receipt
MM / DD / YYYY
07 / 15 / 2009

Transaction ID: 00104.C100018

Amount of Each Receipt this Period
2499.96

Receipt
Payroll Deduction: (208.3-3/2/Month)

B.

Full Name (Last, First, Middle Initial)
Jason Pletcher

Mailing Address 4808 Moorland Lane
Unit 905

City State Zip Code
Bethesda MD 20814

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Sr Business Director (bank)

Receipt For: Primary General Other (specify) Aggregate Year-to-Date 360.00

Date of Receipt
MM / DD / YYYY
07 / 15 / 2009

Transaction ID: 00104.C100116

Amount of Each Receipt this Period
180.00

Receipt
Payroll Deduction: (15.00-1/2/Month)

C.

Full Name (Last, First, Middle Initial)
John Polk

Mailing Address 11709 Aprilbud Dr

City State Zip Code
Richmond VA 23233

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Sr. Director, Ops Analysis

Receipt For: Primary General Other (specify) Aggregate Year-to-Date 1008.00

Date of Receipt
MM / DD / YYYY
07 / 15 / 2009

Transaction ID: 00104.C100050

Amount of Each Receipt this Period
504.00

Receipt
Payroll Deduction: (42.00-1/2/Month)

SUBTOTAL of Receipts This Page (optional)

3183.96

TOTAL This Period (last page this line number only)

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 41 / 89
	<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b
	<input type="checkbox"/> 13	<input type="checkbox"/> 14
	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
	<input type="checkbox"/> 15	<input type="checkbox"/> 16
	<input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Thomas Poole	Date of Receipt MM / DD / YYYY 07 / 15 / 2009
	Mailing Address 13799 Necklace Court	Transaction ID: 00104.C100080
	City State Zip Code Chantilly VA 20151	Amount of Each Receipt this Period 372.00
	FEC ID number of contributing federal political committee. C	Receipt Payroll Deduction: (31.00- /2/Month)
Name of Employer Capital One	Occupation Mvp, Business Analysis	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 744.00	

B.	Full Name (Last, First, Middle Initial) Bradley Rebel	Date of Receipt MM / DD / YYYY 07 / 15 / 2009
	Mailing Address 900 Railey Hill Court	Transaction ID: 00104.C100144
	City State Zip Code Midlothian VA 23114	Amount of Each Receipt this Period 375.00
	FEC ID number of contributing federal political committee. C	Receipt Payroll Deduction: (31.25- /2/Month)
Name of Employer Capital One	Occupation VP, Audit	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 750.00	

C.	Full Name (Last, First, Middle Initial) James Reo	Date of Receipt MM / DD / YYYY 07 / 15 / 2009
	Mailing Address 3141 N Pollard St	Transaction ID: 00104.C100064
	City State Zip Code Arlington VA 22207	Amount of Each Receipt this Period 540.00
	FEC ID number of contributing federal political committee. C	Receipt Payroll Deduction: (45.00- /2/Month)
Name of Employer Capital One	Occupation Vp, Recruitment	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 1080.00	

SUBTOTAL of Receipts This Page (optional)	▶	1287.00
TOTAL This Period (last page this line number only)	▶	

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 42 / 89

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Tangela Richter

Mailing Address 1347 Perry Place, Nw

City State Zip Code
Washington DC 20010

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Sr Director, Assoc Gen. Counsel

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 799.92

Date of Receipt
MM / DD / YYYY
07 / 15 / 2009

Transaction ID: 00104.C100015

Amount of Each Receipt this Period
399.96

Receipt
Payroll Deduction: (33.33-
/2/Month)

B.

Full Name (Last, First, Middle Initial)
Monte Robinson

Mailing Address 123 Woodvale

City State Zip Code
Bossier City LA 71111

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Bus Bnkg Sr Market Sales Exec

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 600.00

Date of Receipt
MM / DD / YYYY
07 / 15 / 2009

Transaction ID: 00104.C100235

Amount of Each Receipt this Period
300.00

Receipt
Payroll Deduction: (25.00-
/2/Month)

C.

Full Name (Last, First, Middle Initial)
Leonard Roseman

Mailing Address 3314 Grove Ave

City State Zip Code
Richmond VA 23221-2818

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Vp, Statistician

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 1500.00

Date of Receipt
MM / DD / YYYY
07 / 15 / 2009

Transaction ID: 00104.C100137

Amount of Each Receipt this Period
750.00

Receipt
Payroll Deduction: (62.50-
/2/Month)

SUBTOTAL of Receipts This Page (optional)

1449.96

TOTAL This Period (last page this line number only)

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 43 / 89
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Colin Ruh

Mailing Address 9618 Sloman Place

City Richmond State VA Zip Code 23238

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Svp, Lob Cfo

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 3000.00

Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100031
 Amount of Each Receipt this Period 1500.00
 Receipt
 Payroll Deduction: (125.00/2/Month)

B. Full Name (Last, First, Middle Initial)
Nabil Sakkab

Mailing Address 1308 Park Road, Nw

City Washington State DC Zip Code 20010

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Sr Director, Assoc Gen. Counsel

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 499.92

Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100139
 Amount of Each Receipt this Period 249.96
 Receipt
 Payroll Deduction: (20.83/2/Month)

C. Full Name (Last, First, Middle Initial)
Scott Schmidt

Mailing Address 9434 Stone Spring Drive

City Mechanicsville State VA Zip Code 23116

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Mvp, Recruit/wforce Analysis

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 1999.92

Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100051
 Amount of Each Receipt this Period 999.96
 Receipt
 Payroll Deduction: (83.33/2/Month)

SUBTOTAL of Receipts This Page (optional) ► 2749.92

TOTAL This Period (last page this line number only) ►

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 44 / 89

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Peter Schnall

Mailing Address 6703 Moly Drive

City State Zip Code
Falls Church VA 22046

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Chief Risk Officer

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 4999.92

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100044

Amount of Each Receipt this Period

2499.96

Receipt

Payroll Deduction: (208.3-3/2/Month)

B.

Full Name (Last, First, Middle Initial)
Ryan Schneider

Mailing Address 1414 22nd St. Nw #51

City State Zip Code
Washington DC 20037

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One President, Card

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 4999.92

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100115

Amount of Each Receipt this Period

2499.96

Receipt

Payroll Deduction: (208.3-3/2/Month)

C.

Full Name (Last, First, Middle Initial)
Michael Slocum

Mailing Address 8 Purchase Lane

City State Zip Code
Rye NY 10580-1817

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Evp

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 5000.00

Date of Receipt

M M / D D / Y Y Y Y Y
08 / 14 / 2009

Transaction ID: 00104.C99165

Amount of Each Receipt this Period

5000.00

Receipt

SUBTOTAL of Receipts This Page (optional) ▶

9999.92

TOTAL This Period (last page this line number only) ▶

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 45 / 89
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

Any information copied from such Reports and Statements may not be sold or used by any person for the purpose of soliciting contributions or for commercial purposes, other than using the name and address of any political committee to solicit contributions from such committee.

NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Lawrence Stein

Mailing Address 6503 Heather Brook Ct

City Mclean State VA Zip Code 22101

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Svp, Policy Affairs

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 4999.92

Date of Receipt 07 / 15 / 2009

Transaction ID: 00104.C100133

Amount of Each Receipt this Period 2499.96

Receipt

Payroll Deduction: (208.3-3/2/Month)

B. Full Name (Last, First, Middle Initial)
Robert Stuart

Mailing Address 1941 Country Club Dr

City Baton Rouge State LA Zip Code 70808

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Regional President, Banking

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 1348.08

Date of Receipt 07 / 15 / 2009

Transaction ID: 00104.C100392

Amount of Each Receipt this Period 674.04

Receipt

Payroll Deduction: (56.17-1/2/Month)

C. Full Name (Last, First, Middle Initial)
Jason Swider

Mailing Address 6103 Wigmore Lane - Unit N

City Alexandria State VA Zip Code 22315

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Legal Manager

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 600.00

Date of Receipt 07 / 15 / 2009

Transaction ID: 00104.C100131

Amount of Each Receipt this Period 300.00

Receipt

Payroll Deduction: (25.00-1/2/Month)

SUBTOTAL of Receipts This Page (optional) ► **3474.00**

TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 46 / 89
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

Any information copied from such Reports and Statements may not be sold or used by any person for the purpose of soliciting contributions or for commercial purposes, other than using the name and address of any political committee to solicit contributions from such committee.

NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Paige Tarchokov
Mailing Address 1105 Sunset Avenue
City Richmond State VA Zip Code 23221
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Manager, Process Management
Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 240.00
Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100089
Amount of Each Receipt this Period 120.00
Receipt
Payroll Deduction: (10.00- /2/Month)

B. Full Name (Last, First, Middle Initial)
Douglas Taylor
Mailing Address 12209 Hampton Valley Turn
City Chesterfield State VA Zip Code 23832
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Sr Business Director
Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 800.16
Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100068
Amount of Each Receipt this Period 400.08
Receipt
Payroll Deduction: (33.34- /2/Month)

C. Full Name (Last, First, Middle Initial)
Susan Tedesco
Mailing Address 9000 River Trace Ct
City Richmond State VA Zip Code 23229
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Vp, Lob Operations
Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 480.00
Date of Receipt 07 / 15 / 2009
Transaction ID: 00104.C100112
Amount of Each Receipt this Period 240.00
Receipt
Payroll Deduction: (20.00- /2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ 760.08
TOTAL This Period (last page this line number only) ▶

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 47 / 89

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

Any information copied from such Reports and Statements may not be sold or used by any person for the purpose of soliciting contributions or for commercial purposes, other than using the name and address of any political committee to solicit contributions from such committee.

NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Franklin Thacker

Mailing Address 2218 Monument Avenue

City State Zip Code
Richmond VA 23220

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Svp, Corp. Acct. & Ofm

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 480.00

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100077

Amount of Each Receipt this Period

240.00

Receipt

Payroll Deduction: (20.00-
/2/Month)

B.

Full Name (Last, First, Middle Initial)
Steven Thibodeau

Mailing Address 2228 Meadow Drive

City State Zip Code
Carrollton TX 75007

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Mvp, Loss Mitigation

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 600.00

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100092

Amount of Each Receipt this Period

300.00

Receipt

Payroll Deduction: (25.00-
/2/Month)

C.

Full Name (Last, First, Middle Initial)
James Tietjen

Mailing Address 20257 Medalist Dr

City State Zip Code
Ashburn VA 20147-4182

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One EVP/Chief Auditor

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 500.00

Date of Receipt

M M / D D / Y Y Y Y Y
09 / 04 / 2009

Transaction ID: 00104.C100449

Amount of Each Receipt this Period

500.00

Receipt

SUBTOTAL of Receipts This Page (optional)

1040.00

TOTAL This Period (last page this line number only)

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 48 / 89

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Christopher Tignor

Mailing Address 14538 Bud Lane

City State Zip Code
Glen Allen VA 23059-1568

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Vp, Information Security

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 1500.00

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100035

Amount of Each Receipt this Period

750.00

Receipt

Payroll Deduction: (62.50-
/2/Month)

B.

Full Name (Last, First, Middle Initial)
Robert Turner

Mailing Address 2107 Mount Blanco Rd

City State Zip Code
Chester VA 23836

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Svp, Ent Tech Ops

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 1008.00

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100053

Amount of Each Receipt this Period

504.00

Receipt

Payroll Deduction: (42.00-
/2/Month)

C.

Full Name (Last, First, Middle Initial)
David Tyler

Mailing Address 5097 Little Falls Road

City State Zip Code
Arlington VA 22207

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Mvp,project Management (bank)

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 4999.92

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100039

Amount of Each Receipt this Period

2499.96

Receipt

Payroll Deduction: (208.3-
3/2/Month)

SUBTOTAL of Receipts This Page (optional)

3753.96

TOTAL This Period (last page this line number only)

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 49 / 89
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Jeffrey Tyree

Mailing Address 3151 Shadow Creek Dr.

City Powhatan State VA Zip Code 23139

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Sr. Director, It Architecture

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 666.60

Date of Receipt 07 / 15 / 2009

Transaction ID: 00104.C100054

Amount of Each Receipt this Period 399.96

Receipt

Payroll Deduction: (33.33- /2/Month)

B. Full Name (Last, First, Middle Initial)
Richard Walker

Mailing Address 323 Clovelly Rd

City Richmond State VA Zip Code 23221

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation VP, Business Analysis

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 1800.00

Date of Receipt 07 / 15 / 2009

Transaction ID: 00104.C100111

Amount of Each Receipt this Period 900.00

Receipt

Payroll Deduction: (75.00- /2/Month)

C. Full Name (Last, First, Middle Initial)
Bradford A. Warner

Mailing Address 19 Kress Farm Rd

City Hingham State MA Zip Code 02043-2911

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Financial Occupation Board Member/Stockholder

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 5000.00

Date of Receipt 09 / 10 / 2009

Transaction ID: 00104.C100447

Amount of Each Receipt this Period 5000.00

Receipt

SUBTOTAL of Receipts This Page (optional) ► 6299.96

TOTAL This Period (last page this line number only) ►

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 50 / 89

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
David Wasik

Mailing Address 3817 Houndstooth Court

City State Zip Code
Richmond VA 23233

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One SVP, Business Analysis

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 3000.00

Date of Receipt
M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100029

Amount of Each Receipt this Period
1500.00

Receipt
Payroll Deduction: (125.0-
0/2/Month)

B.

Full Name (Last, First, Middle Initial)
James Weatherly

Mailing Address 525 Great Falls Street

City State Zip Code
Falls Church VA 22046

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Vp, Corp Credit Management

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 1333.20

Date of Receipt
M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100041

Amount of Each Receipt this Period
666.60

Receipt
Payroll Deduction: (55.55-
/2/Month)

C.

Full Name (Last, First, Middle Initial)
Chris Webb

Mailing Address 19312 Bowles Knob Dr.

City State Zip Code
Rockville VA 23146

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Manager, Project Management

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 600.00

Date of Receipt
M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100028

Amount of Each Receipt this Period
300.00

Receipt
Payroll Deduction: (25.00-
/2/Month)

SUBTOTAL of Receipts This Page (optional)

2466.60

TOTAL This Period (last page this line number only)

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 51 / 89

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Emily Weems

Mailing Address 8468 Nicole Court

City State Zip Code
Annandale VA 22003

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Director, Government Relations

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 1200.00

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100013

Amount of Each Receipt this Period

600.00

Receipt

Payroll Deduction: (50.00-
/2/Month)

B.

Full Name (Last, First, Middle Initial)
Karl Werwath

Mailing Address 13007 River Road

City State Zip Code
Richmond VA 23238

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Mvp, Call Center Ops (bank)

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 3000.00

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100084

Amount of Each Receipt this Period

1500.00

Receipt

Payroll Deduction: (125.0-
0/2/Month)

C.

Full Name (Last, First, Middle Initial)
Andrew Wiederhorn

Mailing Address 3513 Ellerton Drive

City State Zip Code
Midlothian VA 23113

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Director, Asst General Counsel

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 480.00

Date of Receipt

M M / D D / Y Y Y Y Y
07 / 15 / 2009

Transaction ID: 00104.C100143

Amount of Each Receipt this Period

240.00

Receipt

Payroll Deduction: (20.00-
/2/Month)

SUBTOTAL of Receipts This Page (optional)

2340.00

TOTAL This Period (last page this line number only)

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 52 / 89
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12	
	<input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Paula Wimbush	Date of Receipt MM / DD / YYYY 07 / 15 / 2009
	Mailing Address 11419 N. Wedgemont Drive	Transaction ID: 00104.C100109
	City State Zip Code Richmond VA 23236	Amount of Each Receipt this Period 300.00
	FEC ID number of contributing federal political committee. C	Receipt Payroll Deduction: (25.00- /2/Month)
Name of Employer Capital One	Occupation Director, Project Management	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 600.00	

B.	Full Name (Last, First, Middle Initial) Janet Wood	Date of Receipt MM / DD / YYYY 07 / 15 / 2009
	Mailing Address 107 Innisbrook Drive	Transaction ID: 00104.C100257
	City State Zip Code Broussard LA 70518	Amount of Each Receipt this Period 384.96
	FEC ID number of contributing federal political committee. C	Receipt Payroll Deduction: (32.08- /2/Month)
Name of Employer Capital One	Occupation Market Sales & Service Mgr	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 769.92	

C.	Full Name (Last, First, Middle Initial) Richard Woods	Date of Receipt MM / DD / YYYY 09 / 30 / 2009
	Mailing Address 9212 White Chimney Lane	Transaction ID: 00104.C100872
	City State Zip Code Great Falls VA 22066	Amount of Each Receipt this Period 500.00
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation SVP, Corporate Affairs	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 500.00	

SUBTOTAL of Receipts This Page (optional)	1184.96
TOTAL This Period (last page this line number only)	

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 53 / 89
(check only one)

<input checked="" type="checkbox"/>	11a	<input type="checkbox"/>	11b	<input type="checkbox"/>	11c	<input type="checkbox"/>	12	<input type="checkbox"/>	13	<input type="checkbox"/>	14	<input type="checkbox"/>	15	<input type="checkbox"/>	16	<input type="checkbox"/>	17
-------------------------------------	-----	--------------------------	-----	--------------------------	-----	--------------------------	----	--------------------------	----	--------------------------	----	--------------------------	----	--------------------------	----	--------------------------	----

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Michael Woody

Mailing Address 4519 Briarwick Dr

City Richmond State VA Zip Code 23236

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Sr. Director, Audit Ops/Financ

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 480.00

Date of Receipt 07 / 15 / 2009

Transaction ID: 00104.C100025

Amount of Each Receipt this Period 240.00

Receipt

Payroll Deduction: (20.00- /2/Month)

B.

Full Name (Last, First, Middle Initial)
David Wright

Mailing Address 2512 Maple Hall Court

City Midlothian State VA Zip Code 23113

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Mvp, Tech Infrastructure Svcs

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 1648.18

Date of Receipt 07 / 15 / 2009

Transaction ID: 00104.C100094

Amount of Each Receipt this Period 788.26

Receipt

Payroll Deduction: (71.66- /2/Month)

C.

Full Name (Last, First, Middle Initial)
Sanjiv Yajnik

Mailing Address 5813 Golden Leaf Ct

City Plano State TX Zip Code 75093-7594

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation President, Financial Services

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 5000.00

Date of Receipt 11 / 06 / 2009

Transaction ID: 00104.C102139

Amount of Each Receipt this Period 5000.00

Receipt

SUBTOTAL of Receipts This Page (optional) ► 6028.26

TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: PAGE 54 / 89
	(check only one)
<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b
<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14
<input type="checkbox"/> 15	<input type="checkbox"/> 16
<input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial) Michael Zamsky		Date of Receipt MM / DD / YYYY 07 / 15 / 2009
Mailing Address 1350 Beverly Road #1204		Transaction ID: 00104.C100043
City McLean	State VA	Zip Code 22101
FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 1500.00
Name of Employer Capital One	Occupation Svp, Chief Cnsmr Risk Officer	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 3000.00	Payroll Deduction: (125.0- 0/2/Month)

B.

Full Name (Last, First, Middle Initial) Steven Zykoski		Date of Receipt MM / DD / YYYY 07 / 15 / 2009
Mailing Address 103 Durrington Ct		Transaction ID: 00104.C100134
City Richmond	State VA	Zip Code 23236
FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 400.08
Name of Employer Capital One	Occupation Sr. Director, Financial Mgt	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 800.16	Payroll Deduction: (33.34- /2/Month)

SUBTOTAL of Receipts This Page (optional)	1900.08
TOTAL This Period (last page this line number only)	136079.30

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER:	PAGE 55 / 89
	(check only one)	
<input type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input checked="" type="checkbox"/> 12
		<input type="checkbox"/> 16
		<input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial) Chevy Chase Bank Political Action Cmte		Date of Receipt
Mailing Address 7501 Wisconsin Avenue 15th floor West Tower		<input type="text" value="07"/> / <input type="text" value="14"/> / <input type="text" value="2009"/>
City	State	Zip Code
Bethesda	MD	20814-
FEC ID number of contributing federal political committee.		Transaction ID: 90715.C98306
<input type="text" value="C"/> <input type="text" value="C00283986"/>		Amount of Each Receipt this Period
		<input type="text" value="4303.49"/>
Name of Employer	Occupation	Transfers From Affil./Auth.
Receipt For:	Aggregate Year-to-Date ▼	
<input type="checkbox"/> Primary <input type="checkbox"/> General	<input type="text" value="4303.49"/>	
<input type="checkbox"/> Other (specify) ▼		

SUBTOTAL of Receipts This Page (optional)	<input type="text" value="4303.49"/>
TOTAL This Period (last page this line number only)	<input type="text" value="4303.49"/>

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER:		PAGE 56 / 89	
	(check only one)			
<input type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12	<input type="checkbox"/> 13
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input checked="" type="checkbox"/> 16	<input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Friends for Gregory Meeks		Date of Receipt	
	Mailing Address 1010 Vermont Ave., NW Suite 814		M M / D D / Y Y Y Y 1 0 / 0 6 / 2 0 0 9	
	City	State	Zip Code	Transaction ID: 00104.C100873
	Washington	DC	20005-4957	Amount of Each Receipt this Period
	FEC ID number of contributing federal political committee.	C		500.00
	Name of Employer	Occupation		Refund of Contribution Made
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼			
	500.00			

SUBTOTAL of Receipts This Page (optional)	500.00
TOTAL This Period (last page this line number only)	500.00

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER:
(check only one)

<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) DEMOCRATIC CONGRESSIONAL CAMPAIGN COMMITTEE	Transaction ID: 00104.E1668 Date of Disbursement 09 / 28 / 2009
	Mailing Address 430 South Capitol Street, SE City Washington State DC Zip Code 20003-	Amount of Each Disbursement this Period 2000.00
Purpose of Disbursement DIRECT CONTRIBUTION		DIRECT CONTRIBUTION
Candidate Name DEMOCRATIC CONGRESSIONAL CAMPAIGN COMMITTEE		
Office Sought: <input type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President Disbursement For: 2009 <input type="checkbox"/> Primary <input type="checkbox"/> General <input checked="" type="checkbox"/> Other (specify) ▼ State: District: Annual/Other		

B.	Full Name (Last, First, Middle Initial) CONSUMER BANKERS ASSOCIATION POLITICAL ACTION COMMITTEE, THE	Transaction ID: 00104.E1703 Date of Disbursement 11 / 13 / 2009
	Mailing Address 1000 Wilson Blvd Suite 2500 City Arlington State VA Zip Code 22209-3909	Amount of Each Disbursement this Period 5000.00
Purpose of Disbursement DIRECT CONTRIBUTION		DIRECT CONTRIBUTION
Candidate Name CONSUMER BANKERS ASSOCIATION POLITICAL ACTION COMMITTEE, THE		
Office Sought: <input type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President Disbursement For: 2009 <input type="checkbox"/> Primary <input type="checkbox"/> General <input checked="" type="checkbox"/> Other (specify) ▼ State: District: Annual/Other		

C.	Full Name (Last, First, Middle Initial) AmeriPAC	Transaction ID: 00104.E1685 Date of Disbursement 10 / 23 / 2009
	Mailing Address 499 South Capitol Street, SW Suite 414 City Washington State DC Zip Code 20003-	Amount of Each Disbursement this Period 2500.00
Purpose of Disbursement DIRECT CONTRIBUTION		DIRECT CONTRIBUTION
Candidate Name		
Office Sought: <input type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President Disbursement For: 2009 <input type="checkbox"/> Primary <input type="checkbox"/> General <input checked="" type="checkbox"/> Other (specify) ▼ State: District: Annual/Other		

SUBTOTAL of Disbursements This Page (optional)	9500.00
TOTAL This Period (last page this line number only)	

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER:
(check only one)

<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial) AmeriPAC Mailing Address 499 South Capitol Street, SW Suite 414 City Washington State DC Zip Code 20003- Purpose of Disbursement DIRECT CONTRIBUTION Candidate Name Office Sought: <input type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: District: Disbursement For: 2009 <input type="checkbox"/> Primary <input type="checkbox"/> General <input checked="" type="checkbox"/> Other (specify) ▼ Annual/Other	Transaction ID: 90806.E1625 Date of Disbursement 07 / 27 / 2009
	Amount of Each Disbursement this Period 2500.00 Category/Type DIRECT CONTRIBUTION

B. Full Name (Last, First, Middle Initial) NEW DEMOCRAT COALITION POLITICAL ACTION COMMITTEE AKA NDC PAC Mailing Address 607 14th Street, NW Suite 800 City Washington State DC Zip Code 20005-2005 Purpose of Disbursement DIRECT CONTRIBUTION Candidate Name NEW DEMOCRAT COALITION POLITICAL ACTION COMMITTEE AKA NDC PAC Office Sought: <input type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: District: Disbursement For: 2009 <input type="checkbox"/> Primary <input type="checkbox"/> General <input checked="" type="checkbox"/> Other (specify) ▼ Annual/Other	Transaction ID: 00104.E1690 Date of Disbursement 10 / 27 / 2009
	Amount of Each Disbursement this Period 5000.00 Category/Type DIRECT CONTRIBUTION

C. Full Name (Last, First, Middle Initial) JOBS, ECONOMY AND BUDGET FUND (JEB FUND) Mailing Address 403 First Street, SE City Washington State DC Zip Code 20003-1827 Purpose of Disbursement DIRECT CONTRIBUTION Candidate Name JOBS, ECONOMY AND BUDGET FUND (JEB FUND) Office Sought: <input type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: District: Disbursement For: 2009 <input type="checkbox"/> Primary <input type="checkbox"/> General <input checked="" type="checkbox"/> Other (specify) ▼ Annual/Other	Transaction ID: 00104.E1718 Date of Disbursement 12 / 21 / 2009
	Amount of Each Disbursement this Period 2500.00 Category/Type DIRECT CONTRIBUTION

SUBTOTAL of Disbursements This Page (optional) ▶	10000.00
TOTAL This Period (last page this line number only) ▶	(Empty box)

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER:
(check only one)

<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) John Adler for Congress	Transaction ID: 00104.E1651 Date of Disbursement 09 / 22 / 2009
	Mailing Address 499 South Capital Street, SW Suite 422	Amount of Each Disbursement this Period 1000.00
	City Washington State DC Zip Code 20003-	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name JERROLD L NADLER	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: NY District: 08	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
		DIRECT CONTRIBUTION

B.	Full Name (Last, First, Middle Initial) John Adler for Congress	Transaction ID: 00104.E1672 Date of Disbursement 09 / 28 / 2009
	Mailing Address 499 South Capital Street, SW Suite 422	Amount of Each Disbursement this Period 2000.00
	City Washington State DC Zip Code 20003-	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name JERROLD L NADLER	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: NY District: 08	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
		DIRECT CONTRIBUTION

C.	Full Name (Last, First, Middle Initial) John Adler for Congress	Transaction ID: 00104.E1645 Date of Disbursement 09 / 09 / 2009
	Mailing Address 499 South Capital Street, SW Suite 422	Amount of Each Disbursement this Period 500.00
	City Washington State DC Zip Code 20003-	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name JERROLD L NADLER	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: NY District: 08	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
		DIRECT CONTRIBUTION

SUBTOTAL of Disbursements This Page (optional)	3500.00
TOTAL This Period (last page this line number only)	

SCHEDULE B (FEC Form 3X) ITEMIZED DISBURSEMENTS

Use separate schedule(s) for each category of the Detailed Summary Page

FOR LINE NUMBER:
(check only one)

<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial) Rodney Alexander for Congress <hr/> Mailing Address 104 Hume Avenue <hr/> City Alexandria State VA Zip Code 22301-1015 <hr/> Purpose of Disbursement DIRECT CONTRIBUTION <hr/> Candidate Name RODNEY MR. ALEXANDER <hr/> Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: LA District: 05 <hr/> Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Transaction ID: 00104.E1647 Date of Disbursement M M / D D / Y Y Y Y 0 9 / 1 4 / 2 0 0 9
	Amount of Each Disbursement this Period 1000.00
	Category/ Type DIRECT CONTRIBUTION
	Category/ Type DIRECT CONTRIBUTION
B. Full Name (Last, First, Middle Initial) Bachus for Congress Committee <hr/> Mailing Address P.O. Box 131134 <hr/> City Birmingham State AL Zip Code 35216- <hr/> Purpose of Disbursement DIRECT CONTRIBUTION <hr/> Candidate Name SPENCER T. BACHUS <hr/> Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: AL District: 06 <hr/> Disbursement For: 2010 <input type="checkbox"/> Primary <input checked="" type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Transaction ID: 00104.E1680 Date of Disbursement M M / D D / Y Y Y Y 1 0 / 1 4 / 2 0 0 9
	Amount of Each Disbursement this Period 2000.00
	Category/ Type DIRECT CONTRIBUTION
	Category/ Type DIRECT CONTRIBUTION
C. Full Name (Last, First, Middle Initial) Evan Bayh Committee <hr/> Mailing Address 1070 Thomas Jefferson Street, NW Suite 202 <hr/> City Washington State DC Zip Code 20007-3824 <hr/> Purpose of Disbursement DIRECT CONTRIBUTION <hr/> Candidate Name EVAN BAYH <hr/> Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President State: IN District: 00 <hr/> Disbursement For: 2010 <input type="checkbox"/> Primary <input checked="" type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Transaction ID: 00104.E1713 Date of Disbursement M M / D D / Y Y Y Y 1 1 / 2 5 / 2 0 0 9
	Amount of Each Disbursement this Period 1000.00
	Category/ Type DIRECT CONTRIBUTION
	Category/ Type DIRECT CONTRIBUTION

SUBTOTAL of Disbursements This Page (optional) ▶

4000.00

TOTAL This Period (last page this line number only) ▶

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER:
(check only one)

<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) ALL AMERICA PAC	Transaction ID: 90806.E1622 Date of Disbursement 07 / 16 / 2009
	Mailing Address 1070 Thomas Jefferson Street, NW Suite 202	Amount of Each Disbursement this Period 2500.00
	City Washington State DC Zip Code 20007-	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name ALL AMERICA PAC	
	Office Sought: <input type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President Disbursement For: 2009 <input type="checkbox"/> Primary <input type="checkbox"/> General <input checked="" type="checkbox"/> Other (specify) ▼	DIRECT CONTRIBUTION
	State: District:	Annual/Other

B.	Full Name (Last, First, Middle Initial) Melissa Bean for Congress	Transaction ID: 00104.E1709 Date of Disbursement 11 / 25 / 2009
	Mailing Address 50 E Street, SE Suite 1	Amount of Each Disbursement this Period 1000.00
	City Washington State DC Zip Code 20003-2620	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name MELISSA LUBURICH BEAN	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	DIRECT CONTRIBUTION
	State: IL District: 08	Annual/Other

C.	Full Name (Last, First, Middle Initial) Melissa Bean for Congress	Transaction ID: 00104.E1653 Date of Disbursement 09 / 22 / 2009
	Mailing Address 50 E Street, SE Suite 1	Amount of Each Disbursement this Period 1000.00
	City Washington State DC Zip Code 20003-2620	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name MELISSA LUBURICH BEAN	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	DIRECT CONTRIBUTION
	State: IL District: 08	Annual/Other

SUBTOTAL of Disbursements This Page (optional)	4500.00
TOTAL This Period (last page this line number only)	

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER:
(check only one)

<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Bennet for Colorado	Transaction ID: 00104.E1643 Date of Disbursement 09 / 09 / 2009
	Mailing Address 426 C Street, NE	Amount of Each Disbursement this Period 1000.00
	City Washington State DC Zip Code 20002-5839	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name MICHAEL F BENNET	
	Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President State: CO District: 00	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
		DIRECT CONTRIBUTION

B.	Full Name (Last, First, Middle Initial) Bennett Election Committee, Inc.	Transaction ID: 00104.E1642 Date of Disbursement 09 / 09 / 2009
	Mailing Address 175 South West Temple Suite 650	Amount of Each Disbursement this Period 1000.00
	City Salt Lake City State UT Zip Code 84101-	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name ROBERT F BENNETT	
	Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President State: UT District: 00	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
		DIRECT CONTRIBUTION

C.	Full Name (Last, First, Middle Initial) Bennett Election Committee, Inc.	Transaction ID: 00104.E1684 Date of Disbursement 09 / 09 / 2009
	Mailing Address 175 South West Temple Suite 650	Amount of Each Disbursement this Period 1000.00
	City Salt Lake City State UT Zip Code 84101-	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name ROBERT F BENNETT	
	Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President State: UT District: 00	Disbursement For: 2010 <input type="checkbox"/> Primary <input checked="" type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
		DIRECT CONTRIBUTION

SUBTOTAL of Disbursements This Page (optional)	3000.00
TOTAL This Period (last page this line number only)	

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER:
(check only one)

<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

<p>A. Full Name (Last, First, Middle Initial) Judy Biggert for Congress</p> <p>Mailing Address P.O. Box 637</p> <p>City Hinsdale State IL Zip Code 60522-</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name JUDY BIGGERT</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: IL District: 13</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00104.E1650 Date of Disbursement 09 / 22 / 2009</p> <p>Amount of Each Disbursement this Period 1000.00</p> <p>DIRECT CONTRIBUTION</p>
<p>B. Full Name (Last, First, Middle Initial) Friends of John Boehner</p> <p>Mailing Address 104 Hume Avenue</p> <p>City Alexandria State VA Zip Code 22301-1015</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name JOHN A BOEHNER</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: OH District: 08</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00104.E1712 Date of Disbursement 11 / 25 / 2009</p> <p>Amount of Each Disbursement this Period 2500.00</p> <p>DIRECT CONTRIBUTION</p>
<p>C. Full Name (Last, First, Middle Initial) Friends of John Boehner</p> <p>Mailing Address 104 Hume Avenue</p> <p>City Alexandria State VA Zip Code 22301-1015</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name JOHN A BOEHNER</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: OH District: 08</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00104.E1654 Date of Disbursement 09 / 24 / 2009</p> <p>Amount of Each Disbursement this Period 2500.00</p> <p>DIRECT CONTRIBUTION</p>

SUBTOTAL of Disbursements This Page (optional)	6000.00
TOTAL This Period (last page this line number only)	

SCHEDULE B (FEC Form 3X) ITEMIZED DISBURSEMENTS

Use separate schedule(s) for each category of the Detailed Summary Page

FOR LINE NUMBER:
(check only one)

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<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) CAMPAC	Transaction ID: 00104.E1656
	Mailing Address 2501 Wisconsin Avenue, NW #304	Date of Disbursement 09 / 24 / 2009
	City Washington State DC Zip Code 20007-4543	Amount of Each Disbursement this Period 1500.00
	Purpose of Disbursement DIRECT CONTRIBUTION	DIRECT CONTRIBUTION
	Candidate Name	
	Office Sought: <input type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President	
	Disbursement For: 2009 <input type="checkbox"/> Primary <input type="checkbox"/> General <input checked="" type="checkbox"/> Other (specify) ▼	
	State: District:	

B.	Full Name (Last, First, Middle Initial) Campbell for Congress	Transaction ID: 00104.E1682
	Mailing Address 700 12th Street, NW Suite 700	Date of Disbursement 10 / 16 / 2009
	City Washington State DC Zip Code 20005-4052	Amount of Each Disbursement this Period 1000.00
	Purpose of Disbursement DIRECT CONTRIBUTION	DIRECT CONTRIBUTION
	Candidate Name JOHN B. CAMPBELL, III	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President	
	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	
	State: CA District: 48	

C.	Full Name (Last, First, Middle Initial) Andre Carson for Congress	Transaction ID: 00104.E1675
	Mailing Address 499 South Capitol Street, SW Suite 412	Date of Disbursement 09 / 28 / 2009
	City Washington State DC Zip Code 20003-	Amount of Each Disbursement this Period 1000.00
	Purpose of Disbursement DIRECT CONTRIBUTION	DIRECT CONTRIBUTION
	Candidate Name ANDRE CARSON	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President	
	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	
	State: IN District: 07	

SUBTOTAL of Disbursements This Page (optional)	3500.00
TOTAL This Period (last page this line number only)	

SCHEDULE B (FEC Form 3X) ITEMIZED DISBURSEMENTS

Use separate schedule(s) for each category of the Detailed Summary Page

FOR LINE NUMBER:
(check only one)

<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Castle Campaign Fund <hr/> Mailing Address P.O. Box 133 <hr/> City Wilmington State DE Zip Code 19899-0133 <hr/> Purpose of Disbursement DIRECT CONTRIBUTION <hr/> Candidate Name MICHAEL N CASTLE <hr/> Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: DE District: 01 Disbursement For: 2010 <input type="checkbox"/> Primary <input checked="" type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Transaction ID: 00104.E1715 Date of Disbursement 11 / 25 / 2009 <hr/> Amount of Each Disbursement this Period 1000.00 <hr/> DIRECT CONTRIBUTION
B.	Full Name (Last, First, Middle Initial) Castle Campaign Fund <hr/> Mailing Address P.O. Box 133 <hr/> City Wilmington State DE Zip Code 19899-0133 <hr/> Purpose of Disbursement DIRECT CONTRIBUTION <hr/> Candidate Name MICHAEL N CASTLE <hr/> Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: DE District: 01 Disbursement For: 2010 <input type="checkbox"/> Primary <input checked="" type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Transaction ID: 00104.E1688 Date of Disbursement 10 / 23 / 2009 <hr/> Amount of Each Disbursement this Period 2000.00 <hr/> DIRECT CONTRIBUTION
C.	Full Name (Last, First, Middle Initial) Friends of Jason Chaffetz <hr/> Mailing Address 315 Westfield Circle <hr/> City Alpine State UT Zip Code 84004-1594 <hr/> Purpose of Disbursement DIRECT CONTRIBUTION <hr/> Candidate Name JASON CHAFFETZ <hr/> Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: UT District: 03 Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Transaction ID: 00104.E1714 Date of Disbursement 11 / 25 / 2009 <hr/> Amount of Each Disbursement this Period 1000.00 <hr/> DIRECT CONTRIBUTION

SUBTOTAL of Disbursements This Page (optional) ▶

4000.00

TOTAL This Period (last page this line number only) ▶

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s)
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(check only one)

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<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial) Childers for Congress Mailing Address 3914 Barcroft Muse Court City Falls Church State VA Zip Code 22041-0636 Purpose of Disbursement DIRECT CONTRIBUTION Candidate Name TRAVIS W CHILDERS Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: MS District: 01 Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Transaction ID: 00104.E1669 Date of Disbursement 09 / 28 / 2009
	Amount of Each Disbursement this Period 2000.00 Category/Type DIRECT CONTRIBUTION
B. Full Name (Last, First, Middle Initial) Friends of Jim Clyburn Mailing Address 499 South Captiol Street, SW Suite 412 City Washington State DC Zip Code 20003- Purpose of Disbursement DIRECT CONTRIBUTION Candidate Name JAMES E CLYBURN Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: SC District: 06 Disbursement For: 2010 <input type="checkbox"/> Primary <input checked="" type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Transaction ID: 90806.E1631 Date of Disbursement 07 / 27 / 2009
	Amount of Each Disbursement this Period 2000.00 Category/Type DIRECT CONTRIBUTION
C. Full Name (Last, First, Middle Initial) Friends of Jim Clyburn Mailing Address 499 South Captiol Street, SW Suite 412 City Washington State DC Zip Code 20003- Purpose of Disbursement DIRECT CONTRIBUTION Candidate Name JAMES E CLYBURN Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: SC District: 06 Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Transaction ID: 90806.E1630 Date of Disbursement 07 / 27 / 2009
	Amount of Each Disbursement this Period 500.00 Category/Type DIRECT CONTRIBUTION

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4500.00

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**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

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<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

<p>A. Full Name (Last, First, Middle Initial) Gerry Connolly for Congress</p> <p>Mailing Address 729 15th Street, NW Third Floor</p> <p>City Washington State DC Zip Code 20005-0563</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name GERRY CONNOLLY</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: VA District: 11</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 90806.E1626 Date of Disbursement 07 / 27 / 2009</p> <p>Amount of Each Disbursement this Period 1000.00</p> <p>DIRECT CONTRIBUTION</p>
<p>B. Full Name (Last, First, Middle Initial) Bob Corker for Senate</p> <p>Mailing Address P.O. Box 848</p> <p>City Chattanooga State TN Zip Code 37401-0848</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name ROBERT P CORKER, JR</p> <p>Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President State: TN District: 00</p> <p>Disbursement For: 2012 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00104.E1649 Date of Disbursement 09 / 22 / 2009</p> <p>Amount of Each Disbursement this Period 2000.00</p> <p>DIRECT CONTRIBUTION</p>
<p>C. Full Name (Last, First, Middle Initial) ALAMO PAC</p> <p>Mailing Address 1203 Portner Road</p> <p>City Alexandria State VA Zip Code 22314-1316</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name ALAMO PAC</p> <p>Office Sought: <input type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: District:</p> <p>Disbursement For: 2009 <input type="checkbox"/> Primary <input type="checkbox"/> General <input checked="" type="checkbox"/> Other (specify) ▼ Annual/Other</p>	<p>Transaction ID: 00104.E1667 Date of Disbursement 09 / 28 / 2009</p> <p>Amount of Each Disbursement this Period 1000.00</p> <p>DIRECT CONTRIBUTION</p>

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4000.00

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**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s)
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<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) ALAMO PAC	Transaction ID: 90806.E1632 Date of Disbursement 07 / 27 / 2009
	Mailing Address 1203 Portner Road	Amount of Each Disbursement this Period 2500.00
	City Alexandria State VA Zip Code 22314-1316	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name ALAMO PAC	
	Office Sought: <input type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President Disbursement For: 2009 <input type="checkbox"/> Primary <input type="checkbox"/> General <input checked="" type="checkbox"/> Other (specify) ▼	DIRECT CONTRIBUTION
	State: District:	

B.	Full Name (Last, First, Middle Initial) Crapo for U.S. Senate	Transaction ID: 90706.E1620 Date of Disbursement 07 / 01 / 2009
	Mailing Address 128 North Columbus Street	Amount of Each Disbursement this Period 1000.00
	City Alexandria State VA Zip Code 22314-3038	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name MICHAEL D CRAPO	
	Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	DIRECT CONTRIBUTION
	State: ID District: 00	

C.	Full Name (Last, First, Middle Initial) Crapo for U.S. Senate	Transaction ID: 90806.E1628 Date of Disbursement 07 / 27 / 2009
	Mailing Address 128 North Columbus Street	Amount of Each Disbursement this Period 1500.00
	City Alexandria State VA Zip Code 22314-3038	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name MICHAEL D CRAPO	
	Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	DIRECT CONTRIBUTION
	State: ID District: 00	

SUBTOTAL of Disbursements This Page (optional)	5000.00
TOTAL This Period (last page this line number only)	

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

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<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

<p>A. Full Name (Last, First, Middle Initial) DeMint for Senate</p> <p>Mailing Address 700 12th Street, NW Suite 700</p> <p>City Washington State DC Zip Code 20005-4052</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name JAMES W DEMINT</p> <p>Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President State: SC District: 00</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00104.E1708 Date of Disbursement 11 / 25 / 2009</p> <p>Amount of Each Disbursement this Period 2500.00</p> <p>DIRECT CONTRIBUTION</p>
<p>B. Full Name (Last, First, Middle Initial) Scott Garrett for Congress</p> <p>Mailing Address 400 N Capitol Street, NW Suite 585</p> <p>City Washington State DC Zip Code 20001-1502</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name SCOTT GARRETT</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: NJ District: 05</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00104.E1648 Date of Disbursement 09 / 14 / 2009</p> <p>Amount of Each Disbursement this Period 1000.00</p> <p>DIRECT CONTRIBUTION</p>
<p>C. Full Name (Last, First, Middle Initial) The Grassley Committee, Inc.</p> <p>Mailing Address P.O. Box 1000</p> <p>City Des Moines State IA Zip Code 50304-1000</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name CHARLES E GRASSLEY</p> <p>Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President State: IA District: 00</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00104.E1700 Date of Disbursement 11 / 13 / 2009</p> <p>Amount of Each Disbursement this Period 1000.00</p> <p>DIRECT CONTRIBUTION</p>

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4500.00

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**SCHEDULE B (FEC Form 3X)
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<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

<p>A. Full Name (Last, First, Middle Initial) Al Green for Congress</p> <p>Mailing Address P.O. Box 20174</p> <p>City Houston State TX Zip Code 77225-0174</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name ALEXANDER GREEN</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: TX District: 09</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 90806.E1633 Date of Disbursement 07 / 27 / 2009</p> <p>Amount of Each Disbursement this Period 1000.00</p> <p>DIRECT CONTRIBUTION</p>
<p>B. Full Name (Last, First, Middle Initial) Friends of Jeb Hensarling</p> <p>Mailing Address P.O. Box 820504</p> <p>City Dallas State TX Zip Code 75382-</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name JEB MR. HENSARLING</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: TX District: 05</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00104.E1655 Date of Disbursement 09 / 24 / 2009</p> <p>Amount of Each Disbursement this Period 1000.00</p> <p>DIRECT CONTRIBUTION</p>
<p>C. Full Name (Last, First, Middle Initial) Stephanie Herseth Sandlin for So Dakota</p> <p>Mailing Address P.O. Box 75214</p> <p>City Washington State DC Zip Code 20013-0214</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name STEPHANIE HERSETH</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: SD District: 00</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00104.E1693 Date of Disbursement 11 / 04 / 2009</p> <p>Amount of Each Disbursement this Period 1500.00</p> <p>DIRECT CONTRIBUTION</p>

SUBTOTAL of Disbursements This Page (optional)	3500.00
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<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Himes for Congress	Transaction ID: 00104.E1673 Date of Disbursement 09 / 28 / 2009
	Mailing Address 50 E Street, SE Suite 1	Amount of Each Disbursement this Period 2000.00
	City Washington State DC Zip Code 20003-2620	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name JIM HIMES	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
	State: CT District: 04	DIRECT CONTRIBUTION

B.	Full Name (Last, First, Middle Initial) Hinojosa for Congress	Transaction ID: 90806.E1623 Date of Disbursement 07 / 16 / 2009
	Mailing Address 417 New Jersey Avenue, SE	Amount of Each Disbursement this Period 1000.00
	City Washington State DC Zip Code 20003-4007	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name RUBEN E HINOJOSA	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
	State: TX District: 15	DIRECT CONTRIBUTION

C.	Full Name (Last, First, Middle Initial) Lynn Jenkins for Congress	Transaction ID: 00104.E1640 Date of Disbursement 08 / 10 / 2009
	Mailing Address P.O. Box 1441	Amount of Each Disbursement this Period 2000.00
	City Alexandria State VA Zip Code 22313-1441	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name LYNN JENKINS	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
	State: KS District: 02	DIRECT CONTRIBUTION

SUBTOTAL of Disbursements This Page (optional)	5000.00
TOTAL This Period (last page this line number only)	

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

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<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

<p>A. Full Name (Last, First, Middle Initial) The Committee to R-Elect Hank Johnson</p> <p>Mailing Address 499 S Capitol Street, SW Suite 404</p> <p>City Washington State DC Zip Code 20003-4004</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name HENRY C JOHNSON, JR</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: GA District: 04</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00104.E1664 Date of Disbursement 09 / 28 / 2009</p> <p>Amount of Each Disbursement this Period 1000.00</p> <p>DIRECT CONTRIBUTION</p>
<p>B. Full Name (Last, First, Middle Initial) Tim Johnson for South Dakota</p> <p>Mailing Address 122 Maryland Avenue, NE</p> <p>City Washington State DC Zip Code 20002-5610</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name TIM JOHNSON</p> <p>Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President State: SD District: 00</p> <p>Disbursement For: 2014 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00104.E1719 Date of Disbursement 12 / 21 / 2009</p> <p>Amount of Each Disbursement this Period 1000.00</p> <p>DIRECT CONTRIBUTION</p>
<p>C. Full Name (Last, First, Middle Initial) Klein for Congress</p> <p>Mailing Address c/o 4c Partners, LLC 718 Seventh Street NW, Suite 300</p> <p>City Washington State DC Zip Code 20001-</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name RON KLEIN</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: FL District: 22</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00104.E1705 Date of Disbursement 11 / 25 / 2009</p> <p>Amount of Each Disbursement this Period 1000.00</p> <p>DIRECT CONTRIBUTION</p>

SUBTOTAL of Disbursements This Page (optional) ►

3000.00

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**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

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<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Kosmas for Congress	Transaction ID: 00104.E1670 Date of Disbursement 09 / 28 / 2009
	Mailing Address 209 Pennsylvania Avenue, SE	Amount of Each Disbursement this Period 2000.00
	City Washington State DC Zip Code 20003-	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/Type
	Candidate Name SUZANNE KOSMAS	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
	State: FL District: 24	DIRECT CONTRIBUTION

B.	Full Name (Last, First, Middle Initial) Kratovil for Congress	Transaction ID: 00104.E1644 Date of Disbursement 09 / 09 / 2009
	Mailing Address 499 S Capitol Street, SW Suite 404	Amount of Each Disbursement this Period 1000.00
	City Washington State DC Zip Code 20003-4004	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/Type
	Candidate Name FRANK M KRATOVIL, JR	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
	State: MD District: 01	DIRECT CONTRIBUTION

C.	Full Name (Last, First, Middle Initial) SENATE MAJORITY FUND	Transaction ID: 00104.E1706 Date of Disbursement 11 / 25 / 2009
	Mailing Address 507 Capital Court, NE #100	Amount of Each Disbursement this Period 1000.00
	City Washington State DC Zip Code 20002-	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/Type
	Candidate Name SENATE MAJORITY FUND	
	Office Sought: <input type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President	Disbursement For: 2009 <input type="checkbox"/> Primary <input type="checkbox"/> General <input checked="" type="checkbox"/> Other (specify) ▼
	State: District:	Annual/Other

SUBTOTAL of Disbursements This Page (optional)	4000.00
TOTAL This Period (last page this line number only)	

SCHEDULE B (FEC Form 3X) ITEMIZED DISBURSEMENTS

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<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Friends of Blanche Lincoln	Transaction ID: 00104.E1683 Date of Disbursement 10 / 16 / 2009
	Mailing Address 303 Massachusetts Avenue, NE City Washington State DC Zip Code 20002-5701 Purpose of Disbursement DIRECT CONTRIBUTION Candidate Name BLANCHE LAMBERT LINCOLN Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼ State: AR District: 00	Amount of Each Disbursement this Period 1000.00 DIRECT CONTRIBUTION
B.	Full Name (Last, First, Middle Initial) Friends of Dan Maffei	Transaction ID: 00104.E1671 Date of Disbursement 09 / 28 / 2009
	Mailing Address 10 G Street, NE S Suite 470 City Washington State DC Zip Code 20002-8038 Purpose of Disbursement DIRECT CONTRIBUTION Candidate Name DANIEL B MAFFEI Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼ State: NY District: 25	Amount of Each Disbursement this Period 2000.00 DIRECT CONTRIBUTION
C.	Full Name (Last, First, Middle Initial) Friends of Dan Maffei	Transaction ID: 00104.E1659 Date of Disbursement 09 / 24 / 2009
	Mailing Address 10 G Street, NE S Suite 470 City Washington State DC Zip Code 20002-8038 Purpose of Disbursement DIRECT CONTRIBUTION Candidate Name DANIEL B MAFFEI Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼ State: NY District: 25	Amount of Each Disbursement this Period 1000.00 DIRECT CONTRIBUTION

SUBTOTAL of Disbursements This Page (optional) ▶

4000.00

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**SCHEDULE B (FEC Form 3X)
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<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial) Kenny Marchant for Congress <hr/> Mailing Address P.O. Box 110187 <hr/> City Carrollton State TX Zip Code 75011- <hr/> Purpose of Disbursement DIRECT CONTRIBUTION <hr/> Candidate Name KENNY E MARCHANT <hr/> Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: TX District: 24 <hr/> Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Transaction ID: 00104.E1692 Date of Disbursement M M / D D / Y Y Y Y 1 1 / 0 4 / 2 0 0 9
	Amount of Each Disbursement this Period 1500.00
	Category/ Type DIRECT CONTRIBUTION
	Category/ Type DIRECT CONTRIBUTION

B. Full Name (Last, First, Middle Initial) McCarthy for Congress <hr/> Mailing Address 104 Hume Avenue <hr/> City Alexandria State VA Zip Code 22301-1015 <hr/> Purpose of Disbursement DIRECT CONTRIBUTION <hr/> Candidate Name KEVIN MR MCCARTHY <hr/> Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: CA District: 22 <hr/> Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Transaction ID: 00104.E1704 Date of Disbursement M M / D D / Y Y Y Y 1 1 / 2 5 / 2 0 0 9
	Amount of Each Disbursement this Period 1000.00
	Category/ Type DIRECT CONTRIBUTION
	Category/ Type DIRECT CONTRIBUTION

C. Full Name (Last, First, Middle Initial) MAJORITY COMMITTEE PAC--MC PAC <hr/> Mailing Address 104 Hume Avenue <hr/> City Alexandria State VA Zip Code 22301-1015 <hr/> Purpose of Disbursement DIRECT CONTRIBUTION <hr/> Candidate Name MAJORITY COMMITTEE PAC--MC PAC <hr/> Office Sought: <input type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: District: <hr/> Disbursement For: 2009 <input type="checkbox"/> Primary <input type="checkbox"/> General <input checked="" type="checkbox"/> Other (specify) ▼ Annual/Other	Transaction ID: 90806.E1629 Date of Disbursement M M / D D / Y Y Y Y 0 7 / 2 7 / 2 0 0 9
	Amount of Each Disbursement this Period 2000.00
	Category/ Type DIRECT CONTRIBUTION
	Category/ Type DIRECT CONTRIBUTION

SUBTOTAL of Disbursements This Page (optional) ▶	4500.00
TOTAL This Period (last page this line number only) ▶	(Empty box)

SCHEDULE B (FEC Form 3X) ITEMIZED DISBURSEMENTS

Use separate schedule(s) for each category of the Detailed Summary Page

FOR LINE NUMBER:
(check only one)

<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) McConnell Senate Committee Mailing Address 400 N Capitol Street, NW Suite 585 City Washington State DC Zip Code 20001-1502 Purpose of Disbursement DIRECT CONTRIBUTION Candidate Name MITCH MCCONNELL Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President State: KY District: 00 Disbursement For: 2014 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Transaction ID: 00104.E1676 Date of Disbursement 10 / 14 / 2009	Amount of Each Disbursement this Period 2000.00 DIRECT CONTRIBUTION
B.	Full Name (Last, First, Middle Initial) McCotter Congressional Committee Mailing Address P.O. Box 530788 City Livonia State MI Zip Code 48153-0788 Purpose of Disbursement DIRECT CONTRIBUTION Candidate Name THADDEUS G MCCOTTER Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: MI District: 11 Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Transaction ID: 90806.E1621 Date of Disbursement 07 / 16 / 2009	Amount of Each Disbursement this Period 2000.00 DIRECT CONTRIBUTION
C.	Full Name (Last, First, Middle Initial) McHenry for Congress Mailing Address P.O. Box 1406 City Hickory State NC Zip Code 28603-1406 Purpose of Disbursement DIRECT CONTRIBUTION Candidate Name PATRICK TIMOTHY MCHENRY Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: NC District: 10 Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Transaction ID: 00104.E1707 Date of Disbursement 11 / 25 / 2009	Amount of Each Disbursement this Period 1000.00 DIRECT CONTRIBUTION

SUBTOTAL of Disbursements This Page (optional) ▶	5000.00
TOTAL This Period (last page this line number only) ▶	[]

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER:
(check only one)

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<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) McHenry for Congress	Transaction ID: 90806.E1634 Date of Disbursement 07 / 27 / 2009
	Mailing Address P.O. Box 1406	
	City Hickory State NC Zip Code 28603-1406	Amount of Each Disbursement this Period 1000.00
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name PATRICK TIMOTHY MCHENRY	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: NC District: 10	DIRECT CONTRIBUTION
	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	

B.	Full Name (Last, First, Middle Initial) McHenry for Congress	Transaction ID: 00104.E1687 Date of Disbursement 10 / 23 / 2009
	Mailing Address P.O. Box 1406	
	City Hickory State NC Zip Code 28603-1406	Amount of Each Disbursement this Period 1000.00
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name PATRICK TIMOTHY MCHENRY	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: NC District: 10	DIRECT CONTRIBUTION
	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	

C.	Full Name (Last, First, Middle Initial) Friends for Gregory Meeks	Transaction ID: 00104.E1689 Date of Disbursement 10 / 23 / 2009
	Mailing Address 1010 Vermont Ave., NW Suite 814	
	City Washington State DC Zip Code 20005-4957	Amount of Each Disbursement this Period 1000.00
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name GREGORY W MEEKS	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: NY District: 06	DIRECT CONTRIBUTION
	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	

SUBTOTAL of Disbursements This Page (optional) ►

3000.00

TOTAL This Period (last page this line number only) ►

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER:
(check only one)

<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

<p>A. Full Name (Last, First, Middle Initial) Friends for Gregory Meeks</p> <p>Mailing Address 1010 Vermont Ave., NW Suite 814</p> <p>City Washington State DC Zip Code 20005-4957</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name GREGORY W MEEKS</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: NY District: 06</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 90806.E1635 Date of Disbursement 07 / 30 / 2009</p> <p>Amount of Each Disbursement this Period 1000.00</p> <p>DIRECT CONTRIBUTION</p>
<p>B. Full Name (Last, First, Middle Initial) Minnick for Congress</p> <p>Mailing Address 3914 Barcroft Mews Court</p> <p>City Falls Church State VA Zip Code 22041-</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name WALTER CLIFFORD MINNICK</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: ID District: 01</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00104.E1663 Date of Disbursement 09 / 28 / 2009</p> <p>Amount of Each Disbursement this Period 1500.00</p> <p>DIRECT CONTRIBUTION</p>
<p>C. Full Name (Last, First, Middle Initial) Gwen Moore for Congress</p> <p>Mailing Address 499 S Capitol St., SW Suite 422</p> <p>City Washington State DC Zip Code 20003-4009</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name GWENDOLYNNE MOORE</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: WI District: 04</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00104.E1658 Date of Disbursement 09 / 24 / 2009</p> <p>Amount of Each Disbursement this Period 1000.00</p> <p>DIRECT CONTRIBUTION</p>

SUBTOTAL of Disbursements This Page (optional) ▶

3500.00

TOTAL This Period (last page this line number only) ▶

SCHEDULE B (FEC Form 3X) ITEMIZED DISBURSEMENTS

Use separate schedule(s) for each category of the Detailed Summary Page

FOR LINE NUMBER: (check only one)

<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Nelson 2012	Transaction ID: 00104.E1702 Date of Disbursement 11 / 13 / 2009
	Mailing Address 420 C Street, NE	Amount of Each Disbursement this Period 2000.00
	City Washington State DC Zip Code 20002-5818	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/Type
	Candidate Name E BENJAMIN NELSON	
	Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President State: NE District: 00	Disbursement For: 2012 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
		DIRECT CONTRIBUTION

B.	Full Name (Last, First, Middle Initial) Neugebauer Congressional Committee	Transaction ID: 00104.E1699 Date of Disbursement 11 / 10 / 2009
	Mailing Address 217 Third Street, SE	Amount of Each Disbursement this Period 1000.00
	City Washington State DC Zip Code 20003-	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/Type
	Candidate Name RANDY NEUGEBAUER	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: TX District: 19	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
		DIRECT CONTRIBUTION

C.	Full Name (Last, First, Middle Initial) Perlmutter for Congress	Transaction ID: 00104.E1657 Date of Disbursement 09 / 24 / 2009
	Mailing Address 499 S Capitol Street, SW Sutie 422	Amount of Each Disbursement this Period 1000.00
	City Washington State DC Zip Code 20003-4009	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/Type
	Candidate Name EDWIN G PERLMUTTER	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: CO District: 07	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
		DIRECT CONTRIBUTION

SUBTOTAL of Disbursements This Page (optional)	4000.00
TOTAL This Period (last page this line number only)	

SCHEDULE B (FEC Form 3X) ITEMIZED DISBURSEMENTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER:
(check only one)

<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Gary Peters for Congress

Mailing Address 50 E Street, SE

City Washington State DC Zip Code 20003-2620

Purpose of Disbursement
DIRECT CONTRIBUTION

Candidate Name
GARY PETERS

Office Sought: House
 Senate
 President

Disbursement For: 2010
 Primary General
 Other (specify) ▼

State: MI District: 09

Transaction ID: 00104.E1674
Date of Disbursement

M	M	/	D	D	/	Y	Y	Y	Y
0	9		2	8		2	0	0	9

Amount of Each Disbursement this Period

2000.00

DIRECT CONTRIBUTION

B.

Full Name (Last, First, Middle Initial)
Ted Poe for Congress

Mailing Address 228 S Washington Street
Suite B-20

City Alexandria State VA Zip Code 22314-5402

Purpose of Disbursement
DIRECT CONTRIBUTION

Candidate Name
TED POE

Office Sought: House
 Senate
 President

Disbursement For: 2010
 Primary General
 Other (specify) ▼

State: TX District: 02

Transaction ID: 00104.E1665
Date of Disbursement

M	M	/	D	D	/	Y	Y	Y	Y
0	9		2	8		2	0	0	9

Amount of Each Disbursement this Period

1000.00

DIRECT CONTRIBUTION

C.

Full Name (Last, First, Middle Initial)
Rangel for Congress

Mailing Address P.O. Box 5577
Manhattanville Station

City New York State NY Zip Code 10027-5570

Purpose of Disbursement
DIRECT CONTRIBUTION

Candidate Name
CHARLES B RANGEL

Office Sought: House
 Senate
 President

Disbursement For: 2010
 Primary General
 Other (specify) ▼

State: NY District: 15

Transaction ID: 00104.E1638
Date of Disbursement

M	M	/	D	D	/	Y	Y	Y	Y
0	8		1	0		2	0	0	9

Amount of Each Disbursement this Period

2500.00

DIRECT CONTRIBUTION

SUBTOTAL of Disbursements This Page (optional)

5500.00

TOTAL This Period (last page this line number only)

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s)
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Detailed Summary Page

FOR LINE NUMBER:
(check only one)

<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Friends for Harry Reid	Transaction ID: 00104.E1639 Date of Disbursement 08 / 10 / 2009
	Mailing Address 426 C Street, NE Rear Building	Amount of Each Disbursement this Period 2500.00
	City Washington State DC Zip Code 20002-	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name HARRY REID	
	Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President State: NV District: 00	Disbursement For: 2010 <input type="checkbox"/> Primary <input checked="" type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
		DIRECT CONTRIBUTION

B.	Full Name (Last, First, Middle Initial) Mike Ross for Congress	Transaction ID: 00104.E1666 Date of Disbursement 09 / 28 / 2009
	Mailing Address 209 Pennsylvania Avenue, SE	Amount of Each Disbursement this Period 2500.00
	City Washington State DC Zip Code 20003-	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name MICHAEL AVERY ROSS	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: AR District: 04	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
		DIRECT CONTRIBUTION

C.	Full Name (Last, First, Middle Initial) Ed Royce for Congress	Transaction ID: 00104.E1646 Date of Disbursement 09 / 14 / 2009
	Mailing Address 217 Third Street, SE	Amount of Each Disbursement this Period 1000.00
	City Washington State DC Zip Code 20003-	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name ED MR ROYCE	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: CA District: 40	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
		DIRECT CONTRIBUTION

SUBTOTAL of Disbursements This Page (optional) ▶

6000.00

TOTAL This Period (last page this line number only) ▶

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s)
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Detailed Summary Page

FOR LINE NUMBER:
(check only one)

<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Citizens for Rush	Transaction ID: 00104.E1686 Date of Disbursement 10 / 23 / 2009
	Mailing Address 499 S Capitol Street, SW Suite 422	Amount of Each Disbursement this Period 1000.00
	City Washington State DC Zip Code 20003-4028	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name BOBBY LEE RUSH	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: IL District: 01	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
		DIRECT CONTRIBUTION

B.	Full Name (Last, First, Middle Initial) Scalise for Congress	Transaction ID: 00104.E1641 Date of Disbursement 08 / 13 / 2009
	Mailing Address PO Box 23219	Amount of Each Disbursement this Period 1000.00
	City Jefferson State LA Zip Code 70183-0219	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name STEVE MR. SCALISE	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: LA District: 01	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
		DIRECT CONTRIBUTION

C.	Full Name (Last, First, Middle Initial) Bobby Scott for Congress	Transaction ID: 00104.E1694 Date of Disbursement 11 / 04 / 2009
	Mailing Address P.O. Box 251	Amount of Each Disbursement this Period 2500.00
	City Newport News State VA Zip Code 23607-0251	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name ROBERT C SCOTT	
	Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: VA District: 03	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
		DIRECT CONTRIBUTION

SUBTOTAL of Disbursements This Page (optional)	4500.00
TOTAL This Period (last page this line number only)	

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s)
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Detailed Summary Page

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<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

<p>A. Full Name (Last, First, Middle Initial) TALLATCHEE CREEK INC. PAC</p> <p>Mailing Address P.O. Box 29576</p> <p>City Washington State DC Zip Code 20017-</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name TALLATCHEE CREEK INC. PAC</p> <p>Office Sought: <input type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President Disbursement For: 2009 <input type="checkbox"/> Primary <input type="checkbox"/> General <input checked="" type="checkbox"/> Other (specify) ▼</p> <p>State: District:</p>	<p>Transaction ID: 00104.E1652 Date of Disbursement 09 / 22 / 2009</p> <p>Amount of Each Disbursement this Period 1000.00</p> <p>DIRECT CONTRIBUTION</p>
<p>B. Full Name (Last, First, Middle Initial) Shelby for US Senate</p> <p>Mailing Address c/oThe Gula Graham Group 700 12th Street NW, Suite 700</p> <p>City Washington State DC Zip Code 20005-4052</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name RICHARD C SHELBY</p> <p>Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p> <p>State: AL District: 00</p>	<p>Transaction ID: 00104.E1710 Date of Disbursement 11 / 25 / 2009</p> <p>Amount of Each Disbursement this Period 2500.00</p> <p>DIRECT CONTRIBUTION</p>
<p>C. Full Name (Last, First, Middle Initial) Shelby for US Senate</p> <p>Mailing Address c/oThe Gula Graham Group 700 12th Street NW, Suite 700</p> <p>City Washington State DC Zip Code 20005-4052</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name RICHARD C SHELBY</p> <p>Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President Disbursement For: 2010 <input type="checkbox"/> Primary <input checked="" type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p> <p>State: AL District: 00</p>	<p>Transaction ID: 00104.E1717 Date of Disbursement 12 / 08 / 2009</p> <p>Amount of Each Disbursement this Period 500.00</p> <p>DIRECT CONTRIBUTION</p>

SUBTOTAL of Disbursements This Page (optional) ▶

4000.00

TOTAL This Period (last page this line number only) ▶

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

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Detailed Summary Page

FOR LINE NUMBER:
(check only one)

<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Shelby for US Senate	Transaction ID: 00104.E1716 Date of Disbursement 12 / 08 / 2009
	Mailing Address c/oThe Gula Graham Group 700 12th Street NW, Suite 700	Amount of Each Disbursement this Period 1500.00
	City Washington State DC Zip Code 20005-4052	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name RICHARD C SHELBY	
	Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President State: AL District: 00	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
		DIRECT CONTRIBUTION

B.	Full Name (Last, First, Middle Initial) DEFEND AMERICA PAC	Transaction ID: 00104.E1677 Date of Disbursement 10 / 14 / 2009
	Mailing Address c/o the Gula Graham Group 700 12th Street, NW, Suite 700	Amount of Each Disbursement this Period 5000.00
	City Washington State DC Zip Code 20005-	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name DEFEND AMERICA PAC	
	Office Sought: <input type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: District:	Disbursement For: 2014 <input type="checkbox"/> Primary <input type="checkbox"/> General <input checked="" type="checkbox"/> Other (specify) ▼
		DIRECT CONTRIBUTION

C.	Full Name (Last, First, Middle Initial) Citizens for Arlen Specter	Transaction ID: 00104.E1711 Date of Disbursement 11 / 25 / 2009
	Mailing Address 236 Massachusetts Avenue, NE Suite 602	Amount of Each Disbursement this Period 2500.00
	City Washington State DC Zip Code 20002-4971	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name ARLEN SPECTER	
	Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President State: PA District: 00	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼
		DIRECT CONTRIBUTION

SUBTOTAL of Disbursements This Page (optional)	9000.00
TOTAL This Period (last page this line number only)	

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER:
(check only one)

<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

<p>A. Full Name (Last, First, Middle Initial) Friends of John Thune</p> <p>Mailing Address 912 F Street, NW #1106</p> <p>City Washington State DC Zip Code 20004-1451</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name JOHN THUNE</p> <p>Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President State: SD District: 00</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 90806.E1627 Date of Disbursement 07 / 27 / 2009</p> <p>Amount of Each Disbursement this Period 1500.00</p> <p>DIRECT CONTRIBUTION</p>
<p>B. Full Name (Last, First, Middle Initial) Committee to Re-Elect Ed Towns</p> <p>Mailing Address 426 C Street, NE</p> <p>City Washington State DC Zip Code 20002-5818</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name EDOLPHUS TOWNS</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: NY District: 10</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 90806.E1636 Date of Disbursement 07 / 30 / 2009</p> <p>Amount of Each Disbursement this Period 1000.00</p> <p>DIRECT CONTRIBUTION</p>
<p>C. Full Name (Last, First, Middle Initial) Van Hollen for Congress</p> <p>Mailing Address 10605 Concord Street Suite 202</p> <p>City Kensington State MD Zip Code 20895-2526</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name VAN HOLLEN, CHRIS</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: MD District: 08</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00104.E1681 Date of Disbursement 10 / 16 / 2009</p> <p>Amount of Each Disbursement this Period 1000.00</p> <p>DIRECT CONTRIBUTION</p>

SUBTOTAL of Disbursements This Page (optional) ▶

3500.00

TOTAL This Period (last page this line number only) ▶

SCHEDULE B (FEC Form 3X) ITEMIZED DISBURSEMENTS

Use separate schedule(s) for each category of the Detailed Summary Page

FOR LINE NUMBER:
(check only one)

<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

<p>A. Full Name (Last, First, Middle Initial) Committee to Re-Elect Nydia M. Velazquez</p> <p>Mailing Address 315 Inspiration Lane</p> <p>City Gaithersburg State MD Zip Code 20878-</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name NYDIA M VELAZQUEZ</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: NY District: 12</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00104.E1662 Date of Disbursement 09 / 28 / 2009</p> <p>Amount of Each Disbursement this Period 1500.00</p> <p>DIRECT CONTRIBUTION</p>
<p>B. Full Name (Last, First, Middle Initial) Vitter for Senate</p> <p>Mailing Address 912 F Street, NW #1106</p> <p>City Washington State DC Zip Code 20004-1451</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name DAVID VITTER</p> <p>Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President State: LA District: 00</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00104.E1697 Date of Disbursement 11 / 10 / 2009</p> <p>Amount of Each Disbursement this Period 500.00</p> <p>DIRECT CONTRIBUTION</p>
<p>C. Full Name (Last, First, Middle Initial) Vitter for Senate</p> <p>Mailing Address 912 F Street, NW #1106</p> <p>City Washington State DC Zip Code 20004-1451</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name DAVID VITTER</p> <p>Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President State: LA District: 00</p> <p>Disbursement For: 2010 <input type="checkbox"/> Primary <input checked="" type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00104.E1698 Date of Disbursement 11 / 10 / 2009</p> <p>Amount of Each Disbursement this Period 500.00</p> <p>DIRECT CONTRIBUTION</p>

SUBTOTAL of Disbursements This Page (optional) ▶

2500.00

TOTAL This Period (last page this line number only) ▶

SCHEDULE B (FEC Form 3X) ITEMIZED DISBURSEMENTS

Use separate schedule(s) for each category of the Detailed Summary Page

FOR LINE NUMBER:
(check only one)

<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Vitter for Senate	Transaction ID: 00104.E1678 Date of Disbursement 10 / 14 / 2009
	Mailing Address 912 F Street, NW #1106	Amount of Each Disbursement this Period 2000.00
	City Washington State DC Zip Code 20004-1451	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/Type
	Candidate Name DAVID VITTER	
	Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼ State: LA District: 00	DIRECT CONTRIBUTION

B.	Full Name (Last, First, Middle Initial) Friends of Mark Warner	Transaction ID: 00104.E1679 Date of Disbursement 10 / 14 / 2009
	Mailing Address 10 G Street, NE Suite 470	Amount of Each Disbursement this Period 2500.00
	City Washington State DC Zip Code 20002-8038	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/Type
	Candidate Name MARK R WARNER	
	Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President Disbursement For: 2014 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼ State: VA District: 00	DIRECT CONTRIBUTION

C.	Full Name (Last, First, Middle Initial) Friends of Mark Warner	Transaction ID: 00104.E1695 Date of Disbursement 11 / 06 / 2009
	Mailing Address 10 G Street, NE Suite 470	Amount of Each Disbursement this Period -2500.00
	City Washington State DC Zip Code 20002-8038	
	Purpose of Disbursement VOID	Category/Type
	Candidate Name MARK R WARNER	
	Office Sought: <input type="checkbox"/> House <input checked="" type="checkbox"/> Senate <input type="checkbox"/> President Disbursement For: 2014 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼ State: VA District: 00	VOID

SUBTOTAL of Disbursements This Page (optional)	2000.00
TOTAL This Period (last page this line number only)	

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER:
(check only one)

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<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial) Debbie Wasserman Schultz for Congress Mailing Address P.O. Box 71147 City Washington State DC Zip Code 20024-1147 Purpose of Disbursement DIRECT CONTRIBUTION Candidate Name DEBBIE WASSERMAN SCHULTZ Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: FL District: 20 Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Transaction ID: 00104.E1701 Date of Disbursement 11 / 13 / 2009
	Amount of Each Disbursement this Period 1000.00 Category/Type DIRECT CONTRIBUTION
B. Full Name (Last, First, Middle Initial) Friends of Charlie Wilson Mailing Address Attn: George Koutsos 600 Pennsylvania Avenue, SE Suite City Washington State DC Zip Code 20003-4006 Purpose of Disbursement DIRECT CONTRIBUTION Candidate Name CHARLES A WILSON, JR Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: OH District: 06 Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Transaction ID: 90806.E1637 Date of Disbursement 07 / 30 / 2009
	Amount of Each Disbursement this Period 1000.00 Category/Type DIRECT CONTRIBUTION

SUBTOTAL of Disbursements This Page (optional) ►

2000.00

TOTAL This Period (last page this line number only) ►

144500.00

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER:
(check only one)

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<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input checked="" type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) 7th District Republican Committee	Transaction ID: 00104.E1696 Date of Disbursement 11 / 10 / 2009
	Mailing Address 25 E Main Street	Amount of Each Disbursement this Period 1500.00
	City Richmond State VA Zip Code 23219-2109	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name	
	Office Sought: <input type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: District:	Disbursement For: 2009 <input type="checkbox"/> Primary <input type="checkbox"/> General <input checked="" type="checkbox"/> Other (specify) ▼ Annual/Other

B.	Full Name (Last, First, Middle Initial) Texans for Greg Abbott	Transaction ID: 00104.E1691 Date of Disbursement 11 / 04 / 2009
	Mailing Address P.O. Box 308	Amount of Each Disbursement this Period 2500.00
	City Austin State TX Zip Code 78767-	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name	
	Office Sought: <input type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: District:	Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼

C.	Full Name (Last, First, Middle Initial) Committee to Re-Elect Buddy Caldwell	Transaction ID: 90806.E1624 Date of Disbursement 07 / 16 / 2009
	Mailing Address 937 Rossmore Ave. Suite B	Amount of Each Disbursement this Period 1000.00
	City Baton Rouge State LA Zip Code 70810-4676	
	Purpose of Disbursement DIRECT CONTRIBUTION	Category/ Type
	Candidate Name	
	Office Sought: <input type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: District:	Disbursement For: 2011 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼

SUBTOTAL of Disbursements This Page (optional)	5000.00
TOTAL This Period (last page this line number only)	5000.00