

February 17, 2009

Attention: Sylvett Garnes

Re: Advocat, Inc. Political Action Committee (Advocat PAC)

ID Number C00421735

Persuant to 11CFR 104.5(b)(2), Advocat, Inc. Political Action Committee (Advocat, Inc. PAC) is changing its filing frequency status from a Monthly filer to a Semi-Annual filer. The next report to be filed in accordance with the new filing frequency will be the 2009 Mid-Year report due no later than July 31, 2009.

Please let me know if you have any questions. Thank you for your attention to this matter.

Sincerely, Will Council Treasurer