48 HOUR NOTICE OF CONTRIBUTIONS/LOANS RECEIVED

(See Reverse Side for Instructions)

To be used to report all contributions (including loans) of $1000 or more, received within 20 days of the election.

1. NAME OF COMMITTEE IN FULL: Friends of Lois Capps

ADDRESS (number and street): Post Office Box 23940

CITY, STATE, and ZIP CODE: Santa Barbara, CA 93121

2. NAME OF CANDIDATE: Lois Capps

3. OFFICE SOUGHT (State and District): CA - 22

4. FEC IDENTIFICATION NUMBER: C00331389

Any information copied from such Reports and Statements may not be sold or used by any person for the purpose of soliciting contributions or for commercial purposes other than using the name and address of any political committee to solicit contributions from such committee.

A. Full Name, Mailing Address and ZIP Code	Name of Employer / Occupation	Date (month, day, year)	Amount
Laurie Harris 1420 East Valley Road Santa Barbara, CA 93108	Self-employed Attorney/Writer	03/07/00	$ 1,000.0
B. Full Name, Mailing Address and ZIP Code	**Name of Employer / Occupation**	**Date (month, day, year)**	**Amount**
Eleanor Blitz 2400 Mt. Calvary Santa Barbara, CA 93105	Retired	03/07/00	$1,000.00
C. Full Name, Mailing Address and ZIP Code	**Name of Employer / Occupation**	**Date (month, day, year)**	**Amount**
Kenneth Slaught 200 E. Carrillo Santa Barbara, CA 93101	Invest Tech Real Estate Investor/Real Estate	03/07/00	$ 1,000.0
D. Full Name, Mailing Address and ZIP Code	**Name of Employer / Occupation**	**Date (month, day, year)**	**Amount**
E. Full Name, Mailing Address and ZIP Code	**Name of Employer / Occupation**	**Date (month, day, year)**	**Amount**

SIGNATURE (optional) | DATE

For further information contact:
Federal Election Commission
999 E Street, NW, Washington, DC 204
Toll Free 800-424-9530, Local 202-219

FEC FORM 6
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FEC/AMS