

February 1, 2010

Federal Election Commission
999 E Street, NW
Washington, D.C. 20463

Dear Sir/Madam:

This letter is being submitted to provide you with notice that the Coventry Health Care Inc.-First Health Group Corp. PAC, FEC ID# C00217216, intends to change the frequency of its filings from quarterly (semi-annual in non-election years) to monthly until further notice.

Accordingly, it is our understanding that our next required report will be the February Monthly Report due on February 20, 2010. There has been no other change in our filing frequency for 2010.

Sincerely,

John Ruhlmann
PAC Treasurer
