

FEC FORM 3X

REPORT OF RECEIPTS AND DISBURSEMENTS

For Other Than An Authorized Committee

Office Use Only

1. NAME OF COMMITTEE (in full) **USE FEC MAILING LABEL OR TYPE OR PRINT** Example: If typing, type over the lines
Capital One Financial Corp. Assoc. Political Fund

ADDRESS (number and street) 1680 Capital One Drive
Attn: 19050-1204
 Check if different than previously reported. (ACC)
McLean VA 22102

2. **FEC IDENTIFICATION NUMBER** C00326595
3. IS THIS REPORT NEW (N) **OR** AMENDED (A)

4. **TYPE OF REPORT** (Choose One)
(a) Quarterly Reports:
 April 15 Quarterly Report(Q1)
 July 15 Quarterly Report(Q2)
 October 15 Quarterly Report(Q3)
 January 31 Quarterly Report(YE)
 July 31 Mid-Year Report(Non-election Year Only) (MY)
 Termination Report (TER)
(b) Monthly Report Due On:
 Feb 20 (M2) May 20 (M5) Aug 20 (M8) Nov 20 (M11) (Non-Election Year Only)
 Mar 20 (M3) Jun 20 (M6) Sep 20 (M9) Dec 20 (M12) (Non-Election Year Only)
 Apr 20 (M4) Jul 20 (M7) Oct 20 (M10) Jan 31 (YE)
(c) 12-Day **PRE-Election** Report for the:
 Primary (12P) General (12G) Runoff (12R)
 Convention (12C) Special (12G)
Election on _____ in the State of _____
(d) 30-Day **Post -Election** Report for the:
 General (30G) Runoff (30R) Special (30S)
Election on _____ in the State of _____

5. Covering Period 05 01 2010 through 05 31 2010

I certify that I have examined this Report and to the best of my knowledge and belief it is true, correct and complete.

Type or Print Name of Treasurer Ronald S. Siemiontkowski

Signature of Treasurer Electronically Filed by Ronald S. Siemiontkowski Date 06 10 2010

NOTE : Submission of false, erroneous, or incomplete information may subject the person signing this Report to the penalties of 2 U.S.C 437g.

Office Use Only							
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FEC FORM 3X
(Rev. 12/2004)

SUMMARY PAGE
OF RECEIPTS AND DISBURSEMENTS

Write or Type Committee Name
Capital One Financial Corp. Assoc. Political Fund

Report Covering the Period: From:

M	M
0	5

D	D
0	1

Y	Y	Y	Y
2	0	1	0

 To:

M	M
0	5

D	D
3	1

Y	Y	Y	Y
2	0	1	0

	COLUMN A This Period	COLUMN B Calendar Year-to-Date								
6. (a) Cash on Hand January 1 <table border="1"><tr><td>Y</td><td>Y</td><td>Y</td><td>Y</td></tr><tr><td>2</td><td>0</td><td>1</td><td>0</td></tr></table>	Y	Y	Y	Y	2	0	1	0		118163.49
Y	Y	Y	Y							
2	0	1	0							
(b) Cash on Hand at Beginning of Reporting Period	96227.77									
(c) Total Receipts (from Line 19)	56841.39	137655.67								
(d) Subtotal (add lines 6(b) and 6(c) for Column A and Lines 6(a) and 6(c) for Column B)	153069.16	255819.16								
7. Total Disbursements (from Line 31)	12500.00	115250.00								
8. Cash on Hand at Close of Reporting Period (subtract Line 7 from Line 6(d))	140569.16	140569.16								
9. Debts and Obligations owed TO the committee (Itemize all on Schedule C and/or Schedule D)	0.00									
10. Debts and Obligations owed BY the committee (Itemize all on Schedule C and/or Schedule D)	0.00									

This Committee has qualified as a multicandidate committee. (see FEC FORM 1M)

For further information contact:

Federal Election Commission
999 E street, NW
Washington, DC 20463

Toll Free 800-424-9530
Local 202-694-1100

FEC Form 3X (Rev. 06/2004)

Write or Type Committee Name
Capital One Financial Corp. Assoc. Political Fund

Report Covering the Period: From:

M	M
0	5

D	D
0	1

Y	Y	Y	Y
2	0	1	0

 To:

M	M
0	5

D	D
3	1

Y	Y	Y	Y
2	0	1	0

I. Receipts	COLUMN A Total This Period	COLUMN B Calendar Year-to-Date
11. Contributions (other than loans) From:		
(a) Individuals/Persons Other Than Political Committees		
(i) Itemized (use Schedule A)	55072.64	111101.05
(ii) Unitemized	1768.75	21554.62
(iii) TOTAL (add Lines 11(a)(i) and (ii)	56841.39	132655.67
(b) Political Party Committees	0.00	0.00
(c) Other Political Committees (such as PACs)	0.00	0.00
(d) Total Contributions (add Lines 11(a)(iii),(b) and (c)) (Carry Totals to Line 33, page 5)	56841.39	132655.67
12. Transfers From Affiliated/Other Party Committees	0.00	0.00
13. All Loans Received	0.00	0.00
14. Loan Repayments Received	0.00	0.00
15. Offsets To Operating Expenditures (Refunds, Rebates, etc.) (Carry Totals to Line 37, page 5)	0.00	0.00
16. Refunds of Contributions Made to Federal candidates and Other Political Committees	0.00	5000.00
17. Other Federal Receipts (Dividends, Interest, etc.)	0.00	0.00
18. Transfers from Non-Federal and Levin Funds		
(a) Non-Federal Account (from Schedule H3)	0.00	0.00
(b) Levin Funds (from Schedule H5)	0.00	0.00
(c) Total Transfer (add 18(a) and 18(b)).	0.00	0.00
19. Total Receipts (add Lines 11(d), 12, 13, 14, 15, 16, 17, and 18(c))	56841.39	137655.67
20. Total Federal Receipts (subtract Line 18(c) from Line 19)	56841.39	137655.67

DETAILED SUMMARY PAGE

of Disbursements

FEC Form 3X (Rev. 02/2003)

II. DISBURSEMENTS	COLUMN A Total This Period	COLUMN B Calendar Year-to-Date
21. Operating Expenditures:		
(a) Shared Federal/Non-Federal Activity (from Schedule H4)		
(i) Federal Share.....	0.00	0.00
(ii) Non-Federal Share.....	0.00	0.00
(b) Other Federal Operating Expenditures.....	0.00	0.00
(c) Total Operating Expenditures (add 21(a)(i), (a)(ii) and (b))..... ▶	0.00	0.00
22. Transfers to Affiliated/Other Party Committees.....	0.00	0.00
23. Contributions to Federal Candidates/Committees and Other Political Committees.....	12500.00	114750.00
24. Independent Expenditure (use Schedule E)	0.00	0.00
25. Coordinated Expenditures Made by Party Committees (2 U.S.C. 441a(d)) (use Schedule F).....	0.00	0.00
26. Loan Repayments Made.....	0.00	0.00
27. Loans Made.....	0.00	0.00
28. Refunds of Contributions To:		
(a) Individuals/Persons Other Than Political Committees	0.00	0.00
(b) Political Party Committees	0.00	0.00
(c) Other Political Committees (such as PACs)	0.00	0.00
(d) Total Contribution Refunds (add Lines 28(a), (b), and (c))	0.00	0.00
29. Other Disbursements.....	0.00	500.00
30. Federal Election Activity (2 U.S.C 431(20))		
(a) Shared Federal Election Activity (from Schedule H6)		
(i) Federal Share	0.00	0.00
(ii) "Levin" Share	0.00	0.00
(b) Federal Election Activity Paid Entirely With Federal Funds	0.00	0.00
(c) Total Federal Election Activity (add Lines 30(a)(i), 30(a)(ii) and 30(b))....	0.00	0.00
31. Total Disbursements (add Lines 21(c), 22, 23, 24, 25, 26, 27, 28(d), 29 and 30(c))..	12500.00	115250.00
32. Total Federal Disbursements (subtract Line 21(a)(ii) and Line 30(a)(ii) from Line 31).....	12500.00	115250.00

DETAILED SUMMARY PAGE
of Disbursements

FEC Form 3X (Rev. 02/2003)

III. Net Contributions/Operating Expenditures	COLUMN A Total This Period	COLUMN B Calendar Year-to-Date
33. Total Contributions (other than loans) from Line 11(d), page 3)	56841.39	132655.67
34. Total Contribution Refunds (from Line 28(d))	0.00	0.00
35. Net Contributions (other than loans) (subtract Line 34 from Line 33)	56841.39	132655.67
36. Total Federal Operating Expenditures (add Line 21(a)(i) and Line 21(b)).....	0.00	0.00
37. Offsets to Operating Expenditures (from Line 15, page 3)	0.00	0.00
38. Net Operating Expenditures (subtract Line 37 from Line 36)	0.00	0.00

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 6 / 46
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

Any information copied from such Reports and Statements may not be sold or used by any person for the purpose of soliciting contributions or for commercial purposes, other than using the name and address of any political committee to solicit contributions from such committee.

NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Murray Abrams

Mailing Address 10208 Bencross Dr

City State Zip Code
Potomac MD 20854

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Evp, Corporate Development

Receipt For: Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 1500.00

Date of Receipt: 05 / 15 / 2010
Transaction ID: 00607.C107049
Amount of Each Receipt this Period: 300.00
Receipt
Payroll Deduction: (150.0-0/2/Month)

B. Full Name (Last, First, Middle Initial)
Amanda Aghdami

Mailing Address 108 Penshurst Road

City State Zip Code
Richmond VA 23221

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Mvp, Call Center Ops (bank)

Receipt For: Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 416.60

Date of Receipt: 05 / 15 / 2010
Transaction ID: 00607.C107115
Amount of Each Receipt this Period: 83.32
Receipt
Payroll Deduction: (41.66-/2/Month)

C. Full Name (Last, First, Middle Initial)
Robert Alexander

Mailing Address 9600 Sloman Place

City State Zip Code
Richmond VA 23238

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Chief Information Officer

Receipt For: Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 2083.30

Date of Receipt: 05 / 15 / 2010
Transaction ID: 00607.C107071
Amount of Each Receipt this Period: 416.66
Receipt
Payroll Deduction: (208.3-3/2/Month)

SUBTOTAL of Receipts This Page (optional) ► 799.98

TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 7 / 46
	<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b
	<input type="checkbox"/> 13	<input type="checkbox"/> 14
	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
	<input type="checkbox"/> 15	<input type="checkbox"/> 16
	<input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Amy Anderson	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 9430 Charter Lake Drive	Transaction ID: 00607.C107134
	City State Zip Code Mechanicsville VA 23116	Amount of Each Receipt this Period 50.00
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation VP, Information Technology	Payroll Deduction: (25.00- /2/Month)
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 250.00	

B.	Full Name (Last, First, Middle Initial) Angela Avant	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 152 Jane Drive	Transaction ID: 00607.C107234
	City State Zip Code Mandeville LA 70448	Amount of Each Receipt this Period 40.00
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation Financial Consultant Iii	Payroll Deduction: (20.00- /2/Month)
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 200.00	

C.	Full Name (Last, First, Middle Initial) Kenneth Aversa	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 3708 Ivory Terrace	Transaction ID: 00607.C107061
	City State Zip Code Richmond VA 23233	Amount of Each Receipt this Period 64.00
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation VP, Operations	Payroll Deduction: (32.00- /2/Month)
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 320.00	

SUBTOTAL of Receipts This Page (optional)	154.00
TOTAL This Period (last page this line number only)	

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 8 / 46
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12	
	<input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Warrenetta Baker		Date of Receipt
	Mailing Address 6832 Capri Place		<input type="text" value="05"/> / <input type="text" value="15"/> / <input type="text" value="2010"/>
	City	State	Zip Code
	Bethesda	MD	20817
	FEC ID number of contributing federal political committee. C		Transaction ID: 00607.C107144
Name of Employer Capital One		Occupation Svp, Chief Counsel -global Tax	Amount of Each Receipt this Period
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼ <input type="text" value="400.00"/>	<input type="text" value="80.00"/>
			Receipt
			Payroll Deduction: (40.00- /2/Month)

B.	Full Name (Last, First, Middle Initial) Kathleen Barta		Date of Receipt
	Mailing Address 501 Slaters Lane Unit 1203		<input type="text" value="05"/> / <input type="text" value="15"/> / <input type="text" value="2010"/>
	City	State	Zip Code
	Alexandria	VA	22314
	FEC ID number of contributing federal political committee. C		Transaction ID: 00607.C107105
Name of Employer Capital One		Occupation Sr. Director, Chief Of Staff	Amount of Each Receipt this Period
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼ <input type="text" value="333.30"/>	<input type="text" value="66.66"/>
			Receipt
			Payroll Deduction: (33.33- /2/Month)

C.	Full Name (Last, First, Middle Initial) Susan Batura		Date of Receipt
	Mailing Address 219 East Brook Run Drive		<input type="text" value="05"/> / <input type="text" value="15"/> / <input type="text" value="2010"/>
	City	State	Zip Code
	Richmond	VA	23238
	FEC ID number of contributing federal political committee. C		Transaction ID: 00607.C107136
Name of Employer Capital One		Occupation VP, Audit	Amount of Each Receipt this Period
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼ <input type="text" value="2080.00"/>	<input type="text" value="416.00"/>
			Receipt
			Payroll Deduction: (208.0- 0/2/Month)

SUBTOTAL of Receipts This Page (optional)	<input type="text" value="562.66"/>
TOTAL This Period (last page this line number only)	<input type="text"/>

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
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Detailed Summary Page

FOR LINE NUMBER: PAGE 9 / 46
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
John Benesole

Mailing Address 436 Shadow Creek Lane

City State Zip Code
Manakin-sabot VA 23103

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Vp, It Architecture

Receipt For: Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 416.60

Date of Receipt: 05 / 15 / 2010
Transaction ID: 00607.C107116
Amount of Each Receipt this Period: 83.32
Receipt
Payroll Deduction: (41.66- /2/Month)

B. Full Name (Last, First, Middle Initial)
Terry Berkley

Mailing Address 103 Beverly Road

City State Zip Code
Ashland VA 23005

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Vp, Lob Cfo

Receipt For: Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 790.00

Date of Receipt: 05 / 15 / 2010
Transaction ID: 00607.C107072
Amount of Each Receipt this Period: 158.00
Receipt
Payroll Deduction: (79.00- /2/Month)

C. Full Name (Last, First, Middle Initial)
Jory Berson

Mailing Address 338 Perrow Lane

City State Zip Code
Manakin-sabot VA 23103

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Chief Human Resources Officer

Receipt For: Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 2080.00

Date of Receipt: 05 / 15 / 2010
Transaction ID: 00607.C107043
Amount of Each Receipt this Period: 416.00
Receipt
Payroll Deduction: (208.0- 0/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ **657.32**

TOTAL This Period (last page this line number only) ▶

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 10 / 46
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12	
	<input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Guenet Beshah	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 3803 Noble Ave	Transaction ID: 00607.C107075
	City Richmond State VA Zip Code 23222	Amount of Each Receipt this Period 168.00
	FEC ID number of contributing federal political committee. C	Receipt
	Name of Employer Capital One Occupation Executive Coach Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) <input type="checkbox"/> Aggregate Year-to-Date 840.00	Payroll Deduction: (84.00- /2/Month)

B.	Full Name (Last, First, Middle Initial) Elisabeth Bresee	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 1027 Millwood Road	Transaction ID: 00607.C107132
	City Great Falls State VA Zip Code 22066	Amount of Each Receipt this Period 62.50
	FEC ID number of contributing federal political committee. C	Receipt
	Name of Employer Capital One Occupation Mvp, Sr Assoc Gen Cnsl-policy Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) <input type="checkbox"/> Aggregate Year-to-Date 312.50	Payroll Deduction: (31.25- /2/Month)

C.	Full Name (Last, First, Middle Initial) James Brown	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 1820 Kalorama Road, Nw #1	Transaction ID: 00607.C107426
	City Washington State DC Zip Code 20009	Amount of Each Receipt this Period 100.00
	FEC ID number of contributing federal political committee. C	Receipt
	Name of Employer Capital One Occupation Sr. Director, Govt Relations Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) <input type="checkbox"/> Aggregate Year-to-Date 500.00	Payroll Deduction: (50.00- /2/Month)

SUBTOTAL of Receipts This Page (optional)	330.50
TOTAL This Period (last page this line number only)	

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 11 / 46
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Edward Cahill

Mailing Address 11401 Scotsghlen Ct.

City State Zip Code
Glen Allen VA 23059

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Vp, Credit Review

Receipt For: Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 835.00

Date of Receipt MM / DD / YYYY
05 / 15 / 2010

Transaction ID: 00607.C107135

Amount of Each Receipt this Period 167.00

Receipt

Payroll Deduction: (83.50- /2/Month)

B. Full Name (Last, First, Middle Initial)
E.R. Campbell

Mailing Address 457 Railsback Road

City State Zip Code
Shreveport LA 00000

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Board of Directors

Receipt For: Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 5000.00

Date of Receipt MM / DD / YYYY
05 / 06 / 2010

Transaction ID: 00607.C107429

Amount of Each Receipt this Period 5000.00

Receipt

C. Full Name (Last, First, Middle Initial)
Heather Carroll Cox

Mailing Address 2205 Windsor Road

City State Zip Code
Alexandria VA 22307

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation SVP, Operations

Receipt For: Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 215.00

Date of Receipt MM / DD / YYYY
05 / 28 / 2010

Transaction ID: 00607.C107825

Amount of Each Receipt this Period 215.00

Receipt

Payroll Deduction: (215.0- 0/2/Month)

SUBTOTAL of Receipts This Page (optional) ► **5382.00**

TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 12 / 46
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12 <input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Joseph Caruso	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 1609 Colapissa Street	Transaction ID: 00607.C107282
	City State Zip Code Metairie LA 70001	Amount of Each Receipt this Period 95.20
	FEC ID number of contributing federal political committee. C	Receipt Payroll Deduction: (47.60- /2/Month)
Name of Employer Capital One	Occupation VP, Audit	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 476.00	

B.	Full Name (Last, First, Middle Initial) Mark Cauwels	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 3035 Creekview Dr	Transaction ID: 00607.C107140
	City State Zip Code Grapevine TX 76051	Amount of Each Receipt this Period 55.56
	FEC ID number of contributing federal political committee. C	Receipt Payroll Deduction: (27.78- /2/Month)
Name of Employer Capital One	Occupation Sr. Director, IT	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 277.80	

C.	Full Name (Last, First, Middle Initial) William Cilluffo	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 155 Alexandra Blvd US Citizen	Transaction ID: 00607.C107048
	City State Zip Code Toronto ON M4R 1-M3	Amount of Each Receipt this Period 250.00
	FEC ID number of contributing federal political committee. C	Receipt Payroll Deduction: (125.0- 0/2/Month)
Name of Employer Capital One	Occupation SVP, Business Analysis	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 1250.00	

SUBTOTAL of Receipts This Page (optional)	400.76
TOTAL This Period (last page this line number only)	

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 13 / 46
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12	
	<input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Kenneth Cirillo		Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 418 Weston Way		Transaction ID: 00607.C107053
	City Richmond	State VA	Zip Code 23238
	FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 50.00
	Name of Employer Capital One	Occupation Executive Coach	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼ 250.00	Payroll Deduction: (25.00- /2/Month)

B.	Full Name (Last, First, Middle Initial) Kathy Collier		Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 16118 Mabry Mill Drive		Transaction ID: 00607.C107042
	City Midlothian	State VA	Zip Code 23113
	FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 100.00
	Name of Employer Capital One	Occupation VP, Business Analysis	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼ 500.00	Payroll Deduction: (50.00- /2/Month)

C.	Full Name (Last, First, Middle Initial) Robert Degenhardt		Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 9207 Hartley Hill Ct		Transaction ID: 00607.C107114
	City Glen Allen	State VA	Zip Code 23060
	FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 58.00
	Name of Employer Capital One	Occupation Director, Process Management	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼ 290.00	Payroll Deduction: (29.00- /2/Month)

SUBTOTAL of Receipts This Page (optional)	▶	208.00
TOTAL This Period (last page this line number only)	▶	

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 14 / 46
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Samir Deshpande

Mailing Address 6331 Aberdeen Avenue

City State Zip Code
Dallas TX 75230

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Svp, Coaf

Receipt For: Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 1250.00

Date of Receipt: 05 / 15 / 2010
Transaction ID: 00607.C107110
Amount of Each Receipt this Period: 250.00
Receipt
Payroll Deduction: (125.0-0/2/Month)

B. Full Name (Last, First, Middle Initial)
Michael Dobbins

Mailing Address 4507 35th Street North

City State Zip Code
Arlington VA 22207

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Svp, Business Analysis (bank)

Receipt For: Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 1250.00

Date of Receipt: 05 / 15 / 2010
Transaction ID: 00607.C107148
Amount of Each Receipt this Period: 250.00
Receipt
Payroll Deduction: (125.0-0/2/Month)

C. Full Name (Last, First, Middle Initial)
Anthony Dunbar

Mailing Address 5015 Camp Street

City State Zip Code
New Orleans LA 70115

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Sr Director, Assoc Gen. Counsel

Receipt For: Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 250.00

Date of Receipt: 05 / 15 / 2010
Transaction ID: 00607.C107162
Amount of Each Receipt this Period: 50.00
Receipt
Payroll Deduction: (25.00-1/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ 550.00

TOTAL This Period (last page this line number only) ▶

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 15 / 46
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12	
	<input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Howard Easter	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 19281 Oakwood Lane	Transaction ID: 00607.C107056
	City State Zip Code Jetersville VA 23083	Amount of Each Receipt this Period 66.66
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation Director, Risk Management	Payroll Deduction: (33.33- /2/Month)
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 333.30	

B.	Full Name (Last, First, Middle Initial) Frank Eck	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 47272 Ox Bow Circle	Transaction ID: 00607.C107137
	City State Zip Code Potomac Falls VA 20165	Amount of Each Receipt this Period 42.00
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation Sr Director, Assoc Gen. Counsel	Payroll Deduction: (21.00- /2/Month)
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 210.00	

C.	Full Name (Last, First, Middle Initial) Robin Elder	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 11136 Great Meadows Drive	Transaction ID: 00607.C107131
	City State Zip Code Mechanicsville VA 23116	Amount of Each Receipt this Period 40.00
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation Vp, Operational Risk Mgt	Payroll Deduction: (20.00- /2/Month)
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 200.00	

SUBTOTAL of Receipts This Page (optional)	148.66
TOTAL This Period (last page this line number only)	

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 16 / 46
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
James Evans
Mailing Address 105 N. Erlwood Court
City Richmond State VA Zip Code 23229
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Deposit Operations Executive
Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 1000.00
Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107123
Amount of Each Receipt this Period 200.00
Receipt
Payroll Deduction: (100.0-0/2/Month)

B. Full Name (Last, First, Middle Initial)
Ellen Falbo
Mailing Address 3818 24th St. N
City Arlington State VA Zip Code 22207
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation VP, Business Analysis
Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 625.00
Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107093
Amount of Each Receipt this Period 125.00
Receipt
Payroll Deduction: (62.50-/2/Month)

C. Full Name (Last, First, Middle Initial)
Nancy Ferguson
Mailing Address 4108 Veneto Dr
City Frisco State TX Zip Code 75034
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation VP, Chief Counsel
Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 882.50
Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107126
Amount of Each Receipt this Period 176.50
Receipt
Payroll Deduction: (88.25-/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ 501.50
TOTAL This Period (last page this line number only) ▶

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 17 / 46

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Jerry Fiala

Mailing Address 6100 Olde Hartley
Place

City State Zip Code
Glen Allen VA 23060

FEC ID number of contributing
federal political committee. **C**

Name of Employer Occupation
Capital One VP, Business Analysis

Receipt For: Aggregate Year-to-Date ▼
 Primary General
 Other (specify) ▼ 625.00

Date of Receipt
M M / D D / Y Y Y Y Y
0 5 / 1 5 / 2 0 1 0

Transaction ID: 00607.C107082

Amount of Each Receipt this Period
125.00

Receipt
Payroll Deduction: (62.50-
/2/Month)

B.

Full Name (Last, First, Middle Initial)
John Finneran

Mailing Address 16 Magnolia Parkway

City State Zip Code
Chevy Chase MD 20815

FEC ID number of contributing
federal political committee. **C**

Name of Employer Occupation
Capital One Gen. Counsel & Corp. Secretary

Receipt For: Aggregate Year-to-Date ▼
 Primary General
 Other (specify) ▼ 5000.00

Date of Receipt
M M / D D / Y Y Y Y Y
0 5 / 0 6 / 2 0 1 0

Transaction ID: 00607.C107433

Amount of Each Receipt this Period
5000.00

Receipt

C.

Full Name (Last, First, Middle Initial)
F. Foster

Mailing Address 1914 Buffalo Creek Rd

City State Zip Code
Crozier VA 23039

FEC ID number of contributing
federal political committee. **C**

Name of Employer Occupation
Capital One Port Mgmt & Anltcs Officer Iii

Receipt For: Aggregate Year-to-Date ▼
 Primary General
 Other (specify) ▼ 208.30

Date of Receipt
M M / D D / Y Y Y Y Y
0 5 / 1 5 / 2 0 1 0

Transaction ID: 00607.C107073

Amount of Each Receipt this Period
41.66

Receipt
Payroll Deduction: (20.83-
/2/Month)

SUBTOTAL of Receipts This Page (optional)

5166.66

TOTAL This Period (last page this line number only)

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 18 / 46

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Stephen Gannon

Mailing Address 8907 Tolman Rd.

City State Zip Code
Richmond VA 23229

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One EVP, Deputy General Counsel

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 2083.30

Date of Receipt

M M / D D / Y Y Y Y
0 5 / 1 5 / 2 0 1 0

Transaction ID: 00607.C107425

Amount of Each Receipt this Period

416.66

Receipt

Payroll Deduction: (208.3-3/2/Month)

B.

Full Name (Last, First, Middle Initial)
Harvey Gantz

Mailing Address 2944 Gracefield Rd

City State Zip Code
Silver Spring MD 20904

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Director, Compliance

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 375.00

Date of Receipt

M M / D D / Y Y Y Y
0 5 / 1 5 / 2 0 1 0

Transaction ID: 00607.C107133

Amount of Each Receipt this Period

75.00

Receipt

Payroll Deduction: (37.50-1/2/Month)

C.

Full Name (Last, First, Middle Initial)
Patrick Gemmell

Mailing Address 213 Culpeper Road

City State Zip Code
Richmond VA 23229

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One VP, Operations

Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 210.00

Date of Receipt

M M / D D / Y Y Y Y
0 5 / 1 5 / 2 0 1 0

Transaction ID: 00607.C107089

Amount of Each Receipt this Period

42.00

Receipt

Payroll Deduction: (21.00-1/2/Month)

SUBTOTAL of Receipts This Page (optional)

533.66

TOTAL This Period (last page this line number only)

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 19 / 46
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Kevin Goldstein

Mailing Address 1301 Turkey Trot Rd

City State Zip Code
Manakin-sabot VA 23103

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation SVP, Business Analysis

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 416.60

Date of Receipt
M M / D D / Y Y Y Y Y
0 5 / 1 5 / 2 0 1 0

Transaction ID: 00607.C107130

Amount of Each Receipt this Period
83.32

Receipt

Payroll Deduction: (41.66- /2/Month)

B. Full Name (Last, First, Middle Initial)
David Gordon

Mailing Address 1602 Swansbury Dr

City State Zip Code
Richmond VA 23238

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Svp, Card It

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 625.00

Date of Receipt
M M / D D / Y Y Y Y Y
0 5 / 1 5 / 2 0 1 0

Transaction ID: 00607.C107113

Amount of Each Receipt this Period
125.00

Receipt

Payroll Deduction: (62.50- /2/Month)

C. Full Name (Last, First, Middle Initial)
Thomas Govan

Mailing Address 2317 Laurelwood Drive

City State Zip Code
Baton Rouge LA 70816

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation RELATIONSHIP MANAGER IV

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 450.00

Date of Receipt
M M / D D / Y Y Y Y Y
0 5 / 1 5 / 2 0 1 0

Transaction ID: 00607.C107376

Amount of Each Receipt this Period
90.00

Receipt

Payroll Deduction: (45.00- /2/Month)

SUBTOTAL of Receipts This Page (optional) ► 298.32

TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 20 / 46
	<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b
	<input type="checkbox"/> 13	<input type="checkbox"/> 14
	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
	<input type="checkbox"/> 15	<input type="checkbox"/> 16
	<input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Sarah Gravitt-baese	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 4316 Cutshaw Ave.	Transaction ID: 00607.C107090
	City State Zip Code Richmond VA 23230	Amount of Each Receipt this Period 146.00
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation Vp, Brand Lob Consulting	Payroll Deduction: (73.00- /2/Month)
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 730.00	

B.	Full Name (Last, First, Middle Initial) Ann Hackett	Date of Receipt MM / DD / YYYY 05 / 21 / 2010
	Mailing Address 1110 Brook Valley Lane	Transaction ID: 00607.C107435
	City State Zip Code Mclean VA 22102	Amount of Each Receipt this Period 5000.00
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Horizon Consulting Group	Occupation Board of Directors/Stockholder	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 5000.00	

C.	Full Name (Last, First, Middle Initial) Lewis Hay, III	Date of Receipt MM / DD / YYYY 05 / 13 / 2010
	Mailing Address 13220 Marsh Landing	Transaction ID: 00607.C107434
	City State Zip Code Palm Beach Gardens FL 33418	Amount of Each Receipt this Period 5000.00
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation Board of Directors/Stockholder	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 5000.00	

SUBTOTAL of Receipts This Page (optional)	10146.00
TOTAL This Period (last page this line number only)	

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 21 / 46
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
John Heyel
 Mailing Address 10624 Sherwin Pl.
 City State Zip Code
 Glen Allen VA 23059
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Director, Financial Management
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 333.30
 Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107085
 Amount of Each Receipt this Period 66.66
 Receipt
 Payroll Deduction: (33.33- /2/Month)

B. Full Name (Last, First, Middle Initial)
Christa Hokenson
 Mailing Address 7103 Holyrood Drive
 City State Zip Code
 Mclean VA 22101
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Vp, Compensation
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 882.40
 Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107065
 Amount of Each Receipt this Period 176.48
 Receipt
 Payroll Deduction: (88.24- /2/Month)

C. Full Name (Last, First, Middle Initial)
Peter Horst
 Mailing Address 1439 Oakview Drive
 City State Zip Code
 Mclean VA 22101
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Svp, Brand Strategy
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 300.00
 Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107138
 Amount of Each Receipt this Period 60.00
 Receipt
 Payroll Deduction: (30.00- /2/Month)

SUBTOTAL of Receipts This Page (optional) ► **303.14**
TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 22 / 46
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12	
	<input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Lindi Huynh	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 2219 Cactus Finch	Transaction ID: 00607.C107424
	City State Zip Code Katy TX 77494	Amount of Each Receipt this Period 40.00
	FEC ID number of contributing federal political committee. C	Receipt
	Name of Employer Capital One Occupation District Manager II Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General Aggregate Year-to-Date ▼ <input type="checkbox"/> Other (specify) ▼ 200.00	Payroll Deduction: (20.00- /2/Month)

B.	Full Name (Last, First, Middle Initial) Troy Jamison	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 12909 Holmbank Lane	Transaction ID: 00607.C107050
	City State Zip Code Richmond VA 23233	Amount of Each Receipt this Period 40.00
	FEC ID number of contributing federal political committee. C	Receipt
	Name of Employer Capital One Occupation VP, Business Analysis Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General Aggregate Year-to-Date ▼ <input type="checkbox"/> Other (specify) ▼ 200.00	Payroll Deduction: (20.00- /2/Month)

C.	Full Name (Last, First, Middle Initial) Sharon Johnson	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 1807 Vance Place	Transaction ID: 00607.C107127
	City State Zip Code Vienna VA 22182	Amount of Each Receipt this Period 54.00
	FEC ID number of contributing federal political committee. C	Receipt
	Name of Employer Capital One Occupation Sr Director, Assoc Gen. Counsel Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General Aggregate Year-to-Date ▼ <input type="checkbox"/> Other (specify) ▼ 270.00	Payroll Deduction: (27.00- /2/Month)

SUBTOTAL of Receipts This Page (optional)	▶	134.00
TOTAL This Period (last page this line number only)	▶	

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 23 / 46
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Todd Kennedy

Mailing Address 400 Massachusetts Ave Nw
Apt 1119

City Washington State DC Zip Code 20001

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Mvp, Business Analysis

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 729.20

Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107058
Amount of Each Receipt this Period 145.84
Receipt
Payroll Deduction: (72.92- /2/Month)

B. Full Name (Last, First, Middle Initial)
Frederick Knowles

Mailing Address 6304 Avalon Dr

City Bethesda State MD Zip Code 20816

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Svp, Hr Consulting, Comp&ben

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 1250.00

Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107122
Amount of Each Receipt this Period 250.00
Receipt
Payroll Deduction: (125.0- 0/2/Month)

C. Full Name (Last, First, Middle Initial)
Robert Kottler

Mailing Address P.o. Box 100699

City Arlington State VA Zip Code 22210

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Svp, Small Business Banking

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 1250.00

Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107168
Amount of Each Receipt this Period 250.00
Receipt
Payroll Deduction: (125.0- 0/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ **645.84**

TOTAL This Period (last page this line number only) ▶

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 24 / 46

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

Any information copied from such Reports and Statements may not be sold or used by any person for the purpose of soliciting contributions or for commercial purposes, other than using the name and address of any political committee to solicit contributions from such committee.

NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Frank Laprade

Mailing Address 1680 Capital One

City State Zip Code
McLean VA 22102

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One EVP, Chief of Staff

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 1250.00

Date of Receipt

M M / D D / Y Y Y Y
0 5 / 1 5 / 2 0 1 0

Transaction ID: 00607.C107054

Amount of Each Receipt this Period

250.00

Receipt

Payroll Deduction: (125.0-0/2/Month)

B.

Full Name (Last, First, Middle Initial)
Minh-duc Le

Mailing Address 2100 Lee Hwy
Apt 410

City State Zip Code
Arlington VA 22201

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Director, Asst General Counsel

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 208.30

Date of Receipt

M M / D D / Y Y Y Y
0 5 / 1 5 / 2 0 1 0

Transaction ID: 00607.C107421

Amount of Each Receipt this Period

41.66

Receipt

Payroll Deduction: (20.83-/2/Month)

C.

Full Name (Last, First, Middle Initial)
Pierre Leroy

Mailing Address 41813 N. 99th Way

City State Zip Code
Scottsdale AZ 85262-2814

FEC ID number of contributing federal political committee. **C**

Name of Employer Occupation
Capital One Financial Board of Directors/Stockholder

Receipt For: Primary General
 Other (specify) ▼ Aggregate Year-to-Date ▼ 5000.00

Date of Receipt

M M / D D / Y Y Y Y
0 5 / 0 6 / 2 0 1 0

Transaction ID: 00607.C107428

Amount of Each Receipt this Period

5000.00

Receipt

SUBTOTAL of Receipts This Page (optional) ▶

5291.66

TOTAL This Period (last page this line number only) ▶

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 25 / 46
	<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b
	<input type="checkbox"/> 13	<input type="checkbox"/> 14
	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
	<input type="checkbox"/> 15	<input type="checkbox"/> 16
	<input type="checkbox"/> 17	

Any information copied from such Reports and Statements may not be sold or used by any person for the purpose of soliciting contributions or for commercial purposes, other than using the name and address of any political committee to solicit contributions from such committee.

NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Stephen Linehan

Mailing Address 5701 Little Spring

City Derwood State MD Zip Code 20855

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation EVP, Treasurer

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 1000.00

Date of Receipt 05 / 15 / 2010

Transaction ID: 00607.C107068

Amount of Each Receipt this Period 200.00

Receipt

Payroll Deduction: (100.0-0/2/Month)

B. Full Name (Last, First, Middle Initial)
Joel Martinez

Mailing Address 5248 Scotsglen Dr

City Glen Allen State VA Zip Code 23059

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Vp, Hr Consulting

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 250.00

Date of Receipt 05 / 15 / 2010

Transaction ID: 00607.C107128

Amount of Each Receipt this Period 50.00

Receipt

Payroll Deduction: (25.00-/2/Month)

C. Full Name (Last, First, Middle Initial)
John Mccullen

Mailing Address 6892 Turnage Ln

City Mechanicsville State VA Zip Code 23111

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Director, Project Management

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 500.00

Date of Receipt 05 / 15 / 2010

Transaction ID: 00607.C107079

Amount of Each Receipt this Period 100.00

Receipt

Payroll Deduction: (50.00-/2/Month)

SUBTOTAL of Receipts This Page (optional) ► 350.00

TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 26 / 46
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
William Mcdonald

Mailing Address 4390 East Perry Parkway

City Greenwood Village State CO Zip Code 80121

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Evp, Brand Marketing

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 2083.30

Date of Receipt 05 / 15 / 2010

Transaction ID: 00607.C107078

Amount of Each Receipt this Period 416.66

Receipt

Payroll Deduction: (208.3-3/2/Month)

B. Full Name (Last, First, Middle Initial)
Melissa Mcsherry

Mailing Address 1810 N. Kenmore

City Arlington State VA Zip Code 22207

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Mvp, Business Analysis

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 625.00

Date of Receipt 05 / 15 / 2010

Transaction ID: 00607.C107129

Amount of Each Receipt this Period 125.00

Receipt

Payroll Deduction: (62.50-1/2/Month)

C. Full Name (Last, First, Middle Initial)
James Mendelsohn

Mailing Address 8021 Falstaff Rd

City Mclean State VA Zip Code 22102

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Vp, Strategy-mrkt Research

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 625.00

Date of Receipt 05 / 15 / 2010

Transaction ID: 00607.C107083

Amount of Each Receipt this Period 125.00

Receipt

Payroll Deduction: (62.50-1/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ **666.66**

TOTAL This Period (last page this line number only) ▶

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 27 / 46
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Jerry Miller
 Mailing Address 3020 Darnley Drive
 City Richmond State VA Zip Code 23235
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Sr. Manager, Procurement
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 350.00
 Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107109
 Amount of Each Receipt this Period 70.00
 Receipt
 Payroll Deduction: (35.00- /2/Month)

B. Full Name (Last, First, Middle Initial)
Sandra Miller
 Mailing Address 4122 Broad Street Road
 City Gum Spring State VA Zip Code 23065
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Sr. Director, Project Mgt
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 208.30
 Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107111
 Amount of Each Receipt this Period 41.66
 Receipt
 Payroll Deduction: (20.83- /2/Month)

C. Full Name (Last, First, Middle Initial)
Victoria Mirandah
 Mailing Address 11600 Aprilbud Drive
 City Richmond State VA Zip Code 23233
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Sr. Director, Hr
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 333.30
 Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107070
 Amount of Each Receipt this Period 66.66
 Receipt
 Payroll Deduction: (33.33- /2/Month)

SUBTOTAL of Receipts This Page (optional) ► 178.32
TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 28 / 46
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

Any information copied from such Reports and Statements may not be sold or used by any person for the purpose of soliciting contributions or for commercial purposes, other than using the name and address of any political committee to solicit contributions from such committee.

NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Joseph Morgan
Mailing Address 703 Big Woods Place
City State Zip Code
Mankin Sabot VA 23103
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Vp, Enterprise Topm
Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 625.00
Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107052
Amount of Each Receipt this Period 125.00
Receipt
Payroll Deduction: (62.50- /2/Month)

B. Full Name (Last, First, Middle Initial)
Daniel Mortensen
Mailing Address 9515 Carterwood Ct
City State Zip Code
Richmond VA 23229
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Svp, Corporate Real Estate
Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 1500.00
Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107062
Amount of Each Receipt this Period 300.00
Receipt
Payroll Deduction: (150.0- 0/2/Month)

C. Full Name (Last, First, Middle Initial)
Kevin Murray
Mailing Address 6003 Woodley Rd.
City State Zip Code
Mclean VA 22101
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Svp, Regulatory Relations
Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 1250.00
Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107103
Amount of Each Receipt this Period 250.00
Receipt
Payroll Deduction: (125.0- 0/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ 675.00
TOTAL This Period (last page this line number only) ▶

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 29 / 46
(check only one)

<input checked="" type="checkbox"/>	11a	<input type="checkbox"/>	11b	<input type="checkbox"/>	11c	<input type="checkbox"/>	12	<input type="checkbox"/>	13	<input type="checkbox"/>	14	<input type="checkbox"/>	15	<input type="checkbox"/>	16	<input type="checkbox"/>	17
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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Andres Navarrete

Mailing Address 5613 Wood Way

City State Zip Code
Bethesda MD 20816

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Svp, Chief Counsel

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 682.00

Date of Receipt
MM / DD / YYYY
05 / 15 / 2010

Transaction ID: 00607.C107100

Amount of Each Receipt this Period
136.40

Receipt

Payroll Deduction: (68.20- /2/Month)

B.

Full Name (Last, First, Middle Initial)
Richard Olson

Mailing Address 1608 Crestwood Lane

City State Zip Code
McLean VA 22101

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Director, Government Relations

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 1000.00

Date of Receipt
MM / DD / YYYY
05 / 15 / 2010

Transaction ID: 00607.C107086

Amount of Each Receipt this Period
200.00

Receipt

Payroll Deduction: (100.0- 0/2/Month)

C.

Full Name (Last, First, Middle Initial)
Sarah Olthoff

Mailing Address 3000 Springhill Ave

City State Zip Code
Richmond VA 23225

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Director, Compliance

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼ 208.30

Date of Receipt
MM / DD / YYYY
05 / 15 / 2010

Transaction ID: 00607.C107084

Amount of Each Receipt this Period
41.66

Receipt

Payroll Deduction: (20.83- /2/Month)

SUBTOTAL of Receipts This Page (optional) ► **378.06**

TOTAL This Period (last page this line number only) ►

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 30 / 46

(check only one)

<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15	<input type="checkbox"/> 16 <input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Kerri Palmer	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 1001 Sir Lancelot Cir	Transaction ID: 00607.C107117
	City State Zip Code Lewisville TX 75056	Amount of Each Receipt this Period 166.66
	FEC ID number of contributing federal political committee. C	Receipt Payroll Deduction: (83.33- /2/Month)
Name of Employer Capital One	Occupation Mvp, Financial Services	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 833.30	

B.	Full Name (Last, First, Middle Initial) Christopher Peak	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 2 Kentbury Way	Transaction ID: 00607.C107423
	City State Zip Code Bethesda MD 20814	Amount of Each Receipt this Period 66.66
	FEC ID number of contributing federal political committee. C	Receipt Payroll Deduction: (33.33- /2/Month)
Name of Employer Capital One	Occupation Director, Asst General Counsel	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 333.30	

C.	Full Name (Last, First, Middle Initial) Gary L. Perlin	Date of Receipt MM / DD / YYYY 05 / 06 / 2010
	Mailing Address 10301 Firefly Cir	Transaction ID: 00607.C107431
	City State Zip Code Fairfax Station VA 22039-2504	Amount of Each Receipt this Period 5000.00
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation CFO	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 5000.00	

SUBTOTAL of Receipts This Page (optional) ▶

5233.32

TOTAL This Period (last page this line number only) ▶

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 31 / 46
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12	
	<input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Terren Peterson	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 3712 Sovereign Lane	Transaction ID: 00607.C107112
	City Richmond State VA Zip Code 23233-7627	Amount of Each Receipt this Period 84.00
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One Occupation Sr. Director, IT	Payroll Deduction: (42.00- /2/Month)	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 420.00	

B.	Full Name (Last, First, Middle Initial) Douglas Pick	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 883 Dogwood Dell Lane	Transaction ID: 00607.C107069
	City Midlothian State VA Zip Code 23113	Amount of Each Receipt this Period 125.00
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One Occupation VP, Project Management	Payroll Deduction: (62.50- /2/Month)	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 625.00	

C.	Full Name (Last, First, Middle Initial) Lynn Pike	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 47 Murray Street Penthouse	Transaction ID: 00607.C107422
	City New York State NY Zip Code 10007	Amount of Each Receipt this Period 416.66
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One Occupation PRESIDENT, BANKING	Payroll Deduction: (208.3- 3/2/Month)	
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 2083.30	

SUBTOTAL of Receipts This Page (optional)	625.66
TOTAL This Period (last page this line number only)	

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 32 / 46
(check only one)

<input checked="" type="checkbox"/>	11a	<input type="checkbox"/>	11b	<input type="checkbox"/>	11c	<input type="checkbox"/>	12
<input type="checkbox"/>	13	<input type="checkbox"/>	14	<input type="checkbox"/>	15	<input type="checkbox"/>	16
							17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial) Thomas Poole		Date of Receipt MM / DD / YYYY 05 / 15 / 2010
Mailing Address 13799 Necklace Court		Transaction ID: 00607.C107091
City Chantilly	State VA	Zip Code 20151
FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 62.00
Name of Employer Capital One	Occupation Mvp, Business Analysis	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 310.00	Payroll Deduction: (31.00- /2/Month)

B.

Full Name (Last, First, Middle Initial) Bradley Rebel		Date of Receipt MM / DD / YYYY 05 / 15 / 2010
Mailing Address 900 Railey Hill Court		Transaction ID: 00607.C107150
City Midlothian	State VA	Zip Code 23114
FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 62.50
Name of Employer Capital One	Occupation VP, Audit	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 312.50	Payroll Deduction: (31.25- /2/Month)

C.

Full Name (Last, First, Middle Initial) James Reo		Date of Receipt MM / DD / YYYY 05 / 15 / 2010
Mailing Address 3141 N Pollard St		Transaction ID: 00607.C107076
City Arlington	State VA	Zip Code 22207
FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 90.00
Name of Employer Capital One	Occupation Sr. Director, Recruiting	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 450.00	Payroll Deduction: (45.00- /2/Month)

SUBTOTAL of Receipts This Page (optional)	▶	214.50
TOTAL This Period (last page this line number only)	▶	

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 33 / 46
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Tangela Richter
Mailing Address 1347 Perry Place, Nw
City Washington State DC Zip Code 20010
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Sr Director, Assoc Gen. Counsel
Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 333.30
Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107419
Amount of Each Receipt this Period 66.66
Receipt
Payroll Deduction: (33.33- /2/Month)

B. Full Name (Last, First, Middle Initial)
Monte Robinson
Mailing Address 123 Woodvale
City Bossier City State LA Zip Code 71111
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Bus Bnkg Sr Market Sales Exec
Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 250.00
Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107232
Amount of Each Receipt this Period 50.00
Receipt
Payroll Deduction: (25.00- /2/Month)

C. Full Name (Last, First, Middle Initial)
Leonard Roseman
Mailing Address 3314 Grove Ave
City Richmond State VA Zip Code 23221-2818
FEC ID number of contributing federal political committee. **C**
Name of Employer Capital One Occupation Vp, Statistician
Receipt For: Primary General Other (specify) ▼
Aggregate Year-to-Date ▼ 625.00
Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107145
Amount of Each Receipt this Period 125.00
Receipt
Payroll Deduction: (62.50- /2/Month)

SUBTOTAL of Receipts This Page (optional) ► 241.66
TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 34 / 46
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Colin Ruh

Mailing Address 9618 Sloman Place

City Richmond State VA Zip Code 23238

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Svp, Lob Cfo

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 1250.00

Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107047
Amount of Each Receipt this Period 250.00
Receipt
Payroll Deduction: (125.00/2/Month)

B. Full Name (Last, First, Middle Initial)
Nabil Sakkab

Mailing Address 1308 Park Road, Nw

City Washington State DC Zip Code 20010

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Sr Director, Assoc Gen. Counsel

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 208.30

Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107147
Amount of Each Receipt this Period 41.66
Receipt
Payroll Deduction: (20.83/2/Month)

C. Full Name (Last, First, Middle Initial)
Scott Schmidt

Mailing Address 9434 Stone Spring Drive

City Mechanicsville State VA Zip Code 23116

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Mvp, Hr Consulting

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 833.30

Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107064
Amount of Each Receipt this Period 166.66
Receipt
Payroll Deduction: (83.33/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ **458.32**

TOTAL This Period (last page this line number only) ▶

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 35 / 46
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12	
	<input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Peter Schnall	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 6703 Moly Drive	Transaction ID: 00607.C107060
	City Falls Church State VA Zip Code 22046	Amount of Each Receipt this Period 416.66
	FEC ID number of contributing federal political committee. C	Receipt
	Name of Employer Capital One Occupation Chief Risk Officer Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) <input type="checkbox"/> Aggregate Year-to-Date 2083.30	Payroll Deduction: (208.3-3/2/Month)

B.	Full Name (Last, First, Middle Initial) Ryan Schneider	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 1414 22nd St. Nw #51	Transaction ID: 00607.C107124
	City Washington State DC Zip Code 20037	Amount of Each Receipt this Period 416.66
	FEC ID number of contributing federal political committee. C	Receipt
	Name of Employer Capital One Occupation President, Card Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) <input type="checkbox"/> Aggregate Year-to-Date 2083.30	Payroll Deduction: (208.3-3/2/Month)

C.	Full Name (Last, First, Middle Initial) Patricia Shutterly	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 2900 Cottage Cove Dr.	Transaction ID: 00607.C107420
	City Henrico State VA Zip Code 23233	Amount of Each Receipt this Period 40.00
	FEC ID number of contributing federal political committee. C	Receipt
	Name of Employer Capital One Occupation Director, Audit Specialist Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) <input type="checkbox"/> Aggregate Year-to-Date 200.00	Payroll Deduction: (20.00-1/2/Month)

SUBTOTAL of Receipts This Page (optional)	873.32
TOTAL This Period (last page this line number only)	

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 36 / 46
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Lawrence Stein

Mailing Address 6503 Heather Brook Ct

City Mclean State VA Zip Code 22101

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Svp, Policy Affairs

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date 2083.30

Date of Receipt 05 / 15 / 2010

Transaction ID: 00607.C107141

Amount of Each Receipt this Period 416.66

Receipt

Payroll Deduction: (208.3-3/2/Month)

B. Full Name (Last, First, Middle Initial)
Robert Stuart

Mailing Address 1941 Country Club Dr

City Baton Rouge State LA Zip Code 70808

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Regional President, Banking

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date 561.70

Date of Receipt 05 / 15 / 2010

Transaction ID: 00607.C107375

Amount of Each Receipt this Period 112.34

Receipt

Payroll Deduction: (56.17-1/2/Month)

C. Full Name (Last, First, Middle Initial)
Jason Swider

Mailing Address 6103 Wigmore Lane - Unit N

City Alexandria State VA Zip Code 22315

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Legal Manager

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date 275.00

Date of Receipt 05 / 15 / 2010

Transaction ID: 00607.C107139

Amount of Each Receipt this Period 50.00

Receipt

Payroll Deduction: (25.00-1/2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ **579.00**

TOTAL This Period (last page this line number only) ▶

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 37 / 46
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Douglas Taylor

Mailing Address 12209 Hampton Valley Turn

City State Zip Code
Chesterfield VA 23832

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Sr Business Director

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 333.40

Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107080
Amount of Each Receipt this Period 66.68
Receipt
Payroll Deduction: (33.34- /2/Month)

B. Full Name (Last, First, Middle Initial)
Susan Tedesco

Mailing Address 9000 River Trace Ct

City State Zip Code
Richmond VA 23229

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Vp, Lob Operations

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 200.00

Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107121
Amount of Each Receipt this Period 40.00
Receipt
Payroll Deduction: (20.00- /2/Month)

C. Full Name (Last, First, Middle Initial)
Franklin Thacker

Mailing Address 2218 Monument Avenue

City State Zip Code
Richmond VA 23220

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Svp, Corp. Acct. & Ofm

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 200.00

Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107088
Amount of Each Receipt this Period 40.00
Receipt
Payroll Deduction: (20.00- /2/Month)

SUBTOTAL of Receipts This Page (optional) ► 146.68

TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 38 / 46
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12 <input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Steven Thibodeau	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 2228 Meadow Drive	Transaction ID: 00607.C107102
	City State Zip Code Carrollton TX 75007	Amount of Each Receipt this Period 50.00
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation Mvp, Loss Mitigation	Payroll Deduction: (25.00- /2/Month)
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 250.00	

B.	Full Name (Last, First, Middle Initial) Christopher Tignor	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 14538 Bud Lane	Transaction ID: 00607.C107051
	City State Zip Code Glen Allen VA 23059-1568	Amount of Each Receipt this Period 125.00
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation Vp, Information Security	Payroll Deduction: (62.50- /2/Month)
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 625.00	

C.	Full Name (Last, First, Middle Initial) David Tyler	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 5097 Little Falls Road	Transaction ID: 00607.C107055
	City State Zip Code Arlington VA 22207	Amount of Each Receipt this Period 416.66
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation Mvp,project Management (bank)	Payroll Deduction: (208.3- 3/2/Month)
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 2083.30	

SUBTOTAL of Receipts This Page (optional)	591.66
TOTAL This Period (last page this line number only)	

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 39 / 46
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Jeffrey Tyree

Mailing Address 3151 Shadow Creek Dr.

City Powhatan State VA Zip Code 23139

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Sr. Director, It Architecture

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 333.30

Date of Receipt 05 / 15 / 2010

Transaction ID: 00607.C107066

Amount of Each Receipt this Period 66.66

Receipt

Payroll Deduction: (33.33- /2/Month)

B. Full Name (Last, First, Middle Initial)
Richard Walker

Mailing Address 323 Clovelly Rd

City Richmond State VA Zip Code 23221

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation VP, Business Analysis

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 750.00

Date of Receipt 05 / 15 / 2010

Transaction ID: 00607.C107120

Amount of Each Receipt this Period 150.00

Receipt

Payroll Deduction: (75.00- /2/Month)

C. Full Name (Last, First, Middle Initial)
Bradford A. Warner

Mailing Address 19 Kress Farm Rd

City Hingham State MA Zip Code 02043-2911

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Financial Occupation Board Member/Stockholder

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 5000.00

Date of Receipt 05 / 06 / 2010

Transaction ID: 00607.C107430

Amount of Each Receipt this Period 5000.00

Receipt

SUBTOTAL of Receipts This Page (optional) ► 5216.66

TOTAL This Period (last page this line number only) ►

SCHEDULE A (FEC Form 3X) ITEMIZED RECEIPTS

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 40 / 46
	<input checked="" type="checkbox"/> 11a	<input type="checkbox"/> 11b
	<input type="checkbox"/> 13	<input type="checkbox"/> 14
	<input type="checkbox"/> 11c	<input type="checkbox"/> 12
	<input type="checkbox"/> 15	<input type="checkbox"/> 16
		<input type="checkbox"/> 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) David Wasik		Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 3817 Houndstooth Court		Transaction ID: 00607.C107045
	City Richmond	State VA	Zip Code 23233
	FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 250.00
	Name of Employer Capital One	Occupation SVP, Business Analysis	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼ 1250.00	Payroll Deduction: (125.00/2/Month)

B.	Full Name (Last, First, Middle Initial) James Weatherly		Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 525 Great Falls Street		Transaction ID: 00607.C107057
	City Falls Church	State VA	Zip Code 22046
	FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 125.00
	Name of Employer Capital One	Occupation Vp, Corp Credit Management	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼ 625.00	Payroll Deduction: (62.50/2/Month)

C.	Full Name (Last, First, Middle Initial) Chris Webb		Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 19312 Bowles Knob Dr.		Transaction ID: 00607.C107044
	City Rockville	State VA	Zip Code 23146
	FEC ID number of contributing federal political committee. C		Amount of Each Receipt this Period 50.00
	Name of Employer Capital One	Occupation Manager, Project Management	Receipt
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼		Aggregate Year-to-Date ▼ 250.00	Payroll Deduction: (25.00/2/Month)

SUBTOTAL of Receipts This Page (optional)	▶	425.00
TOTAL This Period (last page this line number only)	▶	

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 41 / 46
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
Emily Weems

Mailing Address 8468 Nicole Court

City Annandale State VA Zip Code 22003

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Director, Government Relations

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 500.00

Date of Receipt 05 / 15 / 2010

Transaction ID: 00607.C107417

Amount of Each Receipt this Period 100.00

Receipt

Payroll Deduction: (50.00- /2/Month)

B. Full Name (Last, First, Middle Initial)
Karl Werwath

Mailing Address 13007 River Road

City Richmond State VA Zip Code 23238

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Deposit Operations Executive

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 1250.00

Date of Receipt 05 / 15 / 2010

Transaction ID: 00607.C107095

Amount of Each Receipt this Period 250.00

Receipt

Payroll Deduction: (125.0- 0/2/Month)

C. Full Name (Last, First, Middle Initial)
Andrew Wiederhorn

Mailing Address 3513 Ellerton Drive

City Midlothian State VA Zip Code 23113

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Director, Asst General Counsel

Receipt For: Primary General Other (specify) ▼

Aggregate Year-to-Date ▼ 200.00

Date of Receipt 05 / 15 / 2010

Transaction ID: 00607.C107149

Amount of Each Receipt this Period 40.00

Receipt

Payroll Deduction: (20.00- /2/Month)

SUBTOTAL of Receipts This Page (optional) ▶ 390.00

TOTAL This Period (last page this line number only) ▶

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s) for each category of the Detailed Summary Page	FOR LINE NUMBER: (check only one)	PAGE 42 / 46
	<input checked="" type="checkbox"/> 11a <input type="checkbox"/> 11b <input type="checkbox"/> 11c <input type="checkbox"/> 12	
	<input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15 <input type="checkbox"/> 16 <input type="checkbox"/> 17	

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.	Full Name (Last, First, Middle Initial) Paula Wimbush	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 11419 N. Wedgemont Drive	Transaction ID: 00607.C107118
	City State Zip Code Richmond VA 23236	Amount of Each Receipt this Period 50.00
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation Director, Project Management	Payroll Deduction: (25.00- /2/Month)
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 250.00	

B.	Full Name (Last, First, Middle Initial) Janet Wood	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 107 Innisbrook Drive	Transaction ID: 00607.C107252
	City State Zip Code Broussard LA 70518	Amount of Each Receipt this Period 64.16
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation Market Sales & Service Mgr	Payroll Deduction: (32.08- /2/Month)
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 320.80	

C.	Full Name (Last, First, Middle Initial) Michael Woody	Date of Receipt MM / DD / YYYY 05 / 15 / 2010
	Mailing Address 4519 Briarwick Dr	Transaction ID: 00607.C107041
	City State Zip Code Richmond VA 23236	Amount of Each Receipt this Period 40.00
	FEC ID number of contributing federal political committee. C	Receipt
Name of Employer Capital One	Occupation Sr. Director, Audit Ops/Financ	Payroll Deduction: (20.00- /2/Month)
Receipt For: <input type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼	Aggregate Year-to-Date ▼ 200.00	

SUBTOTAL of Receipts This Page (optional)	154.16
TOTAL This Period (last page this line number only)	

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 43 / 46
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A. Full Name (Last, First, Middle Initial)
David Wright
 Mailing Address 2512 Maple Hall Court
 City State Zip Code
 Midlothian VA 23113
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Mvp, Tech Infrastructure Svcs
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 788.26
 Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107104
 Amount of Each Receipt this Period 143.32
 Receipt
 Payroll Deduction: (71.66- /2/Month)

B. Full Name (Last, First, Middle Initial)
Sanjiv Yajnik
 Mailing Address 5813 Golden Leaf Ct
 City State Zip Code
 Plano TX 75093-7594
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation President, Financial Services
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 5000.00
 Date of Receipt 05 / 06 / 2010
Transaction ID: 00607.C107432
 Amount of Each Receipt this Period 5000.00
 Receipt

C. Full Name (Last, First, Middle Initial)
Michael Zamsky
 Mailing Address 2001 15th Street N #1509
 City State Zip Code
 Arlington VA 22201
 FEC ID number of contributing federal political committee. **C**
 Name of Employer Capital One Occupation Evp, Chief Cnsmr Risk Officer
 Receipt For: Primary General Other (specify) ▼
 Aggregate Year-to-Date ▼ 1250.00
 Date of Receipt 05 / 15 / 2010
Transaction ID: 00607.C107059
 Amount of Each Receipt this Period 250.00
 Receipt
 Payroll Deduction: (125.0- 0/2/Month)

SUBTOTAL of Receipts This Page (optional) ► **5393.32**
TOTAL This Period (last page this line number only) ►

**SCHEDULE A (FEC Form 3X)
ITEMIZED RECEIPTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER: PAGE 44 / 46
(check only one)
 11a 11b 11c 12
 13 14 15 16 17

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Steven Zykoski

Mailing Address 103 Durrington Ct

City Richmond State VA Zip Code 23236

FEC ID number of contributing federal political committee. **C**

Name of Employer Capital One Occupation Sr. Director, Financial Mgt

Receipt For:
 Primary General
 Other (specify) ▼

Aggregate Year-to-Date ▼
333.40

Date of Receipt
M M / D D / Y Y Y Y
0 5 / 1 5 / 2 0 1 0

Transaction ID: 00607.C107142

Amount of Each Receipt this Period
66.68

Receipt

Payroll Deduction: (33.34-
/2/Month)

SUBTOTAL of Receipts This Page (optional)	▶	66.68
TOTAL This Period (last page this line number only)	▶	55072.64

**SCHEDULE B (FEC Form 3X)
ITEMIZED DISBURSEMENTS**

Use separate schedule(s)
for each category of the
Detailed Summary Page

FOR LINE NUMBER:
(check only one)

<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

Any Information copied from such Reports and Statements may not be sold or used by any person for the purpose of soliciting contributions or for commercial purposes, other than using the name and address of any political committee to solicit contributions from such committee

NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

<p>A. Full Name (Last, First, Middle Initial) Judy Biggert for Congress</p> <p>Mailing Address P.O. Box 637</p> <p>City Hinsdale State IL Zip Code 60522-</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name JUDY BIGGERT</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: IL District: 13</p> <p>Disbursement For: 2010 <input type="checkbox"/> Primary <input checked="" type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00520.E1777 Date of Disbursement 05 / 03 / 2010</p> <p>Amount of Each Disbursement this Period 1000.00</p> <p>DIRECT CONTRIBUTION</p>
<p>B. Full Name (Last, First, Middle Initial) Friends of Roy Blunt</p> <p>Mailing Address 209 Pennsylvania Avenue, SE</p> <p>City Washington State DC Zip Code 20003-</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name ROY BLUNT</p> <p>Office Sought: <input checked="" type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: MO District: 07</p> <p>Disbursement For: 2010 <input checked="" type="checkbox"/> Primary <input type="checkbox"/> General <input type="checkbox"/> Other (specify) ▼</p>	<p>Transaction ID: 00520.E1783 Date of Disbursement 05 / 17 / 2010</p> <p>Amount of Each Disbursement this Period 1000.00</p> <p>DIRECT CONTRIBUTION</p>
<p>C. Full Name (Last, First, Middle Initial) JOBS, ECONOMY AND BUDGET FUND (JEB FUND)</p> <p>Mailing Address 7315 Wisconsin Avenue Suite 310 East</p> <p>City Bethesda State MD Zip Code 20814-3202</p> <p>Purpose of Disbursement DIRECT CONTRIBUTION</p> <p>Candidate Name JOBS, ECONOMY AND BUDGET FUND (JEB FUND)</p> <p>Office Sought: <input type="checkbox"/> House <input type="checkbox"/> Senate <input type="checkbox"/> President State: District:</p> <p>Disbursement For: 2010 <input type="checkbox"/> Primary <input type="checkbox"/> General <input checked="" type="checkbox"/> Other (specify) ▼ Annual/Other</p>	<p>Transaction ID: 00520.E1782 Date of Disbursement 05 / 07 / 2010</p> <p>Amount of Each Disbursement this Period 5000.00</p> <p>DIRECT CONTRIBUTION</p>

SUBTOTAL of Disbursements This Page (optional) ▶

7000.00

TOTAL This Period (last page this line number only) ▶

SCHEDULE B (FEC Form 3X) ITEMIZED DISBURSEMENTS

Use separate schedule(s) for each category of the Detailed Summary Page

FOR LINE NUMBER:
(check only one)

<input type="checkbox"/> 21b	<input type="checkbox"/> 22	<input checked="" type="checkbox"/> 23	<input type="checkbox"/> 24	<input type="checkbox"/> 25	<input type="checkbox"/> 26
<input type="checkbox"/> 27	<input type="checkbox"/> 28a	<input type="checkbox"/> 28b	<input type="checkbox"/> 28c	<input type="checkbox"/> 29	<input type="checkbox"/> 30b

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NAME OF COMMITTEE (In Full)
Capital One Financial Corp. Assoc. Political Fund

A.

Full Name (Last, First, Middle Initial)
Lance for Congress

Mailing Address P.O. Box 225

City State Zip Code
Colonia NJ 07067-0225

Purpose of Disbursement
DIRECT CONTRIBUTION

Candidate Name
LEONARD LANCE

Office Sought: House
 Senate
 President

Disbursement For: 2010
 Primary General
 Other (specify) ▼

State: NJ District: 07

Transaction ID: 00520.E1778
Date of Disbursement

05 / 03 / 2010

Amount of Each Disbursement this Period

2000.00

DIRECT CONTRIBUTION

B.

Full Name (Last, First, Middle Initial)
Shelby for US Senate

Mailing Address c/oThe Gula Graham Group
700 12th Street NW, Suite 700

City State Zip Code
Washington DC 20005-4052

Purpose of Disbursement
DIRECT CONTRIBUTION

Candidate Name
RICHARD C SHELBY

Office Sought: House
 Senate
 President

Disbursement For: 2010
 Primary General
 Other (specify) ▼

State: AL District: 00

Transaction ID: 00520.E1781
Date of Disbursement

05 / 07 / 2010

Amount of Each Disbursement this Period

2000.00

DIRECT CONTRIBUTION

C.

Full Name (Last, First, Middle Initial)
Committee to Re-Elect Nydia M. Velazquez

Mailing Address 315 Inspiration Lane

City State Zip Code
Gaithersburg MD 20878-

Purpose of Disbursement
DIRECT CONTRIBUTION

Candidate Name
NYDIA M VELAZQUEZ

Office Sought: House
 Senate
 President

Disbursement For: 2010
 Primary General
 Other (specify) ▼

State: NY District: 12

Transaction ID: 00520.E1779
Date of Disbursement

05 / 03 / 2010

Amount of Each Disbursement this Period

1500.00

DIRECT CONTRIBUTION

SUBTOTAL of Disbursements This Page (optional) ▶

5500.00

TOTAL This Period (last page this line number only) ▶

12500.00